



Volume 26, Number 2  
Summer 2010

# Town & Country Times

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*The mission of the City of Town & Country is to maintain a hospitable environment for our residents and other stakeholders and to foster a "sense of community" among ourselves through the following values:*

*Integrity, Respect, Fiscal Responsibility, Safety and Security, Quality of Life, Community, and Excellence!*

# Five & Ice

SATURDAY, JUNE 26  
6 PM – 9:30 PM

**NEW LOCATION**

**TOWN & COUNTRY CROSSING**

**CLAYTON & WOODS MILL ROADS**

## SPONSORS

This year's celebration co-sponsored by our community partners:

**Mari de Villa**  
RETIREMENT COMMUNITY



Missouri Baptist  
MEDICAL CENTER  
IBM HealthCare

MARYVILLE  
UNIVERSITY  
ST. LOUIS

Coldwell Banker Gundaker  
Commerce Bank

John M. Millhouse CPA, LLC  
Refratechnik North America, Inc.  
T. Hill Construction, Inc.

Town & Country/Frontenac Chamber  
of Commerce

Town & Country Crossing

Town & Country Symphony Orchestra

Waste Management

Wellbridge Athletic Club & Spa

West Country Fire & EMS

Yavitz Insurance Agency, Inc.

## EVENTS

### SCHEDULE OF FUN EVENTS

6-7:00PM Town & Country Symphony

6-9:00PM Taste of Town & Country

6-9:00PM Clowns and bouncy fun

7-9:30PM Ralph Butler Band

At Dark FABULOUS FIREWORKS

Check out the back cover for all of the details. ➔

# TOWN & COUNTRY – GET INVOLVED AND HAVE FUN!



There are so many honors associated with serving as mayor of our city. The opportunity to manage the establishment of policies and procedures that help us thrive as a community, ensure we have a safe place to live and raise our families, and otherwise assist residents whenever possible are just some of the things I enjoy most about my public service. As mayor, I also have the privilege to participate in many regional, community and neighborhood events, and without exception, I leave feeling as though I have gained more from each experience than I gave. From representing our city in the Metro Mayors organization to attending local ribbon-cutting ceremonies, I take great pride in being associated with our wonderful community--the City of Town & Country.

Recently, I had the privilege of being the guest speaker at the 2010 Fifth Grade Celebration for Mason Ridge Elementary School. In addition to being an exceptional school within the

Parkway School District, Mason Ridge is a central focal point of our city, both geographically and figuratively. Of course, it is also the alma mater of all three



of my children, who were given a great start to their academic careers there. In any event, just prior to my taking the stage, the new principal of Mason Ridge, Mr. Michael Schmerold, approached me and explained that as someone new to Town & Country, he was interested in becoming more involved in the



community. He asked if we could meet some time soon at city hall to discuss the matter. Needless to say, I was thrilled by his objective. In fact, I was so taken by Principal Schmerold's interest, that I incorporated our conversation into my remarks after congratulating the fifth graders on achieving their important milestone. I told them that as young members of our community, they should always take pride in who they are,

where they are from and what they choose to do in life. One of the best ways I know to express that pride is to get involved in civic and community affairs, since such involvement allows a person to become part of something bigger than him/herself. To accentuate the point, I invited each member of the fifth grade class to meet with me at city hall any day, and I would visit with them about ways to become more active in the community. They seemed enthusiastic about the offer, but I know that they were quite excited about many things that day, and that true civic pride takes years to develop.



Having said that, the point remains that everyone--no matter the age, experience, skill set or background--adds value to a team effort by joining in and participating to the best of his or her abilities. Over the last five years, people have heard me



speak often of a growing sense of community in Town & Country. Continuing this progress remains one of my highest priorities, and I believe we have much to celebrate in our successes. While Town & Country provides many opportunities for our community to come together, the addition of one new volunteer on a city commission, one new restaurant in our “Taste of Town & Country”, one new neighborhood in our “National Night Out”, or one new participant in the Garden Tour, Earth Day Celebration or the Fall Festival makes Town & Country a better place.



adding incrementally. For example, our Fire & Ice celebration has been regarded as quite a success for years. To improve upon that success, we have preserved the essential elements of the event while adding features designed to appeal to a variety of our community members--first, the children’s play area, then the “Taste of Town & Country”, and now we are considering a neighborhood parade for next year. Similarly, for every new participant on one of our city commissions or task forces, new ideas, energy and enthusiasm are injected into the community. It is because of this expanding level of participation that the city is able to host events like the Fishing Derby, the Holiday Boutique, the Easter Egg



A significant reason for the success of this “rule of one” principle is that it is aligned with our overall approach to community service in Town & Country. Specifically, when the core product is built on a solid foundation, with good values based on experience, tradition and planning, then in order to advance, one should only do so by protecting the base and



Hunt (which we co-hosted with Equine Assisted Therapy) and more. Public works projects, such as the Clayton Road refurbishment and trail, and city services, such as fire and emergency medical service, are all improved through citizen input and participation.





So much for the “involvement” piece--so when does the “fun” part start you ask! Well, for the answer to that question, I must direct you to the team of scouts who located a collection point for their annual “Scouting for Food” operation at the Town & Country Fire House, or to the Green Team members who launched the first “community garden”, on the Principia Campus, or to those who ran off their extra Thanksgiving servings at our annual Turkey Trot. When friends and neighbors join together with a collaborative spirit of community betterment, a good time is assured. Being part of the solution not only generates basic human satisfaction but a sense of instant gratification, as well! In all of my years of serving our city in a public capacity, I have never once been



approached by a volunteer who said, “Thanks, but no thanks for getting me involved.”

I encourage you to visit our website at [www.town-and-country.org](http://www.town-and-country.org) and think about getting involved in some of the many things going on in our community. Then, just give me a call or drop me an email, and I’ll help get you started. There has been a great spirit flowing in Town & Country over the last few years, and just like Principal Schmerold, and the fifth grade class at Mason Ridge, I invite everyone to grab hold of that spirit and get involved - you are bound to have a great time!



As spring turns into summer, please accept my very best wishes as you enjoy the season with friends, family and, hopefully, a new-found group of Town & Country volunteers!

Take care,

Jonathan F. Dalton  
Mayor

# NEWLY ELECTED OFFICIALS

Al Gerber is the newly elected Alderman from Ward 2. At the April 26th Board of Aldermen meeting, Alderman Gerber joined re-elected Aldermen Nancy Avioli, Steve Fons and Phil Behnen on the dais for swearing-in by the City Clerk. The City welcomes Al Gerber and congratulates all newly elected officials.

At the May 10th Board of Aldermen meeting, the Board members unanimously elected Ward 2 Alderman Tim Welby as the Board's "Acting President" through April 2011. Pursuant to City ordinance, the Acting President serves a one-year term and performs the duties of Mayor during his/her absence. This election is held annually and there are no term limits. Prior to this, Alderman Meyland-Smith served as Acting President for the past two years. Congratulations to Alderman Welby!



## CLAYTON ROAD IMPROVEMENTS

In April, the Board of Aldermen formally accepted approximately \$1.8 million dollars from the Federal Highway Administration for improvements to Clayton Road from Oak Springs Lane to the eastern City Limits near Bopp Road. This is the second of a two phase project which will resurface Clayton Road from Highway 141 to our eastern boundary, as well as provide a pedestrian link for the entire length. With a total of \$3.6 million dollars from the federal government and a \$250,000 consideration provided by St. Louis County, the City will be responsible for only \$650,000 (14.5%) of the total programmed cost of \$5.4 million.

CDG Engineers was selected to provide professional services for the project. They and their subcontractor Kowelman Engineering have already begun some of the preliminary surveying work. They will be working in and around the Clayton Road right-of-way developing topography and boundary surveys through the months of June and July. In the coming months, the city will contact all of the affected property owners as well as host an open house for all residents to review the project scope. If you have any questions about the project or some of the individual work that is being completed, please contact the Department of Public Works at [wildecj@town-and-country.org](mailto:wildecj@town-and-country.org) or 314-587-2824.



## Fall Branch Pick-Up Program being Evaluated

In the past, the City of Town & Country has provided an annual fall branch pick-up program for all residential properties occurring in the months of September and October. Previously, this was funded solely through the City budget at no additional cost to the residents utilizing this service. Everyone is affected with unsteady economic times, including the City of Town & Country. At the time the 2010 budget was being considered, many City programs were evaluated for both value and need. One of the numerous items investigated was the possible elimination of the fall branch pick-up.

Currently, the Public Works & Storm Water Commission and the Board of Aldermen are evaluating a means of providing a scaled down version of this service to the residents. As in past years, a mailing will be made detailing the program and its new parameters. Residents are welcome to provide input regarding the program development by contacting the Department of Public Works at [wildecj@town-and-country.org](mailto:wildecj@town-and-country.org) or 314-587-2824.

## IN MEMORIAM

### DIANE SCHWARTZ.

The City of Town & Country lost a lovely lady and great friend and neighbor when Diane Schwartz passed away in March. Diane made Town & Country her home for 38 years and was a valued member of the City's Conservation Commission since 1997. Diane's contributions to the City were abundant and heartfelt. She will be dearly missed by all.

### VON MORSE

Von Morse, a former Alderman, passed away in May. In 1992, when Town & Country's boundaries were expanded, and a 4th ward was added, Von Morse was appointed as Alderman from the new Ward IV. Von Morse served the City as Alderman from 1992 to 1995. The City extends condolences to his family.

# ATTENTION:

# Town & Country Residents and Businesses

**Did You Know?** The City of Town & Country receives its Fire and Emergency Medical Services from West County EMS & Fire Protection District through a contractual arrangement. This service arrangement has been in place continuously since December 1, 1983 by way of renegotiated five-year contracts. The current agreement terminates December 31, 2011; however, the City must serve notice to the Fire District of its intention to discontinue receiving services from the District by December 31, 2010 if it is the City's desire to pursue other service delivery options.

In order to make the best decision on this matter, Mayor Jon Dalton established a Fire & Emergency Medical Services Ad Hoc Committee. The Committee's charge is to make a recommendation to the Board of Aldermen regarding the future of the current service arrangement as well as alternatives.

Below is a survey to gather quality of service feedback regarding Fire and Emergency Medical Service provided within Town & Country. The Fire & Emergency Medical Services Ad Hoc Committee will study, analyze and take into account all of the information received through this survey.

Please take a few minutes to answer the survey questions and return your response by July 15. In order to make it most convenient for responses to be submitted, four options for returning responses are being offered.

1. By mail - simply tear on the perforated line and mail back the answer section to Fire & EMS Survey, 1011 Municipal Center Drive, Town & Country, MO 63131.
2. By Internet survey - click on the Fire & EMS survey link on the "In the News" column on the City's homepage at [www.town-and-country.org](http://www.town-and-country.org).
3. By phone - please call 314-991-1435 (select option 2) to verbally leave a message with your answers to the survey questions listed below.
4. By email - please send an email message to [FireEMSSurvey@town-and-country.org](mailto:FireEMSSurvey@town-and-country.org) with your answers to the survey questions listed below.

**Thank you for your time in completing this survey. Your insight is invaluable.**

## TOWN & COUNTRY FIRE AND EMS SURVEY

1. Within the past five years, have you ever personally received emergency fire or EMS assistance in Town and Country?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please specify whether you received assistance from fire, EMS or both types of emergency responders and the year in which the service was received. \_\_\_\_\_

2. Considering your personal experience, if any, please rate your overall satisfaction with the quality of assistance given to you (including professionalism, response times and quality of medical and other care).

Very satisfied \_\_\_\_\_  
 Neutral \_\_\_\_\_  
 Unsatisfied \_\_\_\_\_  
 No experience/no opinion \_\_\_\_\_

3. If you would like to provide additional comments regarding the Town and Country emergency response services, please feel free to do so here. \_\_\_\_\_

If you would like to receive a follow-up call regarding your responses above, please provide your name and phone number here.

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## ATTENTION LOCAL ARTISANS AND CRAFTERS

The Town and Country Community Relations Commission  
is seeking talented artisans and crafters to participate in the second annual



### TOWN & COUNTRY TALENTS AND TREASURES HOLIDAY BOUTIQUE



Saturday, November 13  
Longview Farm House

For more information, please contact Mary Olsen at  
OlsenM@Town-and-Country.org or 314-587-2804

## CITY RECEIVES TREE GRANT



In early 2010, the City received a \$10,000 grant from the Forestry Division of the Missouri Department of Conservation through their Tree Resource Improvement and Maintenance (TRIM) Program to complete an inventory of street trees along City maintained roadways. Davey Resource Group visually assessed in excess of 2700 healthy trees, potential planting sites and hazardous conditions covering approximately half of our City infrastructure. The Department of Public Works had already completed this process for the first half of the City in 2009.

During the analysis completed by Davey Resource Group all varieties and sizes of street trees were evaluated for health and appearance. Individual trees were prioritized for various treatments which will insure their long term health. The Department of Public Works will utilize this information in concert with Custom Tree and Lawn Service to provide proper pruning and maintenance in over 300 identified locations intended to eliminate potential hazards to the driving public.

All providers of these services to the City are required to have certified arborists on staff to insure the highest level of service. Every effort is made to treat the trees in a manner that promotes their long-term health and aesthetic value to your neighborhoods. A copy of the report is available for viewing in the Development Office at the Town & Country Municipal Center. Please contact Craig Wilde at 314-587-2824 to schedule an appointment.

## New Businesses in Town & Country

**Associated Internists**  
3009 N. Ballas Road

**Details Women's Boutique**  
161 Lamp & Lantern Village

**Eugene's Custard**  
1138 Town & Country Crossing Drive

**John Richards Boutique**  
262 Lamp & Lantern Village

**Lafayette and Associates Surveying Services**  
763 S. New Ballas

**Life's Little Celebrations**  
263 Lamp & Lantern Village

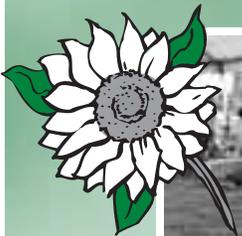
**Spaah Services**  
14377 Woodlake Dr.

**Terrell & Thompson Financial**  
540 Maryville Centre Dr., Ste. 340

# FUN AT SPRING EVENTS



What a beautiful spring we had for events in Town & Country! Arbor Day and the Fishing Derby at Longview Farm Park and Earth Day at Town & Country Crossing were all great community celebrations where many happy times were shared.







# CELEBRATE TOWN & COUNTRY NIGHT OUT ON THURSDAY, SEPTEMBER 2

National Night Out will once again be celebrated by neighborhoods all across the country in August, but we will commemorate the event in Town and Country on Thursday, September 2. The goals of Town and Country Night Out are to foster partnerships between members of the community and our police and fire organizations and to acknowledge the many residents and neighborhoods who are taking an active role in promoting safe neighborhoods.

Between 6 and 8 pm on September 2 residents are encouraged to meet and socialize with their neighbors. During this time, Town & Country Police Officers, members from the West County EMS and Fire Protection District, and Town & Country Elected Officials will visit as many "block parties" as possible.

The Town & Country Police Department encourages you to organize residents to get together either at a neighbor's home or in a safe location in your neighborhood. Ideas for different activities

during National Night Out may be found at the National Night Out web site at [www.nationaltownwatch.org](http://www.nationaltownwatch.org).

For additional information or to register a National Night Out neighborhood gathering, please contact Officer Chris Hunt at 314-587-2868 or by email at [huntc@town-and-country.org](mailto:huntc@town-and-country.org).

We look forward to seeing you during Town and Country Night Out on Thursday, September 2!



## POLICE DEPARTMENT EMPLOYEE NEWS

### Danny Palmer Joins the Police Department

Danny Palmer started with the Town & Country Police Department on May 3rd...again. Danny was with our Police Department from 2003 to 2007, and left to pursue a career in the private security and intelligence industry. His desire to serve the community never subsided so he rejoined his fellow officers to once again protect and serve the citizens of Town & Country. In fact, Danny never went very far, having served in a part-time capacity for the past two years.



## T&C POLICE DEPARTMENT'S FITNESS PROGRAM GAINS NATIONAL RECOGNITION



The summer 2008 issue of the TIMES highlighted the Police Department's fitness program, which began in 1992. Their 18 years of experience and efforts to keep officers "fit for duty" were recently recognized in the national law enforcement management magazine, *Law & Order* (April 2010). In 1992, Chief Skip Del Mar, Jr. (ret.) sent an

officer to the Cooper Institute for Aerobics Research in Dallas to be certified as a law enforcement fitness instructor and to set up a "fit" program. Since its inception, two other officers have also been certified at the Institute who have carried on the program. Town and Country officers have also taught fit for duty classes at the St. Louis County & Municipal Police Academy, and also are members of the Academy's fitness subcommittee. Their lessons learned are now being shared throughout the nation.

### Shannon Woolsey Receives Masters Degree

Police Officer Shannon Woolsey received her Master of Science in Criminal Justice from the University of Central Missouri, completing her last class in May. Juggling shift work, a family and attending class is a great challenge, and Shannon persevered! Shannon has been with the Police Department for nine years.



# CAR HOPPING

In 2009, 41 percent of the 136 reported thefts involved items stolen from vehicles. The vast majority of those thefts occurred during the overnight hours from unlocked vehicles parked in driveways in residential neighborhoods.

These thefts are opportunistic crimes. Last year we arrested over a dozen different suspects who were involved in these incidents. Their background ranged from high school students from West County and college prep schools to gang members from other parts of the metro area. But the thieves have this in common: they walk up and down city streets and driveways looking for unlocked cars. When they do find an unlocked vehicle they simply open the door and take whatever is of value.

Ninety-five percent of these crimes can be eliminated if residents do several things:

1. LOCK the doors of your vehicle. If you do not, suspects not only have access to your vehicle, but if your garage door opener is in the vehicle they now have access to your house.

2. Never leave wallets, money, purses, briefcases, cell phones, laptop computers or other valuables in your vehicle.

3. Never leave your garage door open. In one burglary last year the suspects slid under the small opening left for the dog or cat.

4. Report suspicious persons or vehicles to the Police Department as soon as possible by dialing **911** or **(314) 432-1000**.

Officer Chris Hunt can perform a residential security survey of your home and identify any potential security deficiencies present. These surveys are free of charge and can provide the homeowner with a great deal of prevention information that will protect your family and your home.

If you are interested in a residential security survey, please contact Officer Hunt at 314-587-2868 or by email: [huntc@town-and-country.org](mailto:huntc@town-and-country.org).

## Officer Awards

On March 7th, at 4:42 am officers from the Town & Country Police Department responded to a report of suspicious persons in a driveway on Babler Road, who were apparently attempting to steal from parked vehicles. Responding officers established a roving perimeter in an attempt to locate the subjects. Officer John Nienhaus also responded with night vision equipment to aid in the search. Shortly thereafter Officer Jordan Fowle observed a subject hiding along Ladue Road and he quickly took him into custody, recovering a bicycle that had been stolen from a nearby neighborhood earlier that morning. A second subject was identified and taken into custody within the hour.

The coordination, teamwork and initiative demonstrated in this incident resulted in the clearance of several cases, the recovery and return of stolen property, and the prevention of future crimes.

Sergeant John Flanagan, Corporal Chris Moore, and Officers John Nienhaus, Jordan Fowle, Mark Luetkemeyer and Ronnie Nicoletti received the Chief's Award of Excellence for their actions. They illustrated the collective commitment of the employees of the Police Department to provide an exemplary level of service and protection to our community.



*Sergeant John Flanagan*

*Corporal Chris Moore*

*Officer John Nienhaus*

*Officer Jordan Fowle*

*Officer Mark Luetkemeyer*

*Officer Ronnie Nicoletti*



# Parks and Recreation

## Preservation / Cadet Park Field Lottery

Tuesday, July 13, 2010, 4 PM  
At the Longview Farm House  
13525 Clayton Rd.

*Please Note-New Time-New Location*

It's field lottery time! Permit applications are available at the Municipal Center or on the City's web site [www.town-and-country.org](http://www.town-and-country.org). Click on "Forms and Applications" on the left, then "Parks and Recreation."

### Field Permit Times

- The CBC practice schedule is set first. The times not used by CBC are available for field permits.
- One field for one, 2-hour time slot can be reserved on a weekly basis.

### Fields

- Two soccer fields, one football field and one half football field are available. The football fields may be used for soccer, but there will be no goals.

### Resident Status

- At least one player or coach of each team must be a resident of Town & Country or Creve Coeur. A recent utility bill verifying player or coach residency must be brought to the lottery and accompany each application. One permit application per utility bill. The parent/coach team representative at the lottery does not need to be a resident. One team representative per permit application.



### Lottery Procedures

- Each team with a parent/coach representative present AND a resident utility bill of any team member may submit one application for Lottery "A." Sport organizations/clubs may submit a maximum of 5 permit applications in Lottery "A".
- After Lottery "A" is complete, a Lottery "B" may be held if there are time slots available. Each team representative will be allowed to submit one additional permit application for Lottery "B."

### Fees

- \$150 maintenance fee per season for each field permit.
- Cash or checks accepted.
- Address maintenance fee checks to "CBC High School."
- All organized teams MUST present their valid permit upon request.
- Field Status Hotline: (314) 991-1435



## Principia Work Days & Community Service Days

*M*r. Hoff's second grade class met at Longview Farm Park, on a beautiful spring day to plant Missouri Native Wildflowers. Students & parents alike helped to plant purple coneflower, wild ginger, and Phlox on a piece of land that was recently cleared of honeysuckle. In addition to the help with planting, Matt Broderick, the Parks Maintenance Technician, gave students information on these

native flowers and the important role they play in our ecosystem. A few days later, Principia High School students teamed up to plant some native trees and shrubs at Longview Farm Park for Community Service Days. Thank you to the Principia students and parents to your commitment to keeping our Parks beautiful!



### SAVE THE DATE



**Fall Festival**  
**Saturday, October 23**  
**9 am – Noon**  
**Longview Farm Park**

Fun for the whole family! Plan to attend. More details will be in the Fall Town & Country Times.

For more information,  
 call Lindsey Hodge at 314-434-1215.

### SAVE THE DATE



**Impressions of**  
**Town & Country**  
**Plein Air Art Competition**  
**Saturday, October 23**  
**Longview Farm Park**

Registration 8 AM – 9 AM  
 Judging 4:30 PM

For more information,  
 call Lindsey Hodge at 314-434-1215.

# Missouri Baptist Medical Center Community Outreach

All programs are free-of-charge and reservations are required. Please call  
314-996-5433 for reservations and specific locations.

## FREE Health Screenings

### ***Cholesterol & Glucose Screenings at Your Neighborhood Dierbergs***

Cardiologists recommend that you monitor your cholesterol and glucose on a regular basis. To make it easy, Missouri Baptist will provide FREE screenings in the pharmacy department at your neighborhood Dierbergs Markets. This screening is FREE and measures your glucose, total cholesterol and HDL. No fasting is required – appointments are recommended.

- JULY, Dierbergs Warson Woods – Wednesday, July 28, 3-6 p.m.
- AUGUST, Dierbergs Manchester – Wednesday, August 25, 3-6 p.m.

### ***Prostate Cancer Screening***

Prostate cancer is the second leading cause of cancer deaths in males, but early detection can make a difference. This FREE screening provided by Missouri Baptist, Fox 2 and Urology Consultants, Ltd. includes a prostate-specific antigen (PSA) blood test and digital rectal exam. Please take advantage of this screening, if you are a man age 50 or over (age 40 or over for African Americans), have a family history of prostate cancer or have not been diagnosed or treated for prostate cancer. Advance registration and appointment times are required.

Saturday, September 25, 8 a.m. – 12 noon  
Missouri Baptist Cancer Center

### ***Bone Density Screening***

Osteoporosis affects approximately 8 million women in the U.S. This FREE bone density screening can help determine your risk for osteoporosis. This screening is only available to post-menopausal women, who are not currently being treated for the disease. Appointments are recommended.

Tuesday, Sept. 28, 4-7 p.m.  
Missouri Baptist Outpatient Center-Sunset Hills  
3844 South Lindbergh Blvd. (South of I-44 and Watson Road)

## Physician Presentations

### ***Spotlight on Shingles - Lunch and Learn***

Shingles can be very painful and can cause serious health complications. About half of the nearly one million shingles cases in the U.S. each year, occur in people 60 years of age and older. Making informed decisions about your health starts with knowing your risk and having the facts. Box lunch provided.

Tuesday, Aug. 10, 11:30 a.m.-1 p.m.

Longview Farm House, 13525 Clayton Road

### ***The Fallout: Coping with Sinus Problems in the Fall - Lunch and Learn***

Andrew Gold, MD, internal medicine and allergy specialist

Many people attribute sinus problems to the spring, however, fall is also a major time of difficulty for sinus sufferers. Mold, weed allergens and the use of heating systems can trigger sinus problems for many people. Join Dr. Gold for lunch and a discussion about the causes of sinus problems, effective treatments, and how you can prevent them before they start. Box lunch provided.

Tuesday, Sept. 14, 11:30 a.m.-1 p.m.

Longview Farm House, 13525 Clayton Road

### ***Medication Matters***

Duane Wesche, RPh

Vitamins, supplements, over-the-counter drugs and prescription medications all interact with one another – increasing potential side effects and affecting the way they work. Join us and learn more about medication management, including drug interactions, foods to avoid or include, and herbal and vitamin supplements.

Wednesday, Aug. 11, 10-11 a.m.

The Hallmark 542, 1 New Ballas Place

### ***Every Second Counts with Stroke Treatment***

Joseph Bierne, MD, emergency medicine

David Rengachary, MD, neurologist

With a stroke, you essentially have a four-and-one-half-hour window before risking irreparable damage to the brain. Time lost is brain lost. Therefore, every second counts. Recognize the warning signs and you could save someone's life or maybe even your own. Join our panel of medical experts as they discuss the importance of emergency medical treatment, how to diagnose stroke, various treatment options and the rehabilitation process. Attendees also will receive blood pressure readings. Refreshments will be served.

The Hilton St. Louis Frontenac, 1335 South Lindbergh Boulevard

Sponsored by the Missouri Baptist Medical Center Auxiliary and the Missouri Baptist's Community Advisory Board.

## **AARP DRIVERS SAFETY COURSE**



Instructor: Mike Callahan

This four-hour training will help you tune up your driving skills, update your knowledge of the rules of the road, learn about normal age-related physical changes and ways to adjust for these changes and reduce traffic violations, crashes and chances for injuries. Some insurance companies also offer a discount to participants.

Thursday, Aug. 26, 9 a.m.-1 p.m.

Town and Country Municipal Center, 1011 Municipal Center Drive

Fee: \$12 for AARP Members, \$14 for non-AARP members payable to the instructor the day of training.



## NEIGHBORHOOD NEWS

If you have news to share, let us know. We will be featuring small articles about exciting activities involving our residents in the **NEIGHBORHOOD NEWS** column. Send your news and photos to Mary Olsen at [olsenm@town-and-country.org](mailto:olsenm@town-and-country.org), and we will print as space allows.

### Mason Valley Egg Hunt

The weather cooperated for the Annual Mason Valley Spring Egg Hunt on Saturday, April 3, and a good time was had by all.



## Resident Loree Rowe is inducted into Missouri S&T Women's Hall of Fame



Town and Country resident **Loree Rowe** has been recognized by the University of Missouri Science & Technology (formerly University of Missouri Rolla) as one of three 2010 Inductees into the Missouri S&T Women's Hall of Fame. The Missouri S&T Women's Leadership Institute (WLI) selects the recipients in recognition of their career achievements and for being an outstanding alumna and representative of the University.

For over twenty years the 2010 Inductee Loree Rowe, along with two others, has supported the Women's Math/Science Network, a program that reaches out to girls in middle school and high school to encourage them to seek scientific and technical educations. Induction ceremonies occur as part of the March Women's History Month. The history of the Women's S&T Hall of Fame can be found at the URL: <http://wli.mst.edu>.

Loree and her husband, Rodney Rowe, a Public Works & Stormwater Commission member, have two sons, Tyler, currently a sophomore at Missouri State University in Springfield, MO and Garrett, currently a sophomore at Parkway West High School. Loree received a B.S. in Engineering Management in 1984 and an M.S. in Engineering Management in 1990 and is currently employed as a Supplier Program Manager at the Boeing Company.



## Flower Show – September 8 – At Longview Farm Park



Four Winds Garden Club, a member of the Federated Garden Clubs of Missouri and National Garden Clubs, Inc. is presenting a:

**Standard Flower Show**  
**Wednesday, September 8, 2010**  
**Noon to 5:00 PM**  
**Longview Farm Park House**  
**13525 Clayton Road**

This year's theme is "Ice Cream Social." Though no ice cream will be available, the colors of ice cream will predominate. This is a great opportunity to view creative flower designs following the theme of "Ice Cream Social" as well as horticultural specimens and educational exhibits. The event is free and open to the public. For additional information please contact Roni Pidgeon at 636-227-4693.

# WHOLE FOODS EVENTS

## Saturday, June 19 - Father's Day

1 - 4:00 pm, Free

Come celebrate Father's Day with us! We'll be grilling outside on the sidewalk sampling some of our delicious meats, seafood and produce items. Every department in the store will be serving up something special for dads, so feel free to come in and let us pamper you for a day! You definitely deserve it!

## Saturday, June 26 - Happy Birthday Whole Foods Market - Town & Country!

11 a.m. - 4:00 pm, Free

Whole Foods Market Town & Country is 2 years old! Can you believe it? Time has certainly flown by, but we are definitely ready to celebrate. Please join us for a party that will knock your socks off and bring a ton of fun into your life! The festivities begin at 11 a.m. when Paul Vandivort will host a puppet show for the kids in our cafe. Please come out to support this amazing puppeteer and feel free to stay for lunch in our café. Then, from 1 to 4:00 p.m. Hot Club Caravan will be in our café performing their elegant gypsy jazz. And don't leave without striking a pose for Goodeye Photos. They will be taking pictures of anyone interested from 1 to 4:00 p.m.

## Saturday, July 3 - Celebrate the 4th of July holiday

1 - 4:00 pm, Free

We'll be sampling products in our store that are perfect for your holiday meals! Plus, we are going to have a summer fashion show featuring organic and sustainable clothing. The cotton industry literally uses tons of pesticides, so come see some of the healthier

options for our planet earth and for you! And...what's the 4th of July holiday without music? We are going to be featuring some live music in our store with some of our talented team members!

## Saturday, July 24 - Gluten Free Tasting Event!

1 - 4:00 pm, Free

If you or someone you know are trying to live a gluten free lifestyle, or you just want to reduce the amount of wheat and gluten you eat, then this is the event for you. Maya Bradstreet, gluten free expert and chef will be on hand to answer any of your questions as will Dr. Dave Peterson, D.C.. Dave is a local chiropractor who is living gluten free and will be able to provide guidance to help you maneuver through a gluten free life. The Crohn's & Colitis Foundation and the Bi-State Celiac Support Group will also be joining us as well as some of our gluten free local vendors. It will be a great opportunity to see that eliminating gluten from your diet isn't as hard as it used to be and there are now many healthy and great tasting alternatives to choose from.

## Saturday, August 14 - Back 2 School Event

1 - 4:00 pm, Free

Need help in figuring out what to pack in your child's lunch box? Need some suggestions for healthy alternatives that taste good? Then let us help you navigate through some of these decisions. We'll be sampling products that are healthy, convenient and sure to please the taste buds of your children. Sample your way through the store and bring the kids along to get their feedback too. St. Louis Children's Hospital, the Monteverdi Conservation League, and other kid related organizations will be partnering with us, and some local students will be performing music in our cafe.

## HAPPY 50TH ANNIVERSARY MARI DE VILLA

## Mari de Villa

Our good neighbors at Mari de Villa recently celebrated a big milestone – 50 years of providing excellent care, service and a place to call home for senior residents. In 1960, CEO and founder Georgana Linneman, and her late husband, Joseph, opened the first retirement center in Missouri when they welcomed their first resident at Mari de Villa. The first day was quite a memorable occasion in which Joseph actually had to carry the first guest into the facility due to a snowstorm. Fred and Mary Kay Wiesehan, as president and vice-president, respectively, continue to offer the same loving care that has made Mari de Villa a landmark in Town & Country. The City offers best wishes for continued success to Mari de Villa!



*Mari de Villa President Fred Wiesehan, CEO/Founder Georgana Linneman, Vice-President Mary Kay Wiesehan, Mayor Jon Dalton and City Administrator/Police Chief John Copeland*



*Mayor Dalton, John Copeland and Fred Wiesehan*

# SAINT LOUIS COUNTY RECYCLES

Here's What You Can Now Recycle Curbside!



## RESIDENTIAL CONTAINERS

Look for the recycling symbol on the bottom of plastic containers. #1, 2, 3, 4, 5 and 7 are acceptable (everything except #6).



**♻️ PLASTIC RESIN**  
Soda, water,  
mouthwash,  
ketchup and salad  
dressing bottles



**♻️ CLEAR PLASTIC**  
Milk and juice jugs



**♻️ COLORED  
PLASTIC RESIN**  
Detergent, fabric  
softener, shampoo and  
cosmetic containers



**♻️ PLASTIC RESIN**  
Narrow neck  
containers, health and  
beauty aid products,  
household cleaners



**♻️ PLASTIC RESIN**  
Squeezable  
packaging and  
grocery containers



**♻️ PLASTIC RESIN**  
Containers for  
yogurt, cottage  
cheese, margarine,  
etc.



**♻️ PLASTIC RESIN**  
Narrow neck  
containers



Steel and tin cans



Milk and juice  
cartons, juice boxes  
(even ones with  
caps and lids)



Plastic buckets  
(5-gallon size  
maximum)



Clean aluminum  
cans, foil, pie pans,  
and food trays



Glass bottles and jars  
of any color.  
No window glass,  
mirrors, dinnerware  
or ceramics

**NO plastic bags of any kind should be placed in your curbside cart.**

## RESIDENTIAL PAPER PRODUCTS



Newspaper,  
including inserts  
(remove plastic  
sleeves)



Cardboard



Kraft bags  
(brown paper bags)



Office, computer,  
notebook, and gift  
wrap paper



Carrier stock  
(soda and beer can  
carrying cases)



Junk mail  
and envelopes  
(even with plastic  
windows)



Chipboard  
(cereal, cake and  
food mix boxes,  
gift boxes, etc.)



Paperback books  
(no hardcover  
books)



Magazines, catalogs,  
and telephone  
books

### NOTES

1. Please rinse containers.
2. Caps, lids, and labels are okay.
3. No containers for motor oil, insecticide, herbicide, or hazardous chemicals.
4. No plastic bags of any kind. (Return shopping bags to the store.)
5. No #6 plastics (Styrofoam™, polystyrene).
6. No paper towels, tissues or wipes.

REDUCE • REUSE • RECYCLE!  
**GO GREEN!**

Saint Louis  
**COUNTY**  
HEALTH

## GREEN IS A POPULAR COLOR



Green is a very popular color these days, especially when talking about your home. Many builders and remodelers claim to build green. What does that mean? Light green means they focus on relatively easy (yet important!) steps such as installing

Energy Star rated windows, lights and appliances. Dark green means a builder or remodeling contractor chooses to go down a more rigorous path to insure a home is environmentally friendly, sustainable, more efficient, more durable and provides better indoor air quality. At this level special attention is paid to the home's exterior shell (the thermal envelope) and making sure it is tight so air can not flow freely into or out of the home. This air sealing is done through a thorough caulk and seal package prior to insulation, using upgraded insulation and by properly sizing and installing highly efficient heating and cooling equipment.

The following questions will help give you insight into a contractor's definition of green – Asking the right questions will help you find the right builder or remodeler which fits your definition of green.

### To what shade of green do they build?

Ask for specifics and have them thoroughly explain their answer. A Green Home is just that, a home with green features. A Verified Green Home has been inspected according to a pre-determined checklist. An independent third party analyzes the checklist details and rates the home, giving verification that the home has achieved the Green Building Requirements.

### Can they build a Verified Green Home?

Verification is completed through three well known sources; the National Association of Home Builders program, the **Green Building Initiative**, the United State's Department of Energy program, **Energy Star** or the United States Green Building Council program, **LEED for Homes**. Completion of any of these verification programs means a home has met strict standards for green construction.

### What experience do they have building verified green homes?

The National Association of Home Builders offers a Certified Green Professional designation, while the United States Green Building Council offers LEED accreditation. Builders and remodelers must commit to several hours of continuing education and pass competency tests to earn these designations and accreditations.

## CITY RECEIVES LIGHTING GRANT

The Missouri Department of Natural Resources' Energize Missouri Communities has offered \$246,873 in grant awards to 15 communities in St. Louis County for energy efficient lighting upgrades at their municipal facilities. The City of Town & Country will receive \$14,200 in incentives and rebates for the replacement of ballasts, bulbs and fixtures as well as the installation of motion sensors.

Funded by the American Recovery and Reinvestment Act of 2009, Energize Missouri Communities offered a total of \$11.3 million in grant awards throughout Missouri. The Recovery Act provides significant funding to assist communities and counties with projects that meet specific program goals to reduce energy use, create and retain jobs, and reduce fossil fuel emissions.

Early estimates show that 105 jobs will be created as a result of Energize Missouri Communities funding. Completion of the funded projects will save Missouri communities and counties

more than 47.7 million kilowatt-hours of energy per year and reduce CO2 emissions by 11,657 tons, the equivalent of removing 2,022 cars from the roads.



# MEETINGS & EVENTS

*\*All meetings subject to change*

## JUNE 2010

DATE	DAY	TIME	MEETING (LOCATION)
Jun 15	Tue	7:00PM	Police Commission (Municipal Center)
Jun 17	Thu	7:00PM	Court (Municipal Center)
Jun 21	Mon	6:00PM	Board of Adjustment (Municipal Center)
Jun 21	Mon	6:30PM	Parks & Trails Commission (Longview Farm)
Jun 23	Wed	7:00PM	Planning & Zoning Commission Staff Review (Municipal Center)
Jun 23	Wed	7:30PM	Planning & Zoning Commission Regular Meeting (Municipal Center)
Jun 25	Fri	7:30AM	Finance Commission (Municipal Center)
Jun 26	Sat	6:00PM	FIRE & ICE –NEW LOCATION-TOWN & COUNTRY CROSSING
Jun 28	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Jun 28	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)

## JULY 2010

DATE	DAY	TIME	MEETING (LOCATION)
Jul 1	Thu	7:00PM	Court (Municipal Center)
Jul 5	Mon	HOLIDAY	CITY OFFICES CLOSED
Jul 6	Tue	6:30PM	Conservation Commission (Longview Farm)
Jul 8	Thu	7:00PM	Community Relations Commission (Longview Farm)
Jul 12	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Jul 12	Mon	4:30PM	Architectural Review Board (Municipal Center)
Jul 12	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Jul 12	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Jul 13	Tue	4:00PM	PRESERVATION/CBC PARK FIELD LOTTERY (Longview Farm)
Jul 15	Thu	7:00PM	Court (Municipal Center)
Jul 19	Mon	6:00PM	Board of Adjustment (Municipal Center)
Jul 19	Mon	6:30PM	Parks & Trails Commission (Longview Farm)
Jul 20	Tue	7:00PM	Police Commission (Municipal Center)
Jul 26	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Jul 26	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Jul 28	Wed	7:00PM	Planning & Zoning Commission-Staff Review (Municipal Center)
Jul 28	Wed	7:30PM	Planning & Zoning Commission Regular Meeting (Municipal Center)

## AUGUST 2010

DATE	DAY	TIME	MEETING (LOCATION)
Aug 3	Tue	6:30PM	Conservation Commission (Longview Farm)
Aug 5	Thu	7:00PM	Court (Municipal Center)
Aug 9	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Aug 9	Mon	4:30PM	Architectural Review Board (Municipal Center)
Aug 9	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)

Aug 9	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Aug 12	Thu	7:00PM	Community Relations Commission (Longview Farm)
Aug 16	Mon	6:00PM	Board of Adjustment (Municipal Center)
Aug 16	Mon	6:30PM	Parks & Trails Commission (Longview Farm)
Aug 17	Tue	7:00PM	Police Commission (Municipal Center)
Aug 19	Thu	7:00PM	Court (Municipal Center)
Aug 23	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Aug 23	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Aug 25	Wed	7:00PM	Planning & Zoning Commission-Staff Review (Municipal Center)
Aug 25	Wed	7:30PM	Planning & Zoning Commission Regular Meeting (Municipal Center)

## SEPTEMBER 2010

DATE	DAY	TIME	MEETING (LOCATION)
Sep 2	Thu	6:00 PM	TOWN & COUNTRY NIGHT OUT
Sep 6	Mon	HOLIDAY	CITY OFFICES CLOSED
Sep 7	Tue	7:00PM	Conservation Commission (Longview Farm)
Sep 9	Thu	7:00PM	Court (Municipal Center)
Sep 9	Thu	7:00PM	Community Relations Commission (Longview Farm)
Sep 13	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Sep 13	Mon	4:30PM	Architectural Review Board (Municipal Center)
Sep 13	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Sep 13	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Sep 20	Mon	6:00PM	Board of Adjustment (Municipal Center)
Sep 20	Mon	6:30PM	Parks & Trails Commission (Longview Farm)
Sep 21	Tue	7:00PM	Police Commission (Municipal Center)
Sep 22	Wed	7:00PM	Planning & Zoning Commission-Staff Review (Municipal Center)
Sep 22	Wed	7:30PM	Planning & Zoning Commission Regular Meeting (Municipal Center)
Sep 23	Thu	7:00PM	Court (Municipal Center)
Sep 27	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Sep 27	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)

## COMMUNITY EVENTS

DATE	DAY	TIME	MEETING (LOCATION)
Jul 14	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)
Aug 11	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)
Sep 8	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)



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 Town & Country, MO 63131-1101  
 314-432-6606  
 www.town-and-country.org

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# Fire & Ice

**NEW  
 LOCATION**

Our fabulous, annual, summer party will be in a beautiful, new location this year. Please be sure to mark your calendars for **Saturday, June 26, 6:00pm at Town & Country Crossing** for the coolest party in town.

**WHERE:** Town & Country Crossing - at the intersection of Clayton Road and Woods Mill Road. After enjoying many years of Fire & Ice at the Westminster Christian Academy grounds, this year the school grounds will be under construction, and therefore, unavailable. While looking for a new venue, the good people of Town & Country Crossing offered to host the Fire & Ice festivities on the grassy area on the southwest side of Town & Country Crossing. Follow the clearly-marked flagged entrance road at the western edge of the center. A convenient drop-off area will be available at this location for those wishing to limit their walking.

**WHAT TO BRING:** The event area features the topography of a natural amphitheater, so blankets will be more suitable than lawn chairs. Also, tennis shoes are more suitable than high heels. There is no need to carry a cooler around the site this year! The Taste of Town & Country will be staged on a level area of the property, and will be serving food, wine and beer.

**PARKING:** Parking will be available in the Town & Country Crossing shopping center. The Town & Country Police Department will be on site directing traffic.

**TASTE OF  
 TOWN & COUNTRY  
 FOOD & DRINKS FROM  
 YOUR FAVORITE TOWN &  
 COUNTRY RESTAURANTS  
 NEW THIS YEAR -** The Taste of Town & Country will be expanded, allowing for easy purchase of food, beer and wine. The “tastes” and drinks will be available for \$2, \$3, \$4, and \$5 - cash only please.

**THANKS TO OUR GENEROUS EVENT SPONSORS, FIRE & ICE IS FREE TO THE PUBLIC!**

**MAYOR JON DALTON**  
 12801 Tundra Court 63131  
 314-989-0270 • mayor@town-and-country.org

<p><b>WARD 1</b>  <b>LYNN WRIGHT</b>          2478 White Stable Road          63131 314-993-5850          wrightlh@town-and-country.org</p> <p><b>NANCY MARSHALL AVIOLI</b>          835 Town &amp; Country Estates Dr.          63141 314-753-9833          aviolinm@town-and-country.org</p>	<p><b>WARD 2</b>  <b>TIM WELBY</b>          1856 Nettlecreek Dr.          63131 314-966-8751          welbytj@town-and-country.org</p> <p><b>AL GERBER</b>          13482 Mason Village Court          63131 314-576-5152          gerbera@town-and-country.org</p>	<p><b>WARD 3</b>  <b>STEVE FONS</b>          5 Summerhill Lane          63017 314-434-1113          fonsr@town-and-country.org</p> <p><b>FRED MEYLAND-SMITH</b>          1032 Woodfield Estates Dr.          63017 314-878-0220          meylandsmithf@town-and-country.org</p>	<p><b>WARD 4</b>  <b>PHIL BEHNNEN</b>          322 Sunway Lane          63141 314-323-4728          behnenpj@town-and-country.org</p> <p><b>DAVID A. KARNEY</b>          13303 Treetop View Court          63141 314-439-1700          karneyda@town-and-country.org</p>
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