



Volume 29, Number 3
Fall 2013

Town & Country *Times*

SATURDAY
OCTOBER 19
9am to Noon
LONGVIEW FARM PARK

Fall

Festival

**Wear your
Halloween
Costumes!**

Come enjoy a wonderful fall morning with your family at Longview Farm Park! This is your chance to RIDE the horses!

Don't miss all the **NEW** attractions this year!

- Bubble Bus - Inflatable Slide - Bounce Houses - Obstacle Course...and Community Favorites
- Horseback Rides - Pumpkins - Crafts - Yoga Kids

Event is rain or shine-activities will be moved inside the Longview Farm House for inclement weather.

IMPRESSIONS OF
TOWN & COUNTRY
A Plein Air
Art Competition
Saturday, Oct. 19



Observe – artists all day in the Town & Country outdoors!
Celebrate – at the evening Art Show and community reception at 5pm.

more on page 12...

*The mission of the City of Town & Country is to maintain a hospitable environment for our residents and other stakeholders and to foster a "sense of community" among ourselves through the following values:
Integrity, Respect, Fiscal Responsibility, Safety and Security, Quality of Life, Community, and Excellence!*

COMMUNITY BUILDING—

Contributions by Town & Country Residents, Leaders, and Business Partners



One of the great privileges I enjoy as your Mayor is attending neighborhood meetings and other community events, such as special recognition ceremonies and dedications. Reflecting upon these occasions led me to take the opportunity of this “Mayor’s Message” to thank the many leaders in our community who

invest their time and talents in making Town & Country an even better place to live—these truly are our community builders. As I often say, success in so-called “community building” doesn’t just happen on its own. Rather, it occurs at the three-way intersection of strategic assessment of issues and opportunities, thoughtful consideration of diverse interests and expectations, and responsible execution of a fully vetted plan. From subdivision trustees and commission members to the owners and operators of longstanding establishments in Town & Country, our sense of community pride is ignited by their dedicated efforts in support of our City.



As regular readers of these Messages can attest, I am rarely at a loss for words. A limitation of space in the publication, however, prevents me from discussing the countless examples of local assets we enjoy as a result of the community-building efforts of so many; nevertheless, I will highlight some of our newest additions while citing a few of the classics. First, there may be no more visible manifestation of community building than our recently celebrated Clayton Road Trail. While the project itself, from concept to completion, has been widely published—including full coverage in the last edition of the *Town & Country Times*—the recent Ribbon Cutting Ceremony is clear evidence of our ever-expanding sense of community. This event, not only celebrated our success in connecting neighborhoods and neighbors, it also brought together a collection of interests that make Town & Country the special place we all know and enjoy. Specifically, on a beautiful Saturday morning in August at a gathering by the 270 overpass along Clayton Road were representatives of our City Hall Administration and Board of Aldermen, police and fire protection officials, neighborhood trustees and leaders, the business community and its Chamber of Commerce, our friend and neighbor from Frontenac Mayor Keith Krieg, Executive Director of the St. Louis



County Municipal League Tim Fischesser, and scores of families from across the city.

More than a typical recognition event, this celebration was a reflection of so much that is good in Town & Country. Our professional staff, led in this instance by Craig Wilde, worked under the guidance of the Board and key commissions to deliver a regionally recognized project that was respectful of a multitude of interests and designed to connect our community in ways not previously possible. The Clayton Road Trail was celebrated not just by those who labored to bring it to fruition, but by those who partnered with the City, allowing the use of portions of their property for the benefit of all. A number of the residents who made this sacrifice were present at the ribbon cutting, including Lew and Cheryl Levey, Willard Schachter, Stephanie Turner and Kevin Mahoney. Stories were shared about the issues and challenges that were presented during the nine months of continuous disturbance in their front yards. They, along with other similarly impacted property owners, endured restriction of access to their driveways, relocation of their mail service, noisy equipment, dust-covered possessions and the not-so-inviting scent of fresh asphalt on a regular basis. Thanks to their willingness to endure these significant inconveniences, our community benefitted tremendously, and we truly appreciated their presence at our ribbon-cutting celebration. Our partners at Missouri Baptist Medical Center enhanced this community-building effort at every step of the way, as well, and along with the others previously mentioned, actively and appropriately participated in the ribbon-cutting celebration.

With our beautifully landscaped residential environment and surroundings, we can often forget about the intrinsic value to Town & Country provided by our business community. Our commercial establishments are located in well-defined and strategically ideal locations, which support the predominantly residential areas of Town & Country. The

high quality goods and services these businesses and merchants provide make us a well-balanced community and add value to our daily lives. Just walking the Clayton Road Trail, one notices the friendly and welcoming appeal of trusted merchants ranging from **McNamara's** service station to **Straub's**, which was established here in 1966 and is a major anchor of our town center, to the relatively newcomer, **Whole Foods**, that joins a multitude of other excellent destinations on our western edge.



Manchester Meadows, nestled against the beautiful hills that roll into Queeny Park, has been the home of Greg DuBois and **Cobblestone Shoe Repair** since 1995. Greg not only provides excellent cobbler service, but he is also trained in orthopedics to assist customers in correcting foot problems. Close to Greg in Manchester Meadows is **Home Depot**, which is the leading store in sales for its



district. One of the primary reasons for this magnitude of success is readily apparent after just a brief conversation with Steven Haitzsch, the store manager. Steve's bottom line is not expressed in financial terms, but in customer satisfaction through exemplary service. Customers travel further just to come to the Manchester Meadows Home Depot, not just because they recognize a good value, but because they are "valued" by Steve and his staff. The Manchester Meadows community is being further built with the recent addition of Dr. Matt Bruckel and Total



Access **Urgent Care**, and we look forward to the opening of **Gold's Gym**, scheduled for March 2014.

To the north, you may step into your local hometown hardware store at **Rick's ACE Hardware** in Lamp & Lantern Village. You can expect outstanding service from



Rick and his crew, who consistently receive positive reviews from customers. In May, we welcomed the **Encore Consignment Gallery** to Lamp & Lantern Village, as well. If you are not one of the many who have already visited **Encore**, stop in and see owners, Maureen



Strobeck and Barb Lampe. You will concur that they are not only in a great location, but they have an outstanding inventory that is moderately priced. A few doors down from **Encore** you will find **Diane Breckenridge Interiors** at 279 Lamp & Lantern Village.

Over the years, this business, located first in Clayton and most recently in Frontenac, had expanded to include a boutique and floral design. In April 2012, Diane moved to Town & Country to return to her original passion of



interior design “with a goal of bringing timeless, beautiful and affordable design to any project.” Another newcomer to Lamp & Lantern is the **Bespoke Apparel** shop that recently celebrated its Grand Opening. David Corbitt has worked for over 20 years to build wardrobes for men with a client list that includes Deion Sanders, the football Hall of Famer, and Muhammad Ali. Stop in and visit David or his daughter, Dani, who has inherited her father’s zeal for style and fashion.



Joining **Straub's** and the shops at Mason Woods Village is a true St. Louis classic, **Byron Cade**, a family business originally established as a floral shop in the 1920's and where generations of St. Louis brides have registered for their weddings. It is now one of the premier destinations in St. Louis for fine gifts and home accents, as well, and we are pleased that Town & Country is its new home. With the Clayton Road Trail Head located across the street, Mason Woods Village is a wonderful central gathering spot for many in the community, which is clearly energized by the ever popular and populated, Starbucks. Naturally, I would be remiss if I didn't mention perhaps the oldest dining establishment in Town & Country, **John Mineo's** in Mason Woods Village. Arriving from Sicily,

John and Anna opened their restaurant in 1971, and today, Sal and John Mineo, Jr., continue their legacy of fine dining.



Finally, while we provide you with a “taste” of Town & Country at our annual Fire & Ice celebration, you can feast at a different venue every week at one of our many eating establishments across town.

From a tasty grinder prepared by Craig and Valerie at **Bellacino's** in Manchester Meadows to Andrew Shih's Asian menu at the **Hot Wok Café** in Woods Mill Center. In addition to the **Bistro, Goodcents, Napoli 2, Qdoba, Wasabi** and **Whole Foods** in Town & Country Crossings, you will soon be able



to dine by the lake at **Cooper's Hawk Winery and Restaurant**. In fact, **Cooper's Hawk** will include upscale casual dining, a barrel-aging room, a full-service bar, a Napa-style tasting room and a retail gift store--all at one location.

You may browse all 28 of our dining establishments on the City website by clicking on the restaurant spotlight on the right tool bar at www.town-and-country.org. So, on a beautiful fall day, cruise on down the road, or perhaps walk or bike on the Clayton Road Trail, to a nearby neighborhood merchant or restaurant and get to know these community builders and valuable members of Town & Country.

* * * * *

As promised, this message is shorter than most, but hopefully, its content has convinced you that by participating in City events and supporting our City businesses, we grow stronger together. It has certainly been the case for me and my family, and as a result, we are so proud to call Town & Country our home.

Best wishes to all, and I look forward to seeing you at the Fall Festival and other upcoming activities as we enter the holiday season. Enjoy!

Yours truly,

Jonathan F. Dalton, Mayor

FREE FLU SHOTS PLEASE CALL 314-996-5433

Flu shots are FREE and limited to the first 1,200 individuals. Appointments are required. Please call 314-996-LIFE to register. Flu shots are recommended for all individuals 50 years of age or older, especially those with a chronic illness.

Monday, Oct. 14, 10 a.m.-1 p.m.
Longview Farm House, 13525 Clayton Road

Thursday, Oct. 17, 2-7 p.m.
Missouri Baptist Outpatient Center-Sunset Hills
844 South Lindbergh Blvd., (South of I-44 and Watson Road)

Saturday, Oct. 19, 8 a.m.-noon
Missouri Baptist Medical Center
Clinical Learning Institute, Room 419, (located on 4th floor above Main garage)

Tuesday, Oct. 22, 4-7 p.m.
Town & Country Municipal Center,
1011 Municipal Center Drive

NOTICE OF CANDIDATE FILING APRIL 2014 MUNICIPAL ELECTION

Notice is hereby given that an election for a two year term to the office of Alderman, Ward 1; Alderman, Ward 2; Alderman, Ward 3; and Alderman, Ward 4, will be held on Tuesday, April 8, 2014. Residents wishing to file for candidacy may do so in the office of the City Clerk beginning at 8:00 a.m. on Tuesday, December 17, 2013 through 5:00 p.m. on Tuesday, January 21, 2014.

Qualifications for Alderman include being at least twenty-one (21) years of age, a citizen of the United States, an inhabitant and resident of the City at least for one (1) year preceding the election, and a resident of the ward from which he/she is elected.

For additional information, please contact the City Clerk, Ashley McNamara, at 314-587-2806 or McNamaraAN@town-and-country.org.

CLAYTON ROAD TRAIL RIBBON CUTTING



After almost six long years in the planning and implementation, the Clayton Road Trail spanning Clayton Road through the entire City is finished - and that was a reason to celebrate! Saturday, August 17, was a beautiful day for walkers, bikers and residents to come together for a grand ribbon cutting commemorating the official inauguration of the entire trail. This celebration provided an opportunity to gather and recognize the numerous individuals and entities which made this possible. The magnitude and value of support provided by those residents adjacent to the project as well as those which serve on the Clayton Road Task Force and Parks & Trails Commission cannot be overstated. Their tireless efforts and sacrifice have enhanced the connectivity of our community now and into the future.

Mayor Dalton, Aldermen, dignitaries from Missouri Baptist Medical Center and around the region, members of the Town & Country/Frontenac Chamber of Commerce, residents and City staff shared in the fun at the intersection where the Clayton Road Trail, MoBap Fitness Trail, and the Drace Park connector meet. Goodie bags and refreshments donated by Missouri Baptist Medical Center, Town & Country/Frontenac Chamber of Commerce, Whole Foods Market and Swim-Bike-Run added to the fun.

CLAYTON ROAD TASK FORCE MEMBERS

Alderman Lynn Wright, Alderman Chuck Lenz, Nancy Avioli, Alyson Barclay, Peter Stevens, Lisa Stump, Tom Woodward (former member)

HISTORIC ROADWAY PROGRAM UNDERWAY

Over the first half of this year, the City has been busy developing a plan for our largest physical asset, our roadway infrastructure. With rightfully high expectations related to both function and form a large amount of energy from the community has generated the attention and momentum which drives any such undertaking.

Since the inception of the program by the Public Works and Storm Water Commission in 2007 the magnitude of our revenue streams has declined as a result of the flailing national economy. In reaction to this, the City of Town & Country has found it necessary to make many tough choices which allowed us to live within our means and keep the City on firm financial ground. As a result, approximately \$3 Million in projects selected for programming in 2007 were deferred.

These deferrals created a situation where large portions of the City's infrastructure would reach critical points in their lifecycle simultaneously. Combined with the energy referenced above, it was evident that a unique opportunity was present. The public Infrastructure Investment Task Force was established to evaluate five components of our infrastructure programming process and provide a recommendation regarding a path forward. These are summarized below:

- Roadway system maintenance needs analysis
- Facilities maintenance needs analysis
- Storm Water Program funding levels
- Revenue and expenditure sources and projections
- Credit Rating and alternative funding sources

The Task Force membership consisted of residents with experience in Finance, Engineering and Neighborhood Leadership. With support from City Staff, these representatives provided the expertise and analysis required of such a monumental task. The Task Force identified several factors which provided the basis for their recommendation. These are:

- Roadway network is at a tipping point in its maintenance life cycle
- Value of financial reserve is depressed due to lackluster interest rates
- Economic factors impacting large "brick and mortar" projects are extremely favorable for project implementation
- The \$15.3 Million General Fund Reserve was approximately 6 times higher than that required

continued on next page

New Businesses *in Town & Country*

Abeo Management Corp. – Medical Management Office

1716 Hidden Creek Court, Suite 100

Accent Chiropractic

13470 Clayton Road

Bespoke Apparel – Men's Clothing

169 Lamp & Lantern Village

Blue Tail Medical Group

12855 N. Outer Forty Road, Suite 380

Encore Consignment Gallery

287 Lamp & Lantern Village

MetLife

625 Maryville Centre Drive, Suite 150

Parsons Environment & Infrastructure Group, Inc.

400 S. Woodsmill Road, Suite 330

Parsons Transportation Group, Inc.

400 S. Woodsmill Road, Suite 330

Ricky Brands, LLC - Office

12813 Flushing Meadows Drive, Suite 110

Spiritt, LLC.

12977 N Forty Dr Suite 200

Upon further analysis, the Task Force determined that ample resources were available in the General Fund Reserve to address all the needs of the program. It was determined that the program should accomplish the intent of the original program by accounting for all deferred projects. It was further stated that proposed projects from the recommended program should be addressed as well as the provision of ample resources to mitigate any future impacts on projected fund balances as they relate to these future proposed projects.

With all of these factors in mind, the Task Force recommended that the Board of Aldermen allocate \$3.6 Million from the General Fund Reserve to the Road Fund in the 2013 budget for the implementation of this Roadway Program. Since this time, Staff has been developing plans and specifications as well as soliciting contractors to complete the work. Beginning this past July, a project to address the needs of the following neighborhoods has been underway:

<i>Street Name</i>	<i>Subdivision</i>	<i>From Street</i>	<i>To Street</i>
Mason View Ct	Faron Acres	Mason Rd	Cul-de-Sac
Mason Estates Ct	Mason Estates	Mason Rd	Cul-de-Sac
Millfield Ct	Millfield	Brookmill Ln	Cul-de-Sac
Brookmill Ln	Old Woods Mill Manor	Old Woods Mill Rd	Ruhl Ln
Fox Creek Ln (Ct) South	Old Woods Mill Manor	Brookmill Ln	Dead End
Lake Mill Ln	Old Woods Mill Manor	Brookmill Ln	Dead End
Pebble Acres Ct	Pebble Acres	Pebble Acres Dr	Cul-de-Sac
Pebble Acres Dr	Pebble Acres	Conway Rd	Ladue Dr
Pebble Ridge Dr	Pebble Acres	Pebble Acres Dr	Sunway Ln
Pebble Valley Dr	Pebble Acres	Pebble Acres Dr	Pebble Ridge Dr
Sunway Ln	Pebble Acres / Sunswept	Conway Rd	Cul-de-Sac
Pine Brook Ct	Pine Tree Lake	Pine Brook Dr	Cul-de-Sac
Pine Brook Dr	Pine Tree Lake	Pinetree Lake Dr	Cul-de-Sac
Pinetree Lake Dr	Pine Tree Lake	North Forty Dr	Pine Brook Dr
Sturbridge MDW	Sturbridge	Sturbridge Rd	Cul-de-Sac
Sturbridge Rd	Sturbridge	Mason Rd	Dead End
Sturfield Ln	Sturbridge	Sturbridge Rd	Cul-de-Sac
Corrington Ct	Templeton Place	Templeton Pl	Cul-de-Sac
Templeton Pl	Templeton Place	Clayton Rd	Cul-de-Sac
Conway Village Ct	The Village on Conway	Conway Village Dr	Cul-de-Sac
Conway Village Dr	The Village on Conway	Conway Rd	Cul-de-Sac
Tree Top View Ct	The Village on Conway	Conway Village Dr	Cul-de-Sac
Wood Creek Ct	The Village on Conway	Conway Village Dr	Cul-de-Sac
Wood Stone Ct	The Village on Conway	Conway Village Dr	Cul-de-Sac
Armstead Dr	Van Courtland Place	Bradburn Dr	Cul-de-Sac
Bradburn Dr	Van Courtland Place	Van Courtland Dr	Cul-de-Sac
Van Courtland Dr	Van Courtland Place	Mason Rd	Armstead Dr
Williamsburg Est	Williamsburg Estates	Clayton Rd	Mason Rd
Middlebury Ln	Winchester Estates	Old Woods Mill Rd	Cul-de-Sac

The City is currently developing its budget for the upcoming year and will include the next phase of this ambitious program. The neighborhoods to be addressed are being prioritized. Look for more information in the spring newsletter. If you would like additional information regarding the work, please contact Craig Wilde – Director of Public Works at 314-587-2824 or at wildecj@town-and-country.org.

FALL BRANCH CHIPPING IS BACK!

We are pleased to announce that the Fall Branch Chipping program will return in November 2013. As it was previously, the program will collect branches placed at the curb in front of the property, chipped on site and hauled away for disposal. No bagging or bundling will be required.

These collections will be during the month of November,

Additional information, with details, will be mailed to all residents approximately 2 – 3 weeks prior to the collection for their neighborhood. Residents are welcome to contact the Department of Public Works for more information at wildecj@town-and-country.org or 314-587-2824.

POLICE DEPARTMENT PROMOTIONS



SERGEANT MIKE DE FOE

Corporal Mike DeFoe was promoted to Sergeant. Mike started with the Town and Country Police Department in August of 1994. He has worked in the Patrol Unit, Traffic Unit and most recently in the Operational Support Unit. He was promoted to the rank of Corporal in 2000, and he is one of the department's two Type II Breathalyzer instructors/operators, handling the training, certification, and reports associated with our breath testing program. Mike was named "Officer of the Year" in the State of Missouri by the Law Enforcement Traffic Safety Advisory Council in 1997.



SERGEANT TOM WALKER

Corporal Tom Walker was promoted to Sergeant. Tom started with Town and Country in November of 1995 and was promoted to Corporal in 2010. Tom has served in the Patrol Unit, Traffic Unit, and Investigative Unit, and with the Greater St. Louis Major Case Squad. Most recently he has been filling in the vacant Sergeant's position on Squad A.



CORPORAL JOE GIACOPELLI

Officer Joe Giacopelli was promoted to Corporal. Joe started with Town and Country in October of 2003 and has served in the Patrol Unit and most recently in the Investigative Unit, and as a member of the Greater St. Louis Major Case Squad.

Burglary Prevention Tips While At Home

Many burglary cases involve the criminal going from house to house looking for unlocked doors or windows. Often the criminal will knock on the door of a residence to see if anyone is home. If someone answers they will ask for a person, pretending as if they have come to the wrong residence. In order to make you and your home less of a target, please keep in mind the following:

- Make sure all locks are functioning properly.
- Lock your doors and windows before leaving.
- Make sure your garage door is closed overnight.
- Whenever you leave your residence, activate your alarm system.
- Be alert to persons going from house to house, looking in windows or knocking on doors. Report suspicious persons or vehicles to the police. Make note of the person's physical description, clothing, tattoos or other distinguishing characteristics and give that information to the police.
- Solicitors in Town and Country are required to apply for a permit. Solicitors are issued an identification card that must be worn while going door to door. If you see someone without the proper identification, call the police.
- Keep all entrances to your residence well lit and maintain landscaping to prevent hiding places. A good rule of thumb is if you can place a 30 gallon trash can behind any of your landscaping, and the trash can is not visible - it needs to be trimmed.
- Ensure family members store valuables out of sight (lawn mowers, bicycles, ladders, etc.)

- Don't advertise the property you have recently purchased or received as a gift. Put the boxes in a trash bag or trash container. If you leave them out anyone can see what you now have inside your residence.

REMEMBER! The best crime prevention tool is alert neighbors.

The *Crime Prevention & Safety Network (CPSN)* is a public information service, delivered via email, designed to provide timely information concerning crime, crime prevention and safety topics. Should a significant incident occur in or around the City of Town and Country, the police department will email you a special alert to keep you informed. The service is absolutely free and is available to all citizens and businesses. We urge you to become part of this important network that links the community with your Town and Country Police Department. Why wait? Enrolling online is as easy as 1, 2, 3.

1. Go to www.town-and-country.org, then click on "Email Subscription Lists" on the left side tool bar.
2. Enter your email address and password to create your account.
3. Check the *Crime Prevention and Safety Network* box and submit.



With the recent completion of the Clayton Road Trail, it seems that a refresher in pedestrian / vehicle interaction is both prudent and timely. While most of the pedestrian crosswalks in the city of Town & Country are at intersections controlled by signals, there are a few that stand alone away from such intersections. It is important to differentiate between the two. Those crosswalks at signalized intersections are strictly controlled by the signal itself. It dictates when pedestrians should and should not cross the roadway. A much less understood scenario is one that is presented in the absence of signalized controls.

The Town and Country Municipal code intentionally mirrors statutes implemented by the State of Missouri. This decreases the chance of ambiguity in interpretation by the public and enforcement by our public safety personnel. Specifically, the Town & Country Municipal Code addresses pedestrian crosswalks away from signalized controls in section 350.020 which is included below:

Section 350.020: Pedestrians' Right-of-Way in Crosswalk

- A. When traffic control signals are not in place or not in operation, the driver of a vehicle shall yield the right-of-way, slowing down or stopping if necessary to so yield, to a pedestrian crossing the roadway within a crosswalk when the pedestrian is upon the half of the roadway upon which the vehicle is traveling, or when the pedestrian is approaching so closely from the opposite half of the roadway as to be in danger.
- B. No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle which is so close that it is impossible for the driver to yield.
- C. Whenever any vehicle is stopped at a marked crosswalk or at any unmarked crosswalk in an intersection to permit a pedestrian to cross the roadway, the driver of any other vehicle approaching from the rear shall not overtake and pass such stopped vehicle.

The intent of this regulation is to provide protection for and accountability to both parties. It does not mean that a pedestrian's mere presence at a crosswalk gives them the right-of-way. The

pedestrian must first yield right-of-way to the motor vehicles traveling on the roadway prior to entering the crosswalk. This pedestrian should not enter the crosswalk unless it is safe to cross. Once he or she has deemed it safe to cross after yielding they may enter the crosswalk at which time any vehicles on the roadway should yield to the pedestrian. As with vehicular traffic on the roadway, the pedestrian should also utilize the right hand side of the crosswalk.

It is important to note that three of our most heavily utilized crosswalks are equipped with advance warning lights which provide enhanced notice to the vehicular traffic but not signalized stop control. The crossings of Clayton Road at Templeton Place and Cedar Valley Drive as well as the crossing of Masonridge Road at Clayton Road all have pedestrian activated warning devices that do not stop vehicular traffic but instead act as an aid by providing increased awareness of pedestrian traffic. The regulation defined above applies at these crossings as well.

Keep yourself safe. Follow the regulations outlined in the ordinance. Sharing responsibility is the best way to prevent a tragedy and we all know who has the most to lose in a vehicle versus pedestrian conflict.



Clayton Road Trail at Templeton Crosswalk



TOWN & COUNTRY POST OFFICE DEDICATED

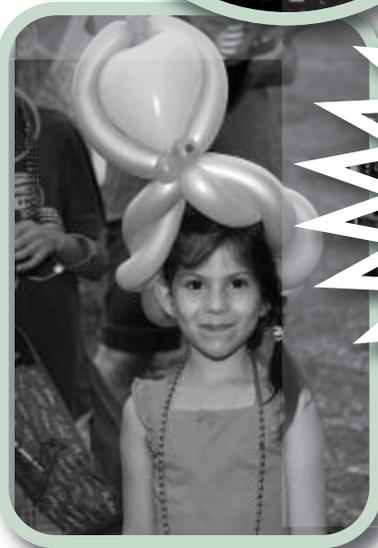
The Town & Country post office, located in Town & Country Commons has recently been dedicated in honor of Lance Corp. Matthew P. Pathenos, who was killed in Iraq on Feb. 7, 2007, while conducting operations in Fallujah.

The ceremony was attended by Representative Ann Wagner, Marine Corps and Post Office officials, Town & Country Aldermen Lenz and Crawford, local dignitaries, friends and family, and members of the Patriot Guard.

Lance Corporal Pathenos was a resident of Manchester and joined the Marine Corps following graduation from Parkway South High School. He received a total of 14 medals and ribbons during his service.

Fire & Ice

Thank you Sponsors!
Mari de Villa Retirement Community
Maryville University
Missouri Baptist Medical Center
Scottrade
Coldwell Banker Gundaker
Town & Country Crossing
Pulte Homes
David Bentley, Bentley Studio, Ltd.



These fantastic pictures were graciously photographed by David Bentley, Bentley Studio Ltd. If you would like to view more pictures of Fire & Ice and other Town & Country events, please go to our website at www.town-and-country.org, right side menu bar (In the News), click on the NEW! PHOTO GALLERY section, and choose an event.

Crafts

Games



Breakfast with Santa

Saturday, December 14, 2013

9AM – 11AM

Longview Farm House

\$5/person; 2 and under free

Continental breakfast provided

Bring your own camera for pictures with Santa!

Call 314-434-1215

Pre-registration required.

Tickets limited!

"This is the best Santa experience I've ever attended."

Tisha, mother of two



**St. Nicholas
Philoptochos Society
the Women's Auxiliary for
St. Nicholas Greek
Orthodox Church**

Invites you to join us for our...

GRECIAN KITCHEN HOLIDAY OPEN HOUSE

Saturday, November 9, 2013

10:30 a.m. - 3:00 p.m.

St. Nicholas Family Life Center

12550 South Outer Forty Road

Town & Country

Lunch, Greek Pastries, &

Boutique Shopping

**Please come and place your order for
home-made "Grecian Specialties" for the
holidays.**

For advanced orders, please contact

Dianne Zotos 636.530.6988

**Proceeds will help fund the
work of local & national
charities supported by
St. Nicholas Philoptochos**



Save The Date

ART, WINE & MUSIC EVENT

Friday, February 7, 2014

Longview Farm House

Once a year, Longview Farm House is transformed into an exciting venue featuring great art, food, drink, music, and people - and you are invited! Share a relaxing evening, in the warm ambiance of the charming Longview Farm House with friends and neighbors while winter weather lingers outside. Please check www.town-and-country.org for details and updates for this great event!! Call Mary Olsen at 314-587-2804, for info.

**It Is Not Too Early
To Mark This On Your 2014 Calendar!**

**TOWN & COUNTRY PUBLIC ART COMMISSION
PRESENTS LONGVIEW FARM HOUSE ART GALLERY**



*Oil Paintings by Allen Kriegshauser
On display October 25th through January 3, 2014*

Opening Reception for Allen Kriegshauser
Friday, November 8, 2013 6PM-8PM
Longview Farm House – All welcome, refreshments served

Upcoming artists and shows for 2014.....Maryville University
Student show, David Bentley Photography, and more. See
www.town-and-country.org for more details.

LONGVIEW FARM HOUSE



*Come see our improvements!
Additional parking, new siding,
windows & sound system.*

.....
**Unique rooms available for
private parties & special events!
Call Lindsey Hodge for more
information: 314-434-1215
www.town-and-country.org**

**The Town & Country
Public Art Commission Presents
Impressions of Town & Country**

*Plein Air
(French for outdoors)*

Art Competition Saturday, October 19, 2013

The Town & Country Public Art Commission is pleased to present its 4th annual Art competition. “En Plein Air”, French for “outdoors,” describes the style in which artists will capture scenes of Town & Country in this one day competition, with all the art created entirely outdoors!

Artists: High school and Adult artists welcome. Registration forms available: www.town-and-country.org (menu bar on the right side/in the news). Cash prizes of \$1000 will be divided among the 1st, 2nd & 3rd place winners. There are non-monetary prizes for the high school and “People’s Choice” winners.

Reception: All are welcome to the post competition reception and art sale. Admire the artists’ creations while enjoying a glass of wine and light snacks.

Call Lindsey Hodge at 314-434-1215 with any questions.



Impressions of Town & Country Schedule of events

7:30AM Artist registration. Artists report to Longview with a blank canvas.

Competition begins! Artists will draw from inspiration anywhere within the City’s limits.

4:00PM Artists will return to Longview to have work judged by a professional panel.

5:00PM Community Reception and art sale. All are welcome!

www.town-and-country.org

The City of Town & Country TURKEY TROT

FAMILY FUN RUN/WALK

The Friday after Thanksgiving
November 29

Longview Farm Park

START TIMES:

5k Family Fun Run/Walk 9AM

½ mile Fun Run for Kids 10AM

Parents may accompany children
and strollers welcome!



What is a family fun run/walk?

A family fun run/walk is an opportunity for all ages and abilities to participate in an active, family event with friends and neighbors while raising money for park trees. You will be timed with a stopwatch, not a professional timing system. All participants will receive a T-shirt, plus post-race refreshments.

How do I sign up?

PRE-REGISTRATION \$20 (Fun Run for Kids \$10)

This option guarantees your T-shirt and size. Call 314-434-1215 to pre-register over the phone with a credit card. Cash and check are accepted by mail or in person.

NEW! Online registration available. See our website for details.

Pre-registration deadline is November 15th.

Race-Day Registration-\$30

(Fun Run For Kids \$15)

Arrive at the Longview Farm House 30 minutes before your event. T-shirts will be first-come, first-served with this option.

The Turkey Trot proceeds will be used to plant trees in
Town & Country Parks!

TRIBUTE PROGRAM

*Honor a loved one... Commemorate a special occasion...
Pay tribute to your pet*

Give a unique and long-lasting gift this year. Consider one of the commemorative donation options in a Town & Country park!

\$100 Dogi-bag Station with Sign (annual sponsorship)

\$100, \$200, \$300 Dedication Bricks

\$350 2" caliper Tree with Plaque

\$700 Premium Tree with Plaque

\$1,200 5' Recycled Bench with Plaque

To order call Anne Nixon at 314-434-2128
or Lindsey Hodge at 314-434-1215.



Yoga

All classes are taught by Sara Clem of Salveo Yoga. Sara is an RYT 200 certified yoga teacher with Yoga Alliance and a certified CYKT with YogaKids international

Yoga at Longview Farm Park

Every Tuesday & Thursday 9:00 -10:15 AM

Stretch, strengthen and center yourself in the beautiful setting of Longview Farm Park. This Vinyasa yoga class is suitable for all levels. These classes will emphasize alignment, breath and movement, as well as flexibility and focus. These classes will be held in our studio in the new addition of the Longview Farm House.

Single Class - \$15

Five (5) Classes - \$60

Ten (10) Classes - \$100

Twenty (20) Classes - \$180

Drop-ins are welcome.

Classes can be purchased online at www.salveoyoga.com or at Longview Farm before class.

Yoga for Tweens/Teens (10-15 years)

In this special 5 week series we will focus on the benefits of yoga. Students will learn to relax, de-stress and unplug. In this class we will build physical fitness, strength, flexibility and confidence, which contributes to an overall sense of well being. Yoga is a great workout, excellent for cross-training and helps quiet the mind. Most

importantly, these classes are fun and support the challenges of being a middle and high schooler. Class will be held in our studio in the new addition of the Longview Farm House.

\$50.00 for the 5-week package (5 classes)

Wednesdays, October 2 - October 30th 4:30 - 5:30 PM

Registration is required for this session, please go to www.salveoyoga.com to register and pay online.

Yoga at the Park - Evening Series

Vinyasa Yoga: Movement & Breath

You will have a great time while benefitting from a great workout in these flowing Vinyasa yoga classes. Longview Farm's yoga instructor, Sara Clem introduces interesting flow sequences while maintaining basic movements and principles of alignment. Her classes focus on flexibility, strength, balance and breathing. Come feel the exhilaration of blending strength, movement, breath, and awareness into a total mind-body workout. All levels are welcome. Class will be held in our studio in the new addition of the Longview Farm House.

\$60 for the 5-week package (5 classes)

Wednesdays Oct 2-Oct 30th 5:45 - 6:45 PM

Registration is required for this session. Please go to www.salveoyoga.com to register and pay online.



Monarchs Need A Helping Hand

By Green Team Commissioner Linda Hultgren

Fall is a great time to enjoy the Monarch butterflies as they pass through our area on their long winter migration to Mexico. If you look closely under the leaves of a Milkweed plant, you might find a big yellow, white, and black striped Monarch caterpillar chomping on the leaves. Unfortunately, according to Monarch Watch, an outreach program at the University of Kansas, the Monarchs are in decline. There are many reasons for this, but one is the loss of Milkweed plants. You may have seen Milkweeds by the side of the road with their big seed pods that split open with cottony puffs of seeds. The Monarch caterpillars only eat Milkweed plants, so without Milkweeds there will be no Monarchs!

There are a few simple things we can do at home to help the Monarchs. We can stop insecticide use and we can create "Monarch Waystations" (habitats) that include both a variety of flowers for the adult butterflies and also Milkweed plants for the caterpillars.

Most butterflies can get nectar from a variety of flowers. Many of our favorite garden flowers are great nectar plants, such as Butterfly Bush, Zinnias, New England Aster, Cone Flower,

Blazing Star, and Goldenrod. Caterpillars have much more specific needs. Milkweeds are critical for Monarchs to lay their eggs on for the caterpillars to eat when they hatch. Some Milkweeds are prettier than others. Three to consider planting are Butterfly Weed, a short perennial (comes back each year) with orange flowers, Swamp Milkweed, a tall pink flowered perennial, and Tropical Milkweed, a tall annual with red and yellow flowers.

This fall, keep an eye out for the Monarchs and their caterpillars in our parks or better yet in your own Monarch Waystation with a few Milkweeds to give them a helping hand.

LEARN MORE

<http://monarchwatch.org/bring-back-the-monarchs/> ("Bring Back the Monarchs" and "Monarch Waystation" programs)

"Peterson First Guides – Caterpillars" by Amy Bartlett Wright (a pocket guide with pictures of caterpillars and the butterflies they will become)

"Ten Commandments of Butterfly Gardening" by Tom Terrific, a St. Louis local. (a great local guide on how to attract butterflies to your yard)

TOWN & COUNTRY GARDEN CLUB

Please join the Town & Country Garden Club for our October and November events:

 **October 9, 2013, Wednesday** - Tour Louise Belt's 1/8 acre organic garden and new hoop house. Louise grew up on an organic dairy farm in Connecticut. She is turning heavy west county clay into fertile soil and growing potatoes, string beans, carrots, watermelons, tomatoes, peppers, cucumbers, butternut squash, and cover crops. She had a driveway garden in Town & Country from 1961 to 1998 and is now living in Wildwood. 10:30 a.m. – Free.

 **November 13, 2013, Wednesday** - Master Gardener Terry Milne will give a power point presentation on Color, Form & Texture, applying principles of art in the garden – Longview Farm House – 1:00 p.m. – Free.

 **November 16, 2013, Saturday** - Please visit our booth at the Town & Country Holiday Boutique for information on our spring Fairy Garden Tea and Workshop. Miniature gardens and tickets to the Tea and Workshop will be available for purchase for holiday gifts.

We are also planning garden outings and speakers for 2014 to give garden-related talks at our monthly meetings. We meet on the second Wednesday of the month at Longview Farm House, 13525 Clayton Road, just west of Mason, at 11:00 a.m. or at a designated location if an outing. Membership in the club is available to residents of St. Louis County.

Please check our website www.townandcountrygardenclub.com for upcoming programs or call Ann Barron at 314-229-8686 or e-mail Ann at mobarron@charter.net.

A BOUNTIFUL HARVEST FOR SHARING



Town & Country Garden Club member Barbara Putnam is pictured harvesting vegetables for Circle of Concern from the Delmar Baptist Church Community Garden maintained by the Club. Barbara made four deliveries of fresh arugula, carrots, celery, kale and broccoli to the food pantry.



FOR THE 2014 TOWN & COUNTRY GARDEN CLUB GARDEN TOUR

Town & Country gardeners – Do you have a garden you would like to share with your community? The members of the Town & Country Garden Club are again looking for a few good gardens to be part of their June 2014 Garden Tour. Plans are to have a variety of gardens, a garden of particular horticultural interest, or one that demonstrates the enjoyment and pleasure found in gardening. No garden is too large or too small!

An entry form is available below. For additional information, contact Ann Barron at 314-229-8686.



2014 GARDEN TOUR ENTRY FORM

NAME _____ ADDRESS _____

PHONE _____ EMAIL _____

Description of Garden: For example, small, medium, or large; unique features, such as deer resistant plants; specializes in a particular kind of plant; has a water feature, etc. Please give as much detail as possible, and if photographs are available, please include those.

Return entry form to Mary Olsen at the Municipal Center, 1011 Municipal Center Drive, Town & Country, MO 63131, or fax to 314-587-2805. DEADLINE FOR ENTRY IS APRIL 15

*All programs are free-of-charge and reservations are required.
Please call 314-996-5433 for reservations and specific locations*

HEALTH SCREENINGS

Cholesterol & Glucose Screenings at Your Neighborhood Dierbergs.

Cardiologists recommend that you monitor your cholesterol and glucose on a regular basis. To make it easy, Missouri Baptist will provide FREE screenings in the pharmacy department at your neighborhood Dierbergs Markets. This screening is FREE and measures your glucose, total cholesterol and HDL. No fasting is required – advance appointments are recommended.

• OCTOBER

Market Place Dierbergs, 1730 Clarkson Rd.

Wednesday, Oct. 9, 1:30-5 p.m.

• NOVEMBER

Manchester Dierbergs, Lafayette Center,
421 Lafayette Center

Wednesday, Nov. 6, 10 a.m.-1:30

Heritage Place Dierbergs, 12595 Olive Blvd.

Wednesday, Nov. 13, 1:30-5 p.m.

LUNCH AND LEARN

Understanding Chronic Headaches

Cheryl Faber, MD, neurologist

Are your headaches there more days than not? Do they interfere with your job, relationships and quality of life? If so, you may be experiencing chronic migraine, a condition often misunderstood and misdiagnosed. Join us for lunch and learn how steady and long-term management may control your headaches and give you your life back again.

Monday, Oct. 21, 11:30 a.m.-1 p.m.,

Longview Farm House, 13525 Clayton Road

Real Life Nutrition for Real Women's Health

Sherri Hoyt, RD, registered dietitian

Good nutrition and exercise habits provide the energy to fuel our busy lives and help prevent many diseases, such as heart disease, diabetes, some cancers – and even promote a healthy digestive tract. Join our dietitian for a box lunch and a discussion of the “keystone habits” that you can incorporate to become the healthiest you. Enjoy a sample of one of the recipes presented in the discussion.

Tuesday, Nov. 5, 11:30 a.m.-1 p.m.,

Longview Farm House, 13525 Clayton Road

EVENING PROGRAMS

MS Breakthrough: Advancing Care

Barry Singer, MD, neurologist

Mark Tullman, MD, neurologist

Heather Popham, ANP, neurology

Thanks to pioneering new multiple sclerosis treatment options, individuals living with MS can look forward to a brighter future. Join us for a discussion on the latest research news the week following a global MS meeting, including new potential treatments and myelin repair. A Q&A session will follow the presentation. Refreshments will be served.

Thursday, Oct. 10, 6:30-8:30 p.m.,

St. Louis Frontenac Hilton, 1335 South Lindbergh

Diagnosis and Treatment of Peripheral Vascular Disease

Brent Allen, MD, vascular surgeon

K. Bryan Trimmer, DO, interventional cardiologist

Wonder what causes the cramping or tiredness in your legs while walking or climbing stairs – it goes away with rest and returns again with activity? Peripheral vascular disease, a common circulatory problem that reduces blood flow to your legs and arms, can also be the first warning sign of atherosclerosis.

Join us and learn about the prevention, diagnosis and treatment options available to treat this disabling condition.

Monday, Oct. 28, 6:30-8:30 p.m.,

St. Louis Frontenac Hilton, 1335 South Lindbergh

On the Move: Learn about Reducing Pain in Your Shoulders, Hips and Knees

Richard Hulsey, MD, orthopedic surgeon

Remember all of the things that you used to do so easily, until your shoulder, hip or knee started slowing you down? Imagine doing all those things again.

Join us and learn what you can do to reduce your joint pain, as well as hear about the latest surgical procedures in joint replacement surgery.

Thursday, Nov. 7, 6:30-8 p.m.,

Longview Farm House, 13525 Clayton Road

OASIS PROGRAMS

Diabetes: You are In Control

OASIS Community Health Instructor

A person with diabetes struggles every day to maintain a normal blood sugar and healthy weight. Diabetics often feel tired and unable to do the things they love. If you have diabetes, make sure YOU are in charge. Attend this workshop and learn how to manage your blood sugar, safely engage in exercise, enjoy eating and improve your communication with your healthcare team. Participants receive a book and relaxation CD. Light refreshments will be served.

Wed., Oct. 16-Nov. 20, 1-3 p.m.

Kirkwood Community Center, 111 S. Geyer Road

FREE; Sessions: 6

Pressure Points: Putting the Squeeze on High Blood Pressure

Jane Overall, OASIS Community Health

Facilitator

Ever-changing guidelines, foods and medications all impact blood pressure. Join us for this fun and interactive course where you will learn blood pressure basics, get a chance to test drive some home measurement equipment, and get the latest scoop on emerging blood pressure issues.

Tuesdays, Dec. 3 & Dec. 10, 1-3 p.m.,

Kirkwood Community Center, 111 S. Geyer Road

FREE; Sessions: 2

The Mission Continues: 175 YEARS AND COUNTING

Parkway United Church of Christ celebrates its 175th anniversary with acknowledgement of its rich history and optimism for its continued evolution and future. The church was established as the German Evangelical Church in 1838 by a former missionary working with the Native Americans in the area. At the time Martin Van Buren was 8th President of the United States and German immigrants were flocking to the New World. Many were farm families who were attracted to the fertile lands surrounding the Missouri River.

After worshipping in small log homes and buildings in the area, in 1872 the Historic Church building on the East side of Ballas Road was built. It contained two wood burning stoves as well as rows of hitching posts for the horses and buckboards. The small church, called Zion Congregation of River Des Peres, served 34 people and all worship services were conducted in German.

In 1885 a large bell was purchased, and a tradition began of ringing the bell three times during the recitation of the Lord's Prayer so that the farmers in the field could stop their labor briefly and pray with those in the church building, a custom still practiced today. If you are near the intersection of Clayton and Ballas Road on Sunday morning you will still hear the bell tolling.

In 1957, the Evangelical and Reformed Church and Congregational Churches merged to become the United Church of Christ. Zion Church changed its name to Parkway United Church of Christ and continued to grow in numbers and philanthropic projects. Parishioners raised

funds to construct an educational building in 1965 on the west side of Ballas Road and in 1998 a new sanctuary was constructed adjoining the educational building.

With a large and active congregation, the church is involved in financially supporting and volunteering in many social service projects including Habitat for Humanity, Lydia's House for Battered Women/Children, inner city Neighborhood Houses, Eden Theological Seminary, Heifer Project, Every Child's Hope (formerly Evangelical Children's Home) and Emmaus Homes in Marthasville for developmentally disabled adults. A special Give-A-Meal Sunday the first of every month produces many bags of groceries for local food pantries.

As a mission and community outreach, Parkway United Nursery School, fondly known as PUNS, has served many thousands of children and families of all faiths for over 43 years. Countless outside organizations use the building weekly including the St Louis Children's Choirs, BSA, Bread for the World, Crossroads for teens, several AA groups and concerts by the T&C Symphony.

Sunday Morning worship offers a traditional service at 9:30 am with full choir and a more contemporary service at 11:00 am.

Currently the congregation is led by the Reverend Kevin Cameron. Parkway is proud to be an Open and Affirming church with hands of welcome extended to all. Through faith and hard work of many people, Parkway United Church of Christ continues to serve people through the ministry of faith, love and acceptance.



PATTY WIGGINS - MS. MISSOURI SENIOR AMERICA PAGEANT

In the Ms. Missouri Senior America Pageant held July 14 at the Florissant Civic Center, former Ward 2 Alderman, Patty Wiggins, was named second runner up. She says, "I'm thrilled to have the opportunity to be a member of the Cameo Club's empowered women whose mission includes reaching out to various senior organizations through performance and supporting many worthwhile charities."

The Cameo Club dates back to 1989 and performs for senior organizations, social organizations, nursing homes, and many other groups. The money raised by these performances helps to fund the Pageant and allows the Club to make annual donations to various charities in the St Louis area. The Club presents 50-60 shows a year.

Judging for the Pageant is based on an interview with the judges, philosophy of life, evening gown/stage presence, and talent. Patty performed a tap dance to "I Wish I Could Shimmy Like My Sister Kate."

Wiggins said, "Every life is an adventure. I believe the richest ones are built upon family, friendship, and making a positive difference. In America we have the right and responsibility to build upon opportunities many take for granted - opportunities to be educated, to be healthy, to vote, and to help others. Each day, I try to build on those opportunities in my life of adventure."



NEW PUMPER TRUCK



The residents of Town and Country are being protected by a new fire engine. The West County EMS and Fire Protection District recently purchased a

2013 Pierce Velocity Heavy Rescue Pumper that is now stationed at the Town & Country Fire House at 13443 Clayton Road. The new apparatus is qualified as an Urban Search and Rescue (USAR) Heavy Rescue, which means that it carries specialty equipment to handle extremely difficult, highly specialized rescues involving high and low angle rope rescue, trench and building collapse, confined spaces, as well as complicated rescues involving vehicles and machinery. This new engine also carries 500 gallons of water as well as 20 gallons of Class A foam, and is capable of pumping 1500 gallons per minute. Highly qualified paramedic/firefighters with specialty training as rescue technicians staff this unique pumper. The West County EMS and Fire Protection District invites you to stop by and take a look of the newest member of the team.





WEST COUNTY EMS & FIRE

WEST COUNTY EMS & FIRE

INVITES YOU TO OUR ANNUAL

FALL FESTIVAL

SATURDAY, OCTOBER 12TH

NOON - 4PM

FIRE STATION #1 - 223 HENRY AVENUE

FREE

KETTLE CORN
PONY RIDES
GAMES
BUBBLE GUY
FOOD
& MORE

COLORING CONTEST:
WIN A FIRETRUCK RIDE
TO SCHOOL

PICK A FREE PUMPKIN



EVERYTHING IS FREE

TACTICAL PARAMEDIC TRAINING

The West County EMS and Fire Protection District has five employees who have undergone a rigorous 54 hour Tactical Paramedic training program instructed by Rescue Training Inc. in Savanna GA. The purpose of this course is to enable paramedics to tactically accompany Local, State, and Federal Law Enforcement officers to immediately treat and extricate victims involved in these specialized situations. Whether it be a barricaded suspect, search warrant, or mass casualty event, the paramedics integrate seamlessly with Tactical law enforcement officers to provide emergency lifesaving care in these hostile and dangerous environments. These well trained paramedics are available 24 hours a day, 365 days a year to the City of Town & Country's Police Department for these untimely events. This partnership genuinely benefits the citizens of Town and Country during these unpredictable situations.



Documentary and Distinguished Panelists Address Climate Change

Join the Maryville University Center for Sustainability, Green Maryville Student Association, The Climate Reality Project and Town & Country's Green Speaker Series in a discussion on climate change

According to the Defense Department, "Climate change and energy will play significant roles in the future security environment." A Pentagon expert has said "Climate change is happening, and there is very, very strong evidence that a large part of this is, in fact, man-made." These statements, together with similar statements by other military figures and publications, indicate the reality and gravity of a changing climate. It is time for an uplifting take on the topic of climate change! Film and distinguished scientists come together at Maryville University for three events to engage, energize, and answer, in layman's terms, the persistent questions about climate and energy.



Dr. David Titley is nationally known in the field of climate, the Arctic, and National Security. He served as a naval officer for 32 years and rose to the rank of Rear Admiral. He is currently Senior Scientist in the Department of Meteorology and Director of the Center for Solutions to Weather and Climate Risk at the Pennsylvania State University.



Dr. Jack Fishman is a Professor of Meteorology and the Director of the Center for Environmental Sciences at Saint Louis University. Before coming to SLU, Dr. Fishman worked at NASA's Langley Research Center in Hampton, Virginia, for 31 years, where he retired in 2010.



Dr. Kyra Krakos is an Assistant Professor of Biology at Maryville University and a Research Associate with the Missouri Botanical Garden. Her research focuses on the impact of climate change on plant communities and plant-pollinator interactions.

The documentary *Earth: The Operators' Manual (ETOM)* presents an objective, accessible assessment of the Earth's problems and possibilities that will leave viewers informed, energized and optimistic. Host Richard Alley – a geologist and former oil-company employee whom Andy Revkin of the New York Times once called "a cross between Woody Allen and Carl Sagan" – leads the audience on this engaging one-hour special about climate change and sustainable energy. *ETOM* is a rigorously researched, beautifully filmed and ultimately uplifting antidote to the widespread "doom and gloom" approach to climate change.

Each event will include one hour of the three-hour *ETOM*, followed by a panel discussion. Drs. Titley, Krakos and Fishman will lead the October 3 event. Additional panelists are being confirmed for the remaining events. All events are to be held in Buder Commons on the Maryville University Campus at 650 Maryville University Drive with more details about time and location listed below.

.....
October 3 – 7:00 PM
October 24 – 7:00 PM
November 14 – 7:00 PM
Buder Commons on the
Maryville Campus

PRESCRIPTION DRUG TAKE BACK EVENT - October 26, 2013

On Saturday, October 26, 2013 the Town & Country Police Department, in partnership with the Drug Enforcement Agency (DEA), will host a Prescription Drug Take Back Event to collect expired and unwanted prescription medication. Increasingly, prescription medications are being used by teens and youth at parties or for experimentation, and most of the time the source for these drugs is the home medicine cabinet. Additionally, improper disposal of these medications can lead to the contamination of public water sources. This collection event, and others like it, help to avoid the improper use or abuse of these medications and keeps them out of our watershed, allowing for a safe and proper disposal method.

This free event will be held at the Town & Country Municipal Center from 10 a.m. - 2 p.m. For more information, please contact Officer Katie Exline at 314-587-2892 or email at exlinek@town-and-country.org

ITEMS THAT WILL NOT BE ACCEPTED AT THIS EVENT:

- Illegal drugs (Marijuana, Cocaine, etc.)
- "Sharps" objects such as syringes
- Radioactive medicines
- Bio-hazardous materials
- Glass thermometers or other medical devices
- Bulk medication from businesses such as pharmacies, doctor's offices, or hospitals
- Only medication from individuals will be accepted**





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 Community Relations Commission at the 5th annual*

**TOWN & COUNTRY
 TALENTS AND TREASURES
 Holiday Boutique**

Stop by one of the most popular fall shopping events and enjoy an enjoyable day in the beautiful Longview Farm House. Each room in the historic house and new section will be filled with exciting hand-crafted items made by talented local vendors. You will find the newest looks in jewelry, darling children clothes and accessories, home decorations and holiday items – something for everyone!

Complimentary cookies and drinks will be offered. Don't miss the free raffles for great prizes!

For more information, please go to www.town-and-country.org, click on Holiday Boutique in the right side column, or contact Mary Olsen at olsenm@town-and-country.org or 314-587-2804.

*Saturday,
 November 16
 Longview Farm House
 9:00 AM – 3:00 PM*



MAYOR JON DALTON

12801 Tundra Court 63131
 314-989-0270 • mayor@town-and-country.org

<p>WARD 1 LYNN WRIGHT 2478 White Stable Road 63131 314-993-5850 wrightlh@town-and-country.org</p> <p>SKIP MANGE 20 Roclare Lane 63131 314-567-4869 manges@town-and-country.org</p>	<p>WARD 2 TIM WELBY 1856 Nettlecreek Dr. 63131 314-966-8751 welbytj@town-and-country.org</p> <p>CHUCK LENZ 1706 Mason Knoll Road 63131 314-822-8227 lenzrc@town-and-country.org</p>	<p>WARD 3 FRED MEYLAND-SMITH 1032 Woodfield Estates Dr. 63017 314-878-0220 meylandsmithfj@town-and-country.org</p> <p>GUSSIE CRAWFORD 900 Weidman Road 63017 314-434-2191 crawfordgb@town-and-country.org</p>	<p>WARD 4 PHIL BEHNEN 322 Sunway Lane 63141 314-323-4728 behenpj@town-and-country.org</p> <p>JONATHAN BENIGAS 14288 Cedar Springs Drive 63017 314-434-6011 benigasj@town-and-country.org</p>
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