



Volume 30, Number 1  
Spring 2014

# Town & Country Times

## TOWN & COUNTRY: Contributions from the Past—Vision for the Future THE STATE OF OUR CITY



Dear Friends and Neighbors,

As mayor, each year it is my duty and privilege to report on the State of our City, which I am proud to say is outstanding. Once again, and without reservation, I submit that our town maintains its place of distinction in and around the St. Louis metropolitan region. While protective of

our residential emphasis and orientation, Town & Country is proudly comprised of individuals, families, institutions, small businesses and large corporate headquarters. We work well together, support one another, and appreciate our differences and diversity. In sum, we are a strong, vibrant and exciting community.

In 2013, we honored past contributions and said good-bye to dear friends like John Copeland, who served Town & Country for nearly 30 years and retired wearing two hats—Chief of Police and City Administrator. We also said farewell to City Clerk Pam Burdt and her ever present smile and welcoming demeanor, along with our diligent and faithful accounting clerk Pat Keevin who retired from our ranks, as well. The contributions that these individuals made cannot simply be measured in terms of balanced books, projects completed, minutes kept or milestones achieved. Each made an indelible imprint on our staff at the Municipal Center and who we are as a City.

### Honoring our Past While Protecting our Future

The past 12 months were also a period of transition as the next generation was commissioned to meet the demands of

the present as well as to forge plans for the future. To that end, we engaged some additional key players on our team to implement our plan forward—Gary Hoelzer as City Administrator, Patrick Kranz as the new Chief of Police, and Ashley McNamara, as City Clerk. Each of these talented professionals rose to their new positions from among our ranks, which enabled them to quickly assist with navigating the challenges and opportunities that lie ahead.

Reporting on the State of our City, while based on facts and figures, affords us all an opportunity to reflect on the contributions of many community members (some whose work has long since ended while others continue to labor for our common good) and realize just how their vision is still providing guidance. For example, in 1996, during Mayor Diane Hertlein's administration, the Strategic Planning Committee (SPC) was formed to address "community vision" in a number of areas. Members included Dr. Gary Omell, Richard Jensen, Jamie Cannon, Jim Erwin, Donna Smith, Todd Abrams and Torrey Berger, with valuable input from pro bono consultant and resident, Dick Palmer.

*Continued on page 3.*



*The mission of the City of Town & Country is to maintain a hospitable environment for our residents and other stakeholders and to foster a "sense of community" among ourselves through the following values:  
Integrity, Respect, Fiscal Responsibility, Safety and Security, Quality of Life, Community, and Excellence!*

## Longview Farm Park—Where Our Community Gathers to Celebrate Year Round...

Spring brings the annual Arbor Day on **April 12**, celebrating our certification as a Tree City USA. We invite all residents to select from a variety of free, native seedlings. Children should bring their baskets for an exciting egg hunt with age-segmented areas. As spring awakens the plant life across town, our parks come alive with people as well. The playgrounds begin to sing again with the laughter of children and families. The parks are energized with trail walkers and picnics.

As summer rolls in we cherish our annual Fire & Ice event on **June 21**, featuring local restaurants, local music, entertainment for children, and **f i r e w o r k s**. Generations of friends and families bring their blankets and lawn chairs for some good, old-fashioned quality time.

Fall is arguably the most beautiful season in Town & Country, and it would not be fall without the Fall Festival and Impressions of Town & Country, **October 4**. Last year Fall Festival was complete with pumpkin decorating, the Bubble Bus, and inflatable slides, just to name a few. Superhero and princess sightings are always reported in Town & Country on this particular day. Complementary to the Fall Festival is the Impressions art competition. Artists permeate the city with their canvases in hand to create beautiful outdoor paintings that are then judged at a delightful evening reception. Our final fall event is the annual 5K Turkey Trot the day after Thanksgiving, **November 28**, where adults and children alike partake in some friendly competition and exercise.

Even winter brings our community together! Community gatherings continue throughout the winter months with the Holiday Boutique, Breakfast with Santa, and the Art, Wine & Music events, all of which fill the Longview Farm House to capacity each year.





Part of the SPC's work included a SWOT analysis (Strengths, Weaknesses, Opportunities and Threats). Identified weaknesses included the "lack of a town center" and an inadequate "sense of community." Several years later a big step was taken, encouraged by the collective vision in the Strategic Plan, to address these deficiencies when the property now known as "Longview Farm Park" was purchased and developed under the leadership of then Mayor Skip Mange. Since those humble, yet insightful beginnings, that vision has blossomed into a host of activities, where our community gathers to collectively engage around common interests and events such as our Fall Festival; Art, Wine & Music; the Plein Air event; the Turkey Trot; and the Holiday Boutique, to name just a few. The community also gathers at the heart of town center to celebrate individual or family events and milestones—weddings, birthdays, anniversaries, retirements and the whole spectrum of life.



The Strategic Plan also identified another major tactic that would promote community identity—the design and construction of a trail system that would connect neighbors and neighborhoods. Under my administration, the Trails and Parks Master Plan was updated in 2010, and in 2013, a major objective was accomplished—the completion of the Clayton Road Trail that links neighborhoods from our eastern city limits at Bopp Road to the western limits near Henry Avenue and many points in between. The next step identified in the Master Plan is to begin the design work for a similar pedestrian facility that would link neighborhoods along Topping Road from our southern entrance off Manchester Road to the Clayton Road Trail. To ensure full consideration of all issues and opportunities associated with the potential project, a citizen task force has been assembled that will provide essential guidance and analysis on this matter.

The SPC also recognized "opportunities" in their analysis. One area identified consumed a great deal of our time and attention in 2013—"undeveloped land." The SPC saw this as an opportunity, provided there was a "vision of its use." We learned in 2013 that when certain interests bring forth a particular vision, thereafter we spend hours reacting, deliberating and responding to the proposal. Accordingly, resident involvement has tended to reflect a defensive position *after* a development has surfaced. Therefore, a new course of action that includes community involvement at the *beginning* of the process is needed to protect the individual and collective interests of our City while recognizing and respecting the reasonable expectation and intentions of the owners of the undeveloped land. Any process for development should be one that unites our community around a shared vision, rather than dividing us based on individual interests.

## Planning and Development

With Town & Country at the geographical center of the St. Louis metropolitan area and with I-64 serving as a "Main Street" to our region, we continue to be a magnet for high-quality development. In 2013, the City issued 373 building permits, which included 246 residential and 127 non-residential. The value of this new construction is nearly **\$59,000,000**. Included in these statistics are the Estates at Town & Country Crossing, a new single-family home development of sixty-nine lots. Residents of the Estates will be able to walk to Cooper's Hawk Winery & Restaurant and the other fine establishments in Town & Country Crossings, Lamp & Lantern, Clayton Village and Schnucks Woods Mill Plaza.

One of the paramount goals of my administration is to further develop and then integrate this vision first identified in the Strategic Plan with voices that can bring the wisdom of our

community's history and traditions, while acknowledging the expectations and fresh insights of the younger generation who have called Town & Country home in recent years. Significantly, a major component of any process we consider and ultimately choose to undertake will be a city-wide survey that will enable us to collectively embrace the future, unified behind our common vision and interests. Of course, this is easier said than done, which may explain why it has been so long since our last broad-based survey. In any event, I believe it is an essential starting point that will allow us to take lessons from our past and improve our future plans as we develop what I would like to call our "2020 Vision."



### A Major Investment in Public Infrastructure and Services

The year 2013 provided the opportunity for the City to make an unprecedented commitment to roadway and infrastructure improvements. With the assembled talents of several commissions and members of our community, we established an Infrastructure Investment Task Force, which set a path that allowed us to take advantage of the economic climate and enhance this public asset. By supplementing the resources already committed for the Clayton Road Resurfacing and Trail project with an



additional **\$3.6 million from our reserves**, vast improvements were made in numerous neighborhoods across the City. This ambitious campaign completed almost \$7 million in improvements in 2013 with another \$1.25 million programmed for 2014.

The voice of the community was heard as residents spoke about their desire to expand our investment throughout the City, and we listened. Such an investment will continue to pay dividends in the form of increased accessibility, enhanced property values and decreased ongoing/future maintenance costs. This is all a product of the process that we believe should be at the core of all municipal government and which we practice every day in the City of Town & Country—by engaging all interested parties in meaningful discussion throughout the process, understandable metrics are established, reasonable goals are set and targeted projects are executed. As a collaborative and concerted effort, it takes a

host of dedicated members of the Town & Country family to achieve such lofty goals, and we are fortunate to have so many who are willing to roll up their sleeves and get involved.

In addition to the expansion of our roadway program, careful budgetary planning and management in 2013 provided an opportunity to revive our popular Branch Chipping Program. In the past, we collected branches each fall that were too large or bulky to be removed through standard yard waste disposal. Over the past several years, we have attempted to provide a similar service at a more modest cost in an effort to live within our means. On the foundation of our financial stability, it was determined that this program should be rebuilt in its traditional form and should be viable into the foreseeable future. As a result, it has been included for the 2014 fiscal year budget, and we look forward to maintaining this service for years to come.

Going forward, we are solidly committed to continuing enhancements of our public infrastructure. The residents who unselfishly serve on the Public Works and Storm Water and Parks and Trails Commissions regularly evaluate and prioritize ways to advance our Storm Water Program and Trails and Parks Master Plan. We continue to seek assistance from all available resources by exploring grant opportunities on an annual basis, which expands our ability to implement these long-term goals. This process not only maintains and builds our infrastructure, but physically connects our community and protects our collective interests and investments.

### Town & Country Advances Energy Efficiency Through Code Revisions.

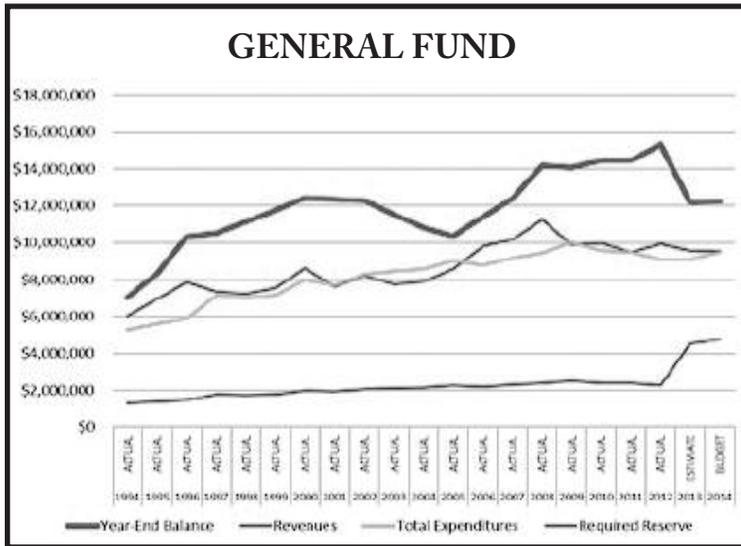
In 2013, the City approved a set of revisions to our Municipal Code to streamline the process for approval of solar energy systems in the City. Rooftop solar energy systems that do not face a street only require review by the Architectural Review Board, and the owner can apply as early as the next day for a building permit for the solar energy system. We have also revised our standards for solar energy systems to better reflect current technology. Throughout 2014, we will be monitoring the new process and checking with applicants to see if additional revisions would be helpful, while remaining sensitive to neighborhood and resident viewpoints and concerns.

### Another Balanced Budget: Our Fiscal Position Remains Rock-Solid

Despite challenging economic times, these significant investments in our neighborhoods have been accomplished while zealously protecting our strong general fund reserve through legislation that doubled our requirements in that

regard. The city has no outstanding debt, maintains a zero property tax levy (0% tax) and enjoys an AAA credit rating issued by Standard & Poor's. This responsible fiscal management will ensure that the City will continue to be financially sound well beyond 2014.

Based on preliminary 2013 financial results, the General Fund, which is the City's operating fund, performed \$547,000 better than was anticipated in the 2013 Budget. Moreover, a balanced General Fund Budget was approved by the Board of Aldermen for 2014, which is anticipated to add \$35,850 to the fund's reserves. This will result in an ending fund balance of \$12.2 million. This budgeted ending fund balance is 1.3 times the 2014 operating expenditures and almost 2.6 times the fund's required reserve level for 2014, as shown in the graph below.

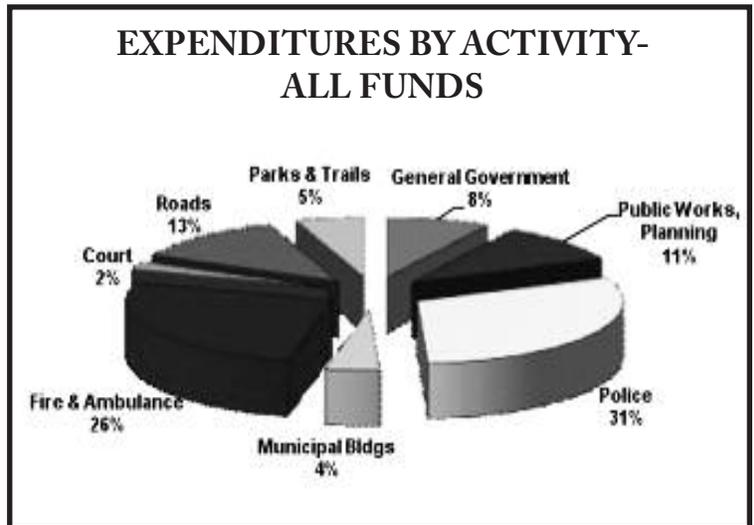
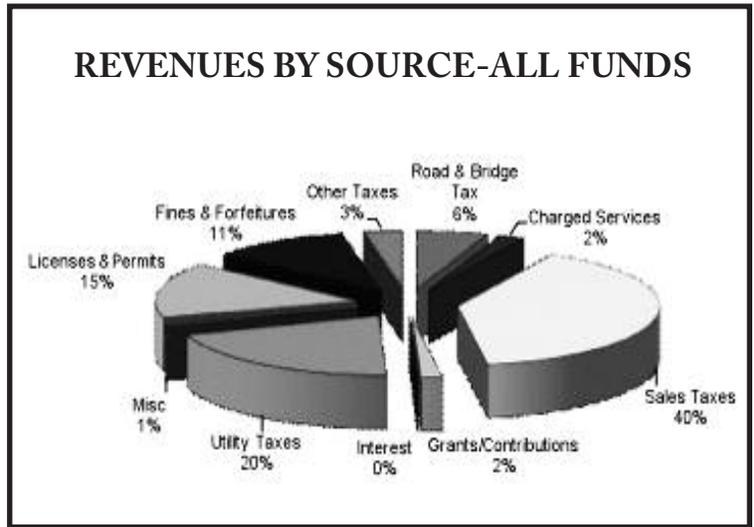


The 2014 budget was prepared with the goal of providing an adequate, balanced level of services and programs, utilizing existing revenue streams, while preserving the General Fund reserves consistent with established policies. In 2013, we made the fiscally prudent decision to increase the required operating reserve level to 50% of operating expenditures. As graphically depicted above, the projected 2014 ending General Fund balance remains well above that level.

Without levying a property tax, the city relies heavily on its sales tax base, which accounts for 40% of all city revenues. We have seen a slow rise in these revenues as the economy recovers, and we expect it to continue through 2014. Our strong sales tax base, in addition to other city revenues, has allowed us to maintain a \$0 property tax levy since 1997. The following chart provides a clearer picture of the various revenue sources and their magnitude.

Police, fire and ambulance services continue to comprise the City's largest annual expenditures, accounting for 57% of all expenditures. Other expenditures include public works, planning, court, and general government operations, as well

as the operation and maintenance of city parks, capital assets and roads. Expenditures in capital assets, road improvements and stormwater mitigation vary from year to year in relation to need, public safety and funding levels. The chart below shows the distribution of budgeted 2014 expenditures.



### To Serve and Protect – Law Enforcement and Public Safety Remain Top Priorities

An excerpt from our City Mission Statement reads “to foster a sense of community ... [and] to ensure a safe and peaceful environment ...” As I regularly interact with our police department and our residents, I can attest to their mutual respect and shared desire to maintain a safe and secure City. Unfortunately, despite all of our efforts to cultivate a safe and secure community, our City is not immune from crime. Early in 2013, the dark shadow of domestic violence visited our quiet community, resulting in the death of a beloved resident. As our community came together to mourn this loss and to support her children, our police department strengthened its resolve to do its best to address this terrible issue through quick, decisive actions when handling calls of this nature.

Informational pamphlets are offered, as well, along with the referral to community service organizations such as ALIVE (Alternative to Living In Violent Environments), whose vision is “to end domestic abuse, restoring safety and peace one family at a time.” For more information on this topic, please visit ALIVE’s website at [www.alivestl.org](http://www.alivestl.org).

It is generally accepted that maintaining law and order in any community is a job for the paid professionals, and looking at the complexity and nature of modern crime I affirm this position. Community involvement, however, still plays an essential role in ensuring safe neighborhoods.

In other criminal activity we saw a slight **overall decrease (7%) in residential burglaries**. While thefts from vehicles increased, thanks to information received from the community and the proactive efforts of our officers, two teenagers from a neighboring city were arrested and charged with many of these thefts. We also saw an increase in thefts from businesses, and once again, due to the positive working relationship among the police department and businesses, information was developed that led to the arrest of the individuals responsible for these thefts.

In 2013, this partnership was evidenced by the involvement of Town & Country residents, along with residents from neighboring cities in St. Louis County, as they participated in the West County Citizen’s Police Academy and the Community Emergency Response Team (CERT) training programs. Additionally, over 900 households, businesses, and individuals subscribe to our email alert system known as the Crime Prevention Safety Network (CPSN). This network allows the department to send out timely and pertinent crime and safety information to subscribers, keeping them informed of crime trends in our City’s neighborhoods.

Another example of fostering relationships with the community is our participation in the **St. Louis Night Out** event, which is held annually on October 1. Last year, Public



Safety officers from the police and fire departments, along with elected officials, visited a total of six neighborhood gatherings and one business event with the purpose of promoting community involvement in crime prevention activities, and to enhance the partnerships between the community and the men and women of our police and fire departments.



\* \* \* \* \*

As I start my 10th year in service to this community, I am so proud to publish this State of the City address and report that we remain in a stellar position as a community within the region and throughout the State of Missouri. In fact, as recently published by *Movoto Real Estate, Town & Country* was cited as the #2 Best Place to Live. Of course, while that is certainly an honor and distinction we can all be proud of, I am sure many of us feel it truly is the absolute best place to live!

So, now that 2013 is in the past, and our future in 2014 and beyond is undeniably bright, I invite everyone to join with me, the Board of Aldermen, City Hall Staff, friends and neighbors, and collectively participate in the development of our 2020 Vision. It sounds like a long way off, but it is not at all. We need your help and support to honor our past while securing our future.

May the mountains of snow and bitter cold we have experienced in recent weeks become a distant memory as springtime approaches in Town & Country. This will be our community’s very first spring with a completed and fully functional Clayton Road Trail, and as our beautiful landscape blossoms, I hope you will enjoy all that it has to offer!

All the best,

Jonathan F. Dalton  
Mayor

# MUNICIPAL ELECTION – TUESDAY APRIL 8

The following candidates are running unopposed in the April 8, 2014 Municipal Election.



*Candidate for  
Ward 1*  
**SKIP MANGE**



*Candidate for  
Ward 3*  
**GUSSIE CRAWFORD**

In which  
**WARD**  
do I live?



If you have ever wondered where the Town & Country Ward boundaries are, please refer to the Boundary Map above and wonder no more.



*Candidate for  
Ward 2*

**CHUCK LENZ**

**CHUCK LENZ** - West County resident since 1972; living in Mason Valley since 1986. My wife, Karen, and I have two adult sons, both graduates of Parkway West. My work career was in the pharmaceutical industry.

During our sons' school years, I was active in Parkway School District and Parkway Swim Club. Since moving to Town & Country, I have served on the Town & Country Board of Adjustment, Town & Country Police Commission and am currently on the Board of Aldermen representing Ward 2. I am also a trustee of Mason Valley Place subdivision. I attended the majority of Board of Aldermen and Finance Committee meetings for 10 years prior to my election.

Town & Country depends on **sales tax revenue and license fees** to generate the majority of the revenue needed to provide city services. Our two major shopping centers have vacancies resulting in a loss of needed revenue. The city needs to continue to encourage new business to locate in these areas.

Town & Country is a wonderful place to live and raise a family. It is imperative that we continue to maintain the traditions of our city which include our parks that have been developed for the enjoyment of residents and those in neighboring communities. The implementation of deer management has moved forward; we are approaching the population that the Missouri Department of Conservation indicates is appropriate for this area of the county.

I seek and need your support and **YOUR VOTE**. As your Alderman, I have strived to be responsive to the needs and concerns of **ALL RESIDENTS!** Over the years I have gained insight and knowledge of the workings of the city which allowed me to work well with all constituents: city staff, Board of Aldermen, the Mayor and residents. Please vote on **APRIL 8th**.



*Candidate for  
Ward 2*

**AMY ANDERSON**

I am a "pro-resident" candidate in Ward 2, and I will work diligently to preserve the "country" atmosphere of our unique community. I intend to do all I can to maintain the residential focus central to our municipality since its founding.

I was raised in Town and Country and, except for the first eight years of marriage, I have lived here since 1966. My husband and I agreed this is where we wanted to raise our family and worked tirelessly to return home to this lush green paradise.

In the 1970s, my father, Fred Brodbeck, served on the Planning and Zoning Commission. He was a strong and vocal proponent of one-acre residential lots. Like him, I believe if a homeowner invests in a one or more acre lot, they have a right to expect that adjacent properties will be appropriately zoned to maintain their property value.

**As your Alderman – I will:**

- Listen to my constituents and give representation to your voices and views;
- Notify your subdivision trustees immediately if your property will be affected by a potential re-zoning proposal;
- Uphold and enforce current zoning regulations;
- Limit commercial and office development to only those regions of the city so suited;
- Oppose high-density residential development;
- Work to find a new tenant for the former Walmart retail space to increase sales tax revenue; and
- Maintain zero property taxes.

I have no special-interest ties or affiliations. I am candid, and I think for myself.

**I would greatly appreciate your vote on April 8th!**

Amy Anderson

Education

1988 Principia College, Computer Science

1990 Washington University, Graduate Certificate in Artificial Intelligence

Professional Experience

1988-1992 Software Engineer, McDonnell Douglas

1992-1996 Technical Project Leader, Southwestern Bell

1996-2014 President, Anderson Technologies, Inc.

2010-2013 Church Treasurer

Join or support my campaign at [www.amyanderson4tc.com](http://www.amyanderson4tc.com).



*Candidate for  
Ward 4*

**PHIL BEHNEN**

Thank you for allowing me to serve as your Alderman of Ward 4. I appreciate your strong support and look forward to another term with high expectations under the leadership of our Mayor, Jon Dalton.

What I promise you is a commitment to excellence and leadership. As a CPA with nearly 30 years of experience, the past six years have been challenging for not only our municipality but also municipalities all over the country. As long as I have been your Chairman of the Finance and Economic Opportunities Commission, the City of Town and Country has enjoyed a 0% property tax. I am honored to lead a seasoned and skillful Finance board representing all four Wards that addressed our past recession quickly with cutting costs, paying off debt and attracting new revenue streams to the City with no increase in taxes. I am proud that the City of Town & Country continues to be one of the few municipalities in the State of Missouri with a AAA Standard & Poor's credit rating. In addition, the City of Town & Country is one of the few AAA rated municipalities in the country with no property tax and no fire tax.

Under my financial leadership, when the Finance commission identified the economy picking up, we approved a five-year infrastructure program to improve and upgrade our streets and storm water issues. As you can tell, this program is in full swing and I ask for your support so this major program can be completed under my leadership.

As an experienced CPA and past President of the Board of Aldermen, I have the ability to create and build collaborative relationships, which has proven to be invaluable regarding issues facing Town & Country. I value your input and appreciate your vote of support and confidence.



*Candidate for  
Ward 4*

**LINDA RALLO**

As a six-year resident and three-term neighborhood trustee for the Village on Conway, I have heard many neighbors and friends articulate what it means to live and raise their families in Town and Country. Ours is a unique community of well-maintained homes, which contribute to the quiet, safe, and picturesque sanctuary that we treasure.

My family and I share those same sentiments and highly value the peace and tranquility that Town and Country provides. As the next Alderwoman for Ward 4, I promise to listen to you and always work as your advocate. My number one priority is representing the residents and protecting the process so that the character of our community remains intact.

My decision to become a candidate was prompted by my neighbors – who asked me to run because they believe I will faithfully listen to and represent all of you – the residents - instead of pursuing my own objectives. I would be happy and honored to serve the citizens who value what we have here in Town and Country

My past service has included board positions with Chesterfield Day School, National Charity League, and the Town and Country Community Relations Commission. I have also volunteered as a Girl Scout Leader, Boy Scout Leader, PSR teacher, and a youth volleyball coach. And most importantly, I have three children and a husband, Nick, with whom I will soon celebrate 25 years of marriage.

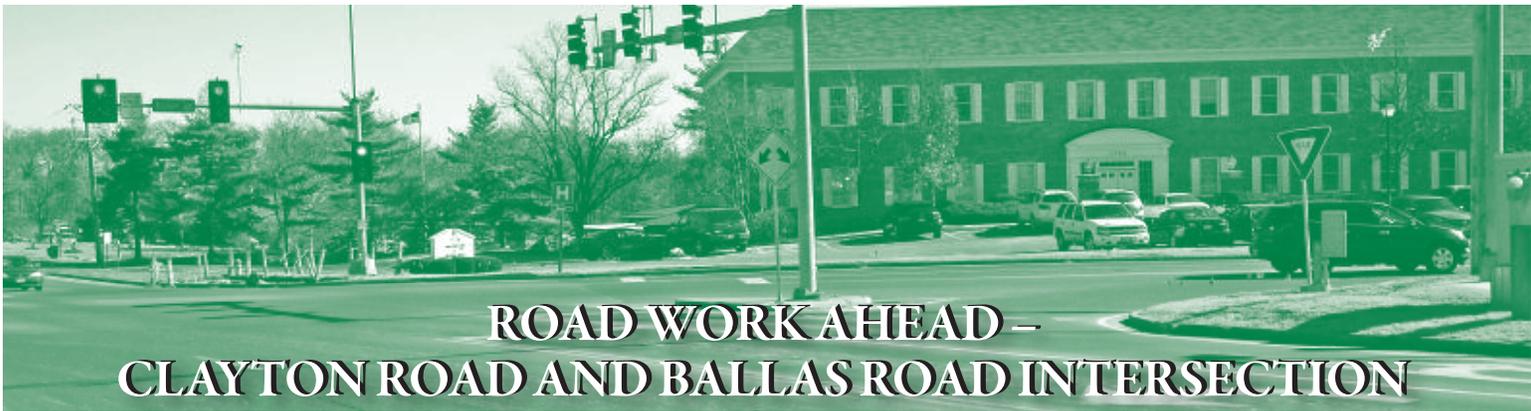
In 2012, I graduated from UMSL earning a Master's degree (with honors) in Public Policy Administration and currently work as a policy analyst specializing in state and local government.

If elected, I promise to answer questions, seek the truth, and work towards solutions that benefit all residents of Town and Country.

I would be grateful for your vote on April 8th!

Sincerely,

Linda Rallo



## ROAD WORK AHEAD – CLAYTON ROAD AND BALLAS ROAD INTERSECTION

Over the past several years, the City of Town & Country has been working to implement the Clayton Road Resurfacing and Pedestrian Trail Project. This has brought a new riding surface and pedestrian facilities to Clayton Road across the entirety of our City. This ambitious project did not come without its challenges. One such challenge was the intersection of Clayton Road at Ballas Road. You have probably noticed the disturbed ground and construction barricades on the southeast corner for the past several months. This disruption became a necessity while the City of Town & Country, St. Louis County Department of Highways & Traffic and the Missouri Department of Transportation worked through a number of different issues with the ownership, signal control and geometry of this intersection.

Now that these issues have been resolved, the City is excited to move forward with the project. Greatly expanded improvements to the south side of the Clayton Road / Ballas

Road intersection will be made this spring. Plans will include an increase in the turning radius on the southwest corner. Cars travelling eastbound on Clayton Road, turning right onto Ballas Road will be provided additional berth as a part of this project.

Going forward plans call for improvements to the north side of the intersection and completing the pedestrian connections to the north along Ballas Road. Once both stages are completed, the intersection will be consistent with the Town & Country Trails & Parks Master Plan, meet all St. Louis County standards and be fully compliant with the Americans with Disabilities Act.

During our work this spring, there will be some turn restrictions at that intersection for 4 to 6 weeks. Although an exact schedule is not available, we just wanted to get the word out that some inconvenience can be expected at the Clayton Road / Ballas Road intersection in the near future. Please contact Craig Wilde at [wildecj@town-and-country.org](mailto:wildecj@town-and-country.org) or 314-587-2824 if you have any further questions.

## New Businesses in *Town & Country*

### **Advanced Disposal**

1215 Deer Tracks Trail  
Suite 250

### **CMIT Solutions**

12977 North Forty Drive  
Suite 218

### **Cooper's Hawk Winery & Restaurant**

1146 Town & Country Crossing Drive

### **Healthcare Connections, LLC**

400 S. Woods Mill Road  
Suite 115

### **Jacobson Staffing**

635 Maryville Centre Drive  
Suite 110

### **St. Louis Family Therapy**

2821 N. Ballas Road  
Suite C-35

### **Strategic Asset Management**

12977 North Forty Drive  
Suite 218

### **Total Access Urgent Care**

13861 Manchester Road

### **Vertegy, LLC**

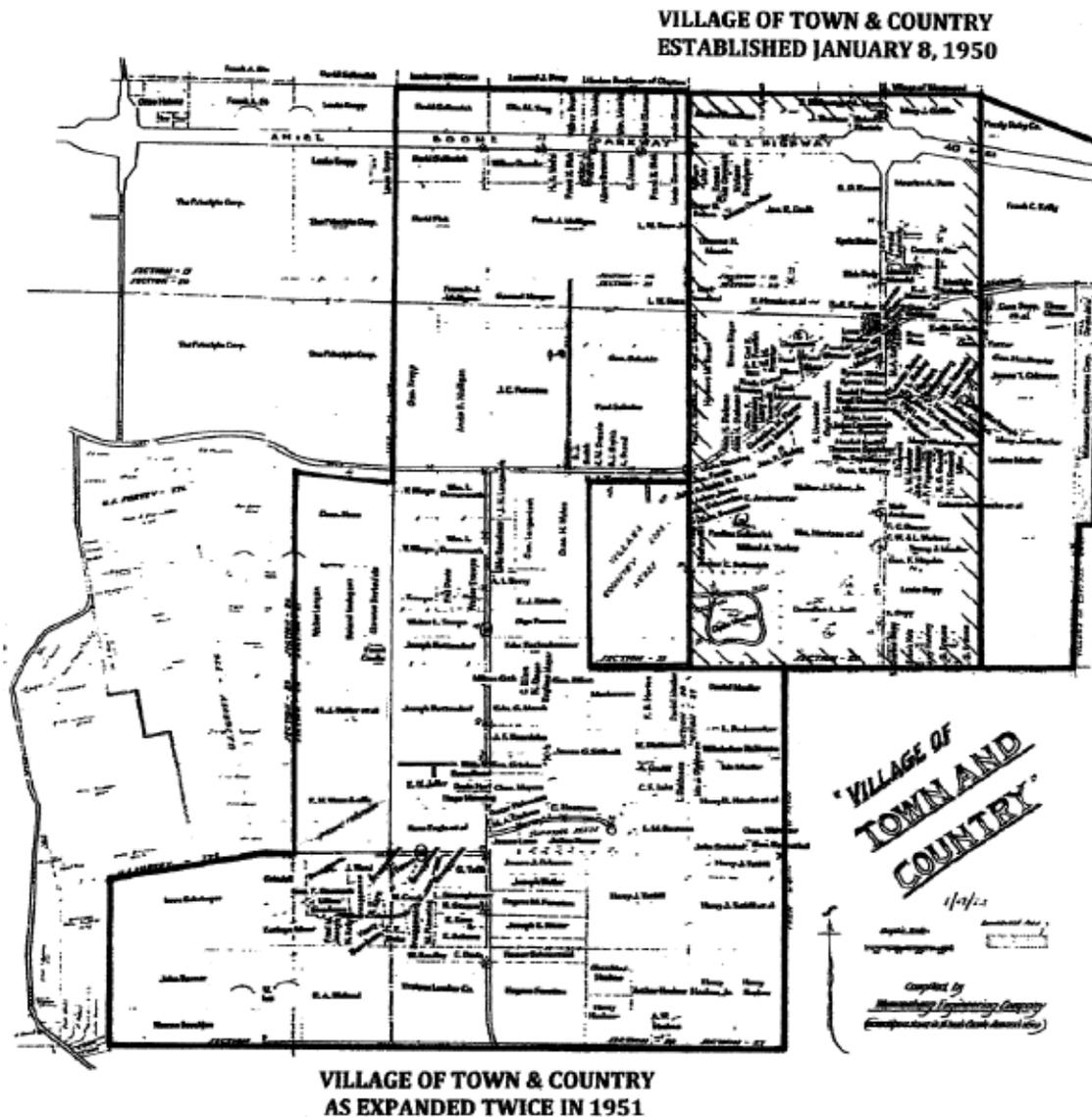
1715 Deer Tracks Trail  
Suite 230

# THE HISTORY OF TOWN & COUNTRY

## Part 1

By: *Town & Country Historical Society*  
*Skip Mange, President*

In 1949, residents of the area around Ballas Road and Clayton Road became concerned about the efforts of Frontenac and Des Peres to extend their corporate limits. These concerned residents then started the process of forming their own village under state law. As a result, the Village of Town & Country was formed on January 8, 1950. The boundary is shown crosshatched on the below map. It had an area of about 2 square miles and 162 residents. The intersection of Clayton Road and Ballas Road was the center of the Village. The boundary was expanded in February 1951 and again in November 1951. After the boundary extensions, the Village was about four square miles. The geographic center of the city moved west to approximately what is now the intersection of Clayton Road and Mueller Lane. The center of the government remained at the intersection of Clayton Road and Ballas Road.



# FALL FESTIVAL

Fall Festival photos courtesy of David Bentley.



# Highlights Of Fall

TOWN & COUNTRY  
TALENTS AND TREASURES  
*Holiday Boutique*





Breakfast with Santa!



# & Winter Events

## Impressions of Town & Country Art Competition



# TOWN & COUNTRY CROSSING

## 2014 EVENTS

### Save The Dates

Join us all year for Family Friendly Events!!!!



### FISHING DERBY SATURDAY, APRIL 19

-Ages 4-15

-Pre-Registration Required

-Prizes Awarded

### FREE OUTDOOR MOVIES

FRIDAY, MAY 23

FRIDAY, AUGUST 15

FRIDAY, JUNE 20

FRIDAY, SEPT. 19

FRIDAY, JULY 18

-Free Refreshments

-Kids Activities

Visit [www.townandcountrycrossing.com](http://www.townandcountrycrossing.com) for event details and updates  
or contact 636.220.7827



### LONGVIEW FARM HOUSE

Unique rooms available for private parties & special events!

Call Lindsey Hodge for more information: 314-434-1215

[www.town-and-country.org](http://www.town-and-country.org)

### Town & Country Public Art Commission Presents Longview Farm House Art Gallery

#### Longview Farm House Gallery Schedule for 2014:

Selected Work from the Studio Art Program at Maryville University

On view Monday, March 31 – Monday, April 21

Opening Reception, Friday, March 28, 5:30PM – 8:00PM

Art of Frank Enger

On view Monday, April 28 – Monday, June 23

Opening Reception, Friday, May 2, 5:30PM – 8:00PM

Bentley Studio Exhibit - *Light and Shadow All Around Us*

On view Monday, July 7 – Monday, September 22

Opening Reception, Friday, July 18, 5:30PM – 8:00PM

Weekly gallery hours at Longview Farm House are Monday, Wednesday and Friday from 8AM – Noon, or by appointment. Opening Receptions are free and open to the public and refreshments are provided.



# Deer Management in Town and Country

Deer management has been a major issue in Town and Country as well as in other West County municipalities. Statewide, the seriousness of deer management is brought into clearer perspective. In 2011, the last year covered by statewide statistics, Missouri had 3,563 traffic crashes where deer-vehicle strikes occurred in the first harmful event. This equates to one deer strike 2.5 hours in the State. In 2011, four people were killed and 376 injured in these types of crashes; or one person killed or injured every 23.1 hours.

Since 2009 the City has contracted with White Buffalo, Inc., a nonprofit wildlife management and research organization dedicated to conserving native species and ecosystems through damage and population control. The most recent effort concluded in January and resulted in the culling of 87 deer. To date, the City's efforts have improved the balance in our ecosystems and reduced nuisance complaints in the majority of the 10 square miles that have been the object of our management efforts. More importantly, the City experienced a six percent reduction in vehicle

crashes in 2013. Over 4,000 pounds of venison was donated to Share the Harvest, which supplies this rich source of protein to families and individuals in need through the St. Louis Area Foodbank.

We have several remaining "hot spots" based on resident feedback and the distance sampling study conducted by White Buffalo and the Missouri Department of Conservation. The report indicated that the deer population in our "hotspots" could still be as high as 47 deer per square mile, which stands in contrast to other areas of the City where the population is at or near normal ranges. The initial goal of our management program is to achieve a population of 30 deer per square mile citywide.

One of the keys to achieving population goals is the participation of landowners immediately adjacent to Queeny Park and other "hot spots". Additional information can be obtained on the City website at [www.town-and-country.org](http://www.town-and-country.org). Comments or problems with deer can be directed to [deer@town-and-country.org](mailto:deer@town-and-country.org).

## TOWN & COUNTRY COMMISSIONS

### Searching For Some New and Enthusiastic Members

If you have ever considered volunteering on one of the City's various commissions, now is the time! Town & Country's Commissions are vital to the continued growth and prosperity of our City, and keeping them fully populated adds to their value. Serving on a Commission can be a very rewarding and fulfilling experience. Below are details on three Commissions with openings. The Benefits & Insurance Commission, Finance Commission, Parks & Trails Commission, and Police Commission also have openings.

- **The Community Relations Commission** sponsors the Holiday Boutique and Art, Wine & Music event. These two popular events attract residents and others from neighboring communities. Members also chair a booth at Arbor Day and Fall Festival, and often volunteer at other City events.
- **The Green Team Commission's** mission is to implement sustainable practices and raise awareness of ecologically sound programs with the goal of reducing our carbon footprint. The Green Team hosts the successful Green Speaker Series, and sponsors regular electronic recycling events.
- **The Public Art Commission** promotes arts throughout the community of Town & Country through education, exhibits and events. The Public Art Commission sponsors several events including an annual Plein Air painting competition and reception, a City art gallery at Longview Farm House with ongoing exhibits and gallery receptions, and co-sponsors the Art, Wine & Music. Other ongoing projects include the acquisition of the first piece of Public Art in the history of Town & Country.

Please consider involvement in one of these active commissions and get involved in some exciting opportunities in the City. If you would like to apply for any commission, please contact the City Clerk, Ashley McNamara, at 314-587-2806, or [mcnamara@town-and-country.org](mailto:mcnamara@town-and-country.org).



### Town & Country Municipal Center, 1011 Municipal Center Drive

The City of Town & Country Green Team Commission is partnering with RNA Worldwide Computer and Electronic Recycling to collect home electronics and appliances.

Free recycling, including, but not limited to ELECTRONICS, EQUIPMENT, APPLIANCES, various metals, etc.

For more information, visit: [www.rnaworldwide.com/faq.html](http://www.rnaworldwide.com/faq.html).

# POLICE DEPARTMENT NEWS

## *Promotions* Congratulations to the following Officers who were promoted effective January 5, 2014:



**Bob Arthur** was promoted to the rank of **Captain** and will be in charge of the Operations Division. Bob started with our department in January of 1985, and has worked in the Patrol, Traffic, and Investigative Units. In 1997 Bob was promoted to Lieutenant where he served as Commander of the Administrative Services Division, and most recently served as a Platoon Commander in the Operations Division. Bob graduated from the FBI National Academy in 2008.



**John Flanagan** was promoted to the rank of Lieutenant and will be Platoon Commander for the First Platoon of the Operations Division. John started with our department in August of 1993, and has served in the Patrol, Traffic and Investigative Units. John was promoted to the rank of Sergeant in 2008 and was in charge of a Patrol squad. John is currently in charge of our firearms program and he has been instrumental in the shaping our department's response to Active Shooter incidents.

## *Retirement*



**Officer John Nienhaus** has announced his retirement effective March 1, 2014. John started his career with Town and Country on November 28, 1983, just a couple of days before the City's 1983 annexation took effect. This was the start-up date for the new Town and Country Police Department, replacing the old Department of Public Safety (which handled both police and fire services). The newly formed police department began their operations by handing the officers a map of the new City boundaries and the keys to a police car. John has seen many changes in his 30 years with the department, mainly in equipment and technology, but the one thing that never changed was John's commitment to his career and to the residents of Town and Country. Congratulations to John and we wish him a long and happy retirement.

## THE GREEN SPEAKER SERIES

The Green Speaker Series is sponsored by the Town & Country Green Team Commission and provides a forum for open discussion of a myriad of sustainable practices and policies. Recent guests of the Green Speaker Series included local and national figures – a retired Rear Admiral, a former Congressman, scientists from Penn State and St. Louis U, to mention a few. Videos of the talks are available online: [www.youtube.com/dirkavlmaas](http://www.youtube.com/dirkavlmaas).

These events are always free and open to the public. For more information, contact Craig Wilde at [wildecj@town-and-country.org](mailto:wildecj@town-and-country.org) or check the calendar on the City website at [www.town-and-country.org](http://www.town-and-country.org). Come join us!

### Upcoming Topics in the Green Speaker Series:

**MARCH** - What are the environmental consequences of hydraulic fracturing, commonly known as fracking? Is there truth to the charges that it uses vast amounts of water, contributes to earthquakes, and pollutes groundwater? Come hear Caroline Pufalt answer these questions on **March 20 at Longview Farm Park**.

**APRIL** - Dancing Rabbit Ecovillage is an intentional community in northeast Missouri. The 70 residents share four cars, and use about 10% of the electricity and water that average Americans use. They also grow much of their food, build their houses out of natural materials, produce their own energy, and follow a multitude of other green practices. Ecovillages are a worldwide phenomena, and Dancing Rabbit is one of the largest and most well-established in the United States. On **April 17**, a resident of Dancing Rabbit will speak on what life is like in this fascinating community. The talk is sure to be interesting both to those interested in reducing their environmental impact, and to those looking to increase their self-sufficiency.

**SPRING** - Perhaps you know that Velcro was inspired by burrs -- the seeds that attach themselves to your clothes when you walk through tall grass. This is an example of biomimicry, a relatively new discipline with vast potential for solving complex human problems. Look for an upcoming Green Speaker talk on this subject. Another upcoming speaker is expected to be author, educator, and renewable energy expert Dan Chiras.

# Resurfacing of Streets this Summer

In 2013 the City embarked upon an aggressive campaign to upgrade our residential street network. The commitment to quality streets was solidified by the allocation of \$3.6 million from our reserves to forward this program. In the spring of 2014, the next step in this program is slated for implementation. The City will be resurfacing the following list of asphalt streets:

A mailing will be sent to all impacted property owners in advance of the project which is tentatively scheduled to begin in late March and will extend through the spring into early summer. Please contact Craig Wilde – Director of Public Works at 314-587-2824 or at wildecj@town-and-country.org if you have any further questions.

Taunton Ct
Timmor Ct
Tundra Ct (West)
Amersham Ct
Amersham Dr
Bickford Dr
Darien Dr
Durbin Ct
Durbin Dr
Durrow Ct
Durrow Dr
Revere Rd
Grecian Way Ct
Laurel Lake Ct
Patrician Way Ct
Romany Way Ct
Kraffel Court
Kraffel Lane
Manderleigh Woods Dr
Stifel Lane Court
Stifel Lane Drive
Stifel Ridge Court
Stifel Woods Drive
Tammany Ln
Alsace Ct
Cabernet Dr
Clairette Ln
Lafite Ct
Margaux Ln
Medoc Ct
Meursault Ln
Montrachet Ln
Santenay Ct
Topping Est Dr
Topping Est N Dr
Topping Est S Dr

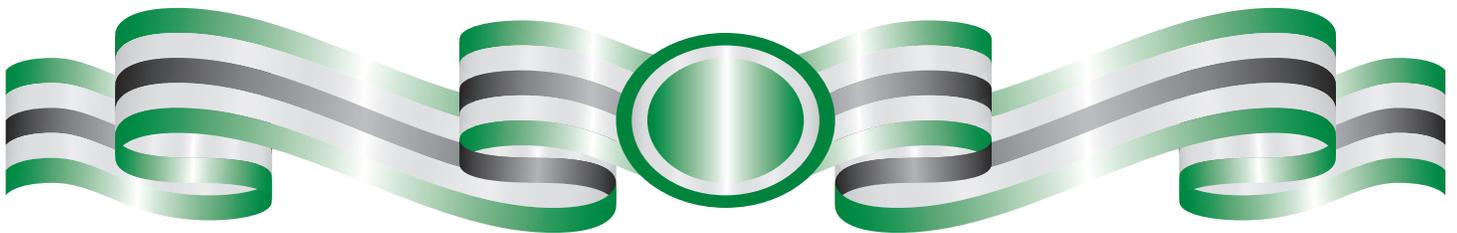
## RainScape Rebates Program

Third and FINAL round  
of the program

Landowners in participating municipalities, including Town & Country, are eligible to take part in a RainScape Rebates program. RainScape Rebates is a voluntary program that financially assists landowners in the Deer Creek Watershed wishing to landscape their yards to improve stormwater management. Seventy-five percent of the funds will be reserved for residential landowners; the remaining 25 percent will be available for schools, churches, businesses, and parks. The maximum rebate per site is 75 percent of documented expenses up to \$2,000.

**IMPORTANT Update for RainScape Rebates Applicants!**  
Due to an extended winter period—the DUE DATE FOR REBATE APPLICATIONS HAS BEEN EXTENDED TO **FRIDAY, MARCH 21, 2014**. Project notifications will be distributed on Friday, April 18.

For more information, please contact Stacy Arnold, Watershed Coordinator, Deer Creek Watershed Alliance, 314-667-9554, stacy.arnold@deercreekalliance.org, deercreekalliance.org.



## TOWN & COUNTRY GARDEN CLUB

Please join the Town & Country Garden Club for our upcoming programs:

**March 12, 2014, Wednesday** – Program to be announced. Please check our website for updates.

**April 9, 2014, Wednesday** – Herbs and Their Medicinal Property presented by Master Gardener Alice Mitchell – Longview Farm House – 1:00 p.m. – Free.

**May 14, 2014, Wednesday** – Enjoy a tour of the French Impressionism exhibit at the St. Louis Art Museum. Check our website for details.

We meet on the second Wednesday of the month at Longview Farm House, 13525 Clayton Road, just west of Mason, at 11:00 a.m. or at a designated location if an outing. Membership in the club is available to residents of St. Louis County.

The club has decided to postpone the 2014 Garden Tour until 2015 due to the extensive construction and restoration work beginning this spring at Drace Park.

Please check our website [www.townandcountrygardenclub.com](http://www.townandcountrygardenclub.com) for upcoming events or call Ann Barron at 314-229-8686 or e-mail Ann at [mobarron@charter.net](mailto:mobarron@charter.net).

# KNOCK-KNOCK - WHO'S THERE?

Along with the early buds of flowers poking through the earth and greening all around us, comes another springtime ritual – door-to-door salesmen. One of the most common calls for service the police department receives is for complaints regarding solicitors or peddlers.

Any individual or group wishing to sell products or services in the City must first obtain a permit from the Municipal Center. Once the permit is issued, solicitors must abide by certain regulations set forth by Ordinance, including permitted solicitation times of 9:00 AM until sunset, and the display of a valid solicitation permit issued by the City of Town & Country.

*The City has limited ability to prohibit peddlers or solicitors from their commercial or charitable activities due to First Amendment protections.* However, there are a few things that you can do to help yourself:

## Some Helpful Reminders When Dealing With Solicitors

- Post a **“No Soliciting”** sign if you desire privacy. Door decals are available at the Municipal Center.
- Contact Mary Olsen at the Municipal Center (314-587-2804) to request that your address be placed on the **“NO VISIT LIST”**. This list of addresses is distributed to all who receive a peddler/solicitor permit and they are warned that it is a trespass to go on those properties.

- The issuance of a City Permit is **NOT AN ENDORSEMENT**.
- Do not allow the solicitor inside of your residence.
- Do not give personal information, date of birth, social security number, etc.
- Be aware that one solicitor may try to distract you while another criminal commits a crime.
- If you feel uncomfortable talking with a solicitor, ask them to leave.
- Do not feel obligated to purchase any product or service.
- Remember, if a deal sounds too good to be true, it probably is.

If you come across an unregistered solicitor, solicitation after hours, or any suspicious people or activity, please contact the Town & Country Police Department at 314-737-4600 or 911 in an emergency. Please try to have specific information about the person and any vehicles that you observe.



# DRACE PARK LOG CABIN PROJECT GRANT APPROVED

The City of Town & Country has been awarded a grant from the Municipal Park Grant Commission of St. Louis County to rebuild in Drace Park the historic Oge Log cabin that was saved by the Town & Country Historical Society late last year from demolition. Included in the grant are funds to reconstruct the Oge log cabin and stone smoke house, construction of a new semicircular stone education area, and make much needed repairs to the existing Drace log cabin in the park. Educational information signs are also included.

The log cabin was enclosed in a house on Conway Road that was about to be torn down. The Historical Society raised \$12,000 from private donations to disassemble the cabin log by log and move them to Drace Park for future reconstruction. Similarly, the stones from the foundation and an adjoining smoke house were also moved to Drace Park. A number of Commission meetings and public workshops were held to determine exactly where to place the log cabin and smoke house in conjunction with the other two log cabins in the park. Discussions were held about what else to do with the other two log cabins to create an educational environment depicting what life was like in the 1850's.

The final decision by the Board of Alderman was to remove the 1950's addition to the existing Drace log cabin and restore it to what it was like in the 1850's. The Oge log cabin and smoke house will be reconstructed on a small knoll on the east side of the walk path around the park. The education area will be just across the walk from the playground. This will create an 1850's look on the south west corner of the park. Information signs will be added so visitors can read about the history of the log cabins. There will also be information posted about an 1850 era cemetery just down the road from the park.

The work should be finished by the fall of 2014. The Town & Country Historical Society plans on using volunteers to have the log cabins open at specific times for scheduled groups to include local schools. In conjunction with the city park staff, the log cabins will be open on some weekend dates for the general public to see inside them.

If you have any questions or want more information on the activities of the Town & Country Historical Society, please contact Skip Mange at 314-401-6129 or skip.mange@att.net.





## June 9-13

### FILM MAKING ANIMATION \$150 (Grades 2-4) 8:30-11:30

Description: Light, cameras, LEGO® action! Use LEGO® bricks to tell YOUR story, complete with music, special effects and all your favorite LEGO® mini-figure characters! In this unique and creative camp, students will plan, script, stage, shoot, and produce their own mini-movie using Stop Motion Animation. Working as a team, students will use LEGO® components to build the set and props, then shoot their movie using webcams/digital cameras. Teams will use movie-making software to add special effects, titles, credits and more. When the movie is complete, campers will impress friends and family with a screening party on the last day of camp. Don't miss your chance to be a movie producer!

### JR ROBOTICS \$150 (Grade 2-4) 12:00-3:00

Description: How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? Join us for this high energy and fun robotic engineering camp where campers will build a new robot each day while learning programming on powerful software including LEGO® WeDo and Scratch programming platforms. This is a great camp to introduce students to the world of programming. This fun, action packed week combines real-life skills with real-kid fun!

## July 7-11

### MINING & CRAFTING 2 (MINECRAFT®) \$110 (Grades 3-6) 8:30-11:30

Description: Steve is jumping for joy as he introduces the newest members of his Minecraft® world. Whether or not your child has attended our first camp, reward them with the creativity and excitement this new camp has to offer. Campers will be challenged to bring their virtual designs to life by building new mob figures, mosaics and custom models, incorporating LEGO® Bricks. So, are you ready for the challenge?

### ROBOTIC Design and Visual Programming \$150 (Grades 3-8) 12:00-3:00

Description: An awesome week of building with Lego Mindstorm NXT and the newly released LEGO® MINDSTORMS® Education EV3 Base Set and Software! Your team will be challenged to be robotic engineer designers throughout the week! Combining the versatility of the LEGO building system, the most sophisticated microcomputer brick ever made by LEGO and intuitive drag-and-drop EV3 software, this course will have you and your team engineering WICKED COOL robots and learning visual programming from day one.

## July 21-25

### NASA SPACE CAMP ADVENTURES \$110 (Grades 1-3) 8:30-11:30

Description: Inspired by NASA and Star Wars, our Space Adventures Camp is packed full of models that will make your imagination blast off! Each day, campers will learn about real-life space exploration and build models related to the NASA space program. In addition, the day includes LEGO® Star Wars themed models, group games, challenges and more. Space Adventure camp provides the spark for imagination and creativity to take off on an adventure that's out of this world!

### EPIC NINJAGO ADVENTURES \$110 (Grades 1-5) 12:00-3:00

Description: ARE YOU A BRAVE NINJA?? Join us for a week of EPIC ADVENTURES which will lead camper through a ninja battle between good and evil with NINJAGO EPIC BATTLES! Builders will be transported to a world filled with brave ninjas, mythical dragons and giant serpents, or sneak past Lord Garmadon and his minions-just to name a few of the NINJAGO EPIC ADVENTURES. Build your minifigures and enter the battles! This camp is filled with NINJAGO games and challenges including builds with LEGO® Bricks, motors and remotes.

## August 4-8

### MINING & CRAFTING 2 (MINECRAFT®) \$110 (Grades 3-6) 8:30-11:30

Description: Please see July 7-11 for description.

### ROBOTIC Design and Visual Programming \$150 (Grades 3-8) 12:00-3:00

Description: Please see July 7-11 for description.

*See Yoga Kids Camp on page 23.*

# THE ADVANCED CENTER OF EXCELLENCE (ACE) AND SAFETY HOUSE

The partnership of The City of Town & Country with West County EMS & Fire has an advantage to our citizens that may not be evident on the surface, but has life-saving benefits above and beyond the ordinary. In fact, it is an asset that is the only of its kind in North America.

Located behind West County's House 2 on Manchester, it is called The Advanced Center of Excellence (ACE) and Safety House. ACE is a state-of-the-art high-tech training facility for West County firefighters and paramedics, affording them a level of ongoing education and preparedness unmatched anywhere in the United States. Along with Safety House, an equally effective learning facility for teaching children and family safety in the home from residential fires, the citizens of Town & Country are privileged to have a level of fire suppression and emergency medical care that is the finest it can possibly be. For more information about Safety House, ACE and the benefits to Town & Country residents, go to [www.wescofire.org](http://www.wescofire.org), or call (636) 256 – 2009.



## WEST COUNTY EMS & FIRE'S GOOD NEIGHBOR POLICY

The City of Town & Country has worked hard to establish an outreach to its citizens in many realms, including the services of West County EMS & Fire. West County protects our citizens in cases of medical emergencies and fire suppression, but in addition to all that, West County offers a "good neighbor" policy which is meant to insure a constructive bonding and understanding between the residents of Town & Country and West County.

Group visits by organizations and families to West County's House 3 at 13443 Clayton Road are a regular occurrence. In some cases, birthday parties for children can also be scheduled.

Through its agreement with the City of Town & Country, West County EMS & Fire strives to provide a strong level of understanding to everyone they serve. This includes familiarity and a level of comfort with the personnel and equipment of the District. Please feel free to visit House 3 in Town & Country and get to know your firefighters and paramedics. For additional information please check out the West County web site at [www.wescofire.org](http://www.wescofire.org), or call their public information line at (636) 256 - 2009.



## Dedicate A TREE FOR MOTHER'S DAY OR FATHER'S DAY!

Do you need a special Mother's Day or Father's Day gift? Why not honor a parent with a tree in a Town & Country park? Trees gifts include a customized plaque to honor your special person. You can surprise your loved one by taking a family walk and revealing the personalized tree. The tree and plaque will outlast other gifts and you can watch it grow year after year! Tree donations are \$350 for a 2-inch caliper and \$700 for a premium tree. Call Anne Nixon for more information at 314-434-2128.



# MISSOURI BAPTIST MEDICAL CENTER COMMUNITY OUTREACH

*All programs are free and reservations are required. Please call 314-996-5433 for reservations and specific locations.*

## HEALTH SCREENINGS

### Cholesterol & Glucose Screenings at Your Neighborhood Dierbergs

Cardiologists recommend that you monitor your cholesterol and glucose on a regular basis. To make it easy, Missouri Baptist will provide FREE screenings in the pharmacy department at your neighborhood Dierbergs Markets. This screening is FREE and measures your glucose, total cholesterol and HDL. Fasting is not required – appointments are recommended.

- Dierbergs Wildwood Town Center, 2460 Taylor Rd – Wednesday, May 28, 1:30-5 p.m.
- Dierbergs Heritage Place, 12595 Olive Blvd. – Wednesday, June 11, 1:30-5 p.m.

### Skin Cancer Screening

Skin cancer is the most common form of cancer in the U.S. Early awareness and detection can make a difference. A dermatologist will perform a FREE skin cancer screening at this event. Appointments recommended.

Saturday, May 17, 9 a.m.-3 p.m.  
Missouri Baptist Cancer Center

## LUNCH AND LEARN

### Adult Hearing Loss: Know Your Options

Alexander Bien, MD, otolaryngologist

Do you often ask people to repeat themselves? Do people complain the TV is too loud? You're not alone. Nearly one in three people between the ages of 65 and 74 has some hearing loss. It can be frustrating and impacts our happiness and satisfaction. Join Dr. Bien for lunch and a discussion on how to better manage hearing loss as well as the causes, diagnosis and treatment options available. Box lunches will be provided.

Friday, April 11  
11 a.m.-noon and 12:15-1:15 p.m.  
Longview Farm, 13525 Clayton Road

### Over-the-Counter Medications Dos and Don'ts

Duane Wesche, RPh, registered pharmacist

Do you wonder how an over-the-counter medication interacts with a prescription medication? Are you confused about what vitamin supplements to take? The more you know about any medication you take, the better you can be sure you are taking it correctly. Join us for lunch and learn how some medications interact with others and how to prevent adverse drug interactions.

Monday, June 9, 11:30 a.m.-1 p.m.  
Longview Farm, 13525 Clayton Road

### OASIS PROGRAMS - Better Choices, Better Health-Diabetes®

OASIS Community Health Facilitators

Living with diabetes can present many challenges, such as knowing how and when to eat, living your life so you can avoid complications, and getting the support you want from family and friends. Developed and tested at Stanford University, a *Better Choices, Better Health®—Diabetes* workshop can help you:

- Understand how to eat with diabetes while still making it enjoyable
- Monitor and manage your blood sugar
- Start or maintain a regular exercise program
- Communicate better with family, friends, and your medical team
- Design your own self-management program

Anyone 18 years or older with type 2 diabetes can register for a workshop. This workshop is offered as part of research study conducted by Stanford University. The study is funded by the National

Council on Aging. Not all participants in the workshop will qualify for the study, but may take the workshop anyway. Light refreshments included. Two separate classes offered!

Kirkwood Community Center, 111 S. Geyer Road, Kirkwood, MO 63122

Thursday, Orientation: Apr 3, 1:00-2:00,  
Workshop: Apr 10-May 15, 1:00-3:30

Free, Sessions: 6

### Pressure Points: Managing Blood Pressure

Ever-changing guidelines, foods and medications all impact blood pressure. Join us for this fun and interactive course where you will learn blood pressure basics, get a chance to test drive some home measurement equipment and get the latest scoop on emerging blood pressure issues.

Monday, May 5 and May 12, 10 a.m.-noon  
Longview Farm, Free, Sessions: 2

### Fit for Function

Muscle weakness, loss of endurance and balance problems are not a natural part of aging. Learn about current research proving basic strength training can reverse age-related muscle loss and how physical activity helps to maintain function and independence. Experience this screening and presentation to learn what it means to be functionally fit and whether or not you pass the test based on national norms. This program and screening is specifically designed for those ages 60 and older.

Sessions: 1, Session Length: 2 hours  
Thursday, May 29, 1:00-3:00 p.m.  
Kirkwood Community Center, 111 S. Geyer Road, Kirkwood, MO 63122

## AARP Smart Driver Course

### Dennison Staub, AARP certified instructor

This four-hour training will help you tune up your driving skills, update your knowledge of the rules of the road, learn about normal age-related physical changes and ways to adjust for these changes and reduce traffic violations, crashes and chances for injuries. Some insurance companies also offer a discount to participants! Space is limited.

Town and Country Municipal Center, 1011 Municipal Center Drive  
Tuesday, May 13, 9 a.m.-1 p.m.

Fee: \$15 for AARP Members; \$20 for non-AARP members, payable to AARP the day of training.

Please call **314-996-5433** to register.

# Picnics In The Park!

## PAVILION RENTALS

The pavilions in Town & Country's parks make a great spot for any celebration, picnic or meeting! Book online at <https://apm.activecommunities.com/> or call 314-434-1215 for more information or to book over the phone with a credit card.

A circular black and white photograph showing a large pavilion with a peaked roof, situated in a park area with trees and a playground in the background.

### Longview Farm Park Pavilion

13525 Clayton Rd.

- Longview Farm Park Pavilion accommodates up to 50 people; \$50/4 hours.
- Features - Large grill, electric, on-site restrooms, playground, access to horse stable and paved trail.

A circular black and white photograph of a pavilion with a multi-tiered, conical roof, located in a park setting with trees and a playground.

### Drace Park Pavilion

2310 Cedar Valley Rd.

- Drace Park Pavilion accommodates up to 40 people; \$40/4 hours.
- Features - Grill, electric, on-site restrooms, and playground.

A circular black and white photograph of a large, open-sided pavilion with a flat roof supported by several brick pillars.

### Preservation/Cadet Park Pavilion

12625 N. Outer 40 Rd.

- Preservation Park Pavilion accommodates up to 30 people; \$30/4 hours.
- Features - Grill, electric, on-site restrooms, playground, access to chipped trail and sand volleyball court.

## SPRING & SUMMER FIELD USAGE – PRESERVATION PARK

To reserve a Spring/Summer field permit, contact Tony Kosciolek at [Kosciolek@cbchs.org](mailto:Kosciolek@cbchs.org) or 314-985-6046.



**SAVE THE DATE!**  
**FIRE & ICE - JUNE 21**  
*Taste of Town & Country,  
Live Music, and Fireworks!*  
More details to come on [www.town-and-country.org](http://www.town-and-country.org)  
and in the summer newsletter.

# Yoga Classes

## Yoga at Longview

Stretch, strengthen and center yourself in the beautiful setting of Longview Farm Park. This vinyasa yoga class is suitable to all levels. From the complete novice to an experienced yogi, this class will be tailored to accommodate multiple levels. This class will meet outdoors down by the lake. In cases of inclement weather, the class will meet inside the Longview Farm House.

Location: Longview Farm Park, 13525 Clayton Rd.

Tuesdays and Thursdays: 8-9 AM

Fee: \$15/class; \$60/5-class package; \$100/10-class package

Instructor: Sara Clem of Salveo Yoga

*To register on-line go to  
[Salveoyoga.com](http://Salveoyoga.com) and click on Store.*

## YogaKids Connect - Kids Yoga Nature Camp

Our summer camp provides a fun, creative, educational and enriching experience connecting kids to nature through yoga. Utilizing Longview Farm Park's inspirational setting your kids will enjoy practicing yoga outside while developing a love and respect for nature.

Each day kids will enjoy themed-based classes on an aspect of nature that incorporate movement, elements of music, ecology, anatomy and language. We will build confidence and cooperation through yoga games and partner poses. We will enjoy a daily, healthy snack followed by an art project that reflects the lesson of the day.

Date: June 16-19th

Time: 9:30 - 11:30am

Age: school age children K - 4th grade

Cost: \$90.00 per camper

Early Registration discount: \$75.00 per camper available until April 15th.

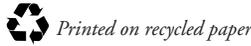
## Mason Ridge Garden Club Plant Sale

**Saturday, May 3, 9 AM - Noon**  
**Longview Farm Park**

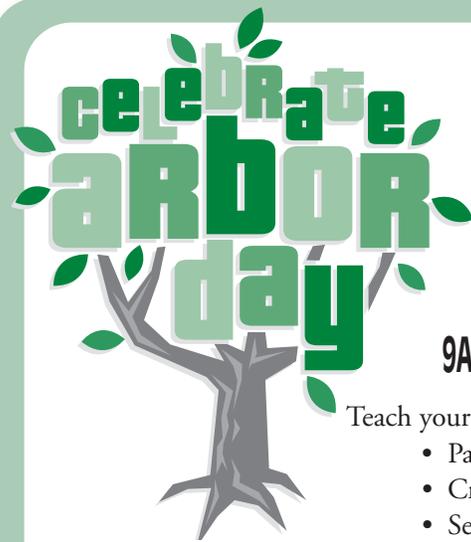
Mark your calendars for Mason Ridge Garden Club's Annual Plant Sale at Longview Farm Park. The sale begins at 9am (no early birds PLEASE!) and continues until noon. We will have plants from the Longview gardens, our own gardens and a selection of unusual annuals. Arrive early for the best selection! All proceeds directly benefit the Longview Gardens and St. Louis charities. Questions? Contact Claire Chosid at [Claire@chosid.us](mailto:Claire@chosid.us).



1011 Municipal Center Drive  
 Town & Country, MO 63131-1101  
 314-432-6606  
[www.town-and-country.org](http://www.town-and-country.org)



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**U.S. POSTAGE**  
**PAID**  
**ST. LOUIS, MO**  
**PERMIT NO. 4327**



# Arbor Day Celebration & Egg Hunt

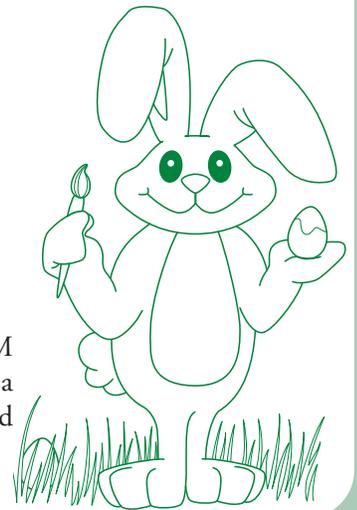


Saturday, April 12

9AM-Noon (Egg Hunt at Noon) • Longview Farm Park

Teach your children to embrace nature! Do your part for the planet!

- Participate in a nature scavenger hunt for all ages
  - Create a craft to take home
  - Select free seedling trees and shrubs to plant at home
- Bring a basket for the Egg Hunt! Registration for the Egg Hunt is on-site beginning at 11 AM and the hunt begins at Noon. Cost for the Egg Hunt is \$10/participant. The Egg Hunt is a fundraiser for Equine Assisted Therapy horses. The eggs are counted at the end of the hunt and exchanged for prizes, not candy!



**For more information contact Lindsey Hodge at 314-434-1215.**

**MAYOR JON DALTON**  
 12801 Tundra Court 63131  
 314-989-0270 • [mayor@town-and-country.org](mailto:mayor@town-and-country.org)

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