

# TOWN & COUNTRY TIMES

Volume 24, Number 4 WINTER 2008

www.town-and-country.org

*Town & Country Community Spirit All Year Long!*  
We are committed to enhancing the sense of community throughout Town & Country with programs that bring us together.

نعمتكم  
Hope You Enjoy!



## IN THIS ISSUE

Mayor's Message .....2-4  
Candidate filing .....5  
25th anniversary for PD .....5  
Winter Weather Awareness.....6

Bring on the Snow.....6  
Reminder to lock your car.....7  
Missouri Baptist Medical Center class schedule .....8  
Longview Farm House ribbon cutting.....9

Parks & Recreation .....12-13  
Neighborhood News ..14-15  
Calendar of Events .....17  
Green Pages .....18-19

## A Year-end Reflection on the Good Things in Town & Country



**H**aving just celebrated a very special Thanksgiving, complete with our son coming home from college, and already looking forward to the upcoming holidays, I find myself taking stock of the many aspects of life in Town & Country that make me feel grateful and proud. In fact, I think it is important that each one of us take a moment on occasion to remember how lucky we are to be a part of such a wonderful city abounding with so many assets and attributes. Following are just a few of the things for which I am thankful:

*I am thankful for the collective wisdom and shared values of our citizenry.*

For the past year or so, I have worked with a subcommittee of the Planning and Zoning Commission on our City's Comprehensive Plan. This is a document that we update every ten years or so, and it



reflects our vision of the future development of our city. Just as I discussed in my last Mayor's Message regarding our commitment to collaborative and cooperative governance, the subcommittee working on this important project has done a magnificent job thinking through the fundamental principles that should direct our city now and in the future in terms of land use and development. For this deliberative task force, and the goals and objectives they represent, I am very thankful. Where else in our metropolitan region and beyond has there been such a consistent commitment to one-acre minimum residential lot zoning and the safeguarding of open and green space? We should all be grateful that our city's founding fathers and mothers had the foresight to ensure Town & Country's natural assets would be preserved and protected by these guiding principles to this day.

*In this uncertain economy, I am very thankful for our city government's strong history of fiscal responsibility and careful planning.*

During my tenure as Mayor, I have annually submitted and the Board of Alderman has passed a balanced budget. This record of conservative finance is particularly noteworthy given that we have set our property tax levy rate at zero each year. Naturally, with limited revenue sources, it is especially important to analyze the impact of every spending decision and insure that all opportunities to reduce costs and eliminate waste are maximized. To this end, at City Hall, we operate with great efficiency, stretching our public funds as far as possible. In addition, for nearly five years, our General Fund has been protected by a "budget reserve requirement", which in essence, prohibits the Board of Aldermen from approving an annual budget that does not include a reserve account equaling 25% of the projected expenses for the next fiscal year. Finally, as part of the planning and development process in Town & Country, I am thankful for the manner in which we have fostered a business and economic climate that is the envy of many. So despite the bleak and stormy economic

climate at large, Town & Country residents can feel proud and secure that prudent financial planning and conservative city operations will continue to maintain a strong fiscal position for our city.



*Little of the foregoing would exist without the daily support and untiring efforts of the talented professional staff at City Hall (our Municipal Center) and Police Department.*

I am proud to lead this dedicated team and thankful for the service it extends to our residents each and every day. Our staff, both civil and law enforcement, is among the best in the business and well-recognized as such throughout the region. Without a doubt, their commitment to excellence in serving us all ensures our sense of safety and security. We also claim the men and women of West County Fire and EMS among our valued community assets. Since 1983, this fine organization has served our citizens and protected our physical assets under a contract that remains extraordinarily advantageous to the city. By engaging West County Fire and EMS in the manner in which we do, our residents receive top-flight fire and emergency medical services, without incurring the substantial costs of staffing and equipping our own fire department. Having been personally treated and transported by the well-trained and responsive



professionals of West County Fire and EMS following a nearly fatal accident in my own backyard six years ago, I am very thankful they are adopted members of our public service team in Town & Country. They did an outstanding job rescuing me then, and they do a great

job for our city every day.

*Speaking of those adopted into our civil service family, I am also thankful for the strong team of contract vendors that support our city in untold ways.*

Like our fire and emergency medical service, we find it financially advantageous to contract out most of our public works and related services such as road repairs and trash service. While our friends on Roclare Avenue may be slow to agree (as they patiently await the completion of a seemingly never-ending project), I hope you share my appreciation for the many public infrastructure improvements that have occurred over the last few years in Town & Country. From

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continued from page 2



an expanding network of sidewalks to over \$11 million in improvements at Clayton and 141, we have all benefited from public works projects that have improved our quality of life.

Although some of the vendors serving our community may remain unknown to us, many are as much a part of the fabric of our town as our full-time employees. A well-publicized example of this may be found with our solid waste and recycling service friends at Sanders Hauling. This company has been a trusted business partner for many years, providing an uncommonly high level of service to us, and deserving our continued recognition and thanks. They, too, are part of our community, and we are glad they are here.

*Town & Country is also blessed to be the home of such nationally recognized institutions as Bellerive Country Club, the Missouri Athletic Club, Missouri Baptist Medical Center, The Principia, Maryville University, Mason Ridge Elementary School, Churchill School, CBC High School, Visitation Academy and many more.*

I am so thankful for these organizations and the operations behind them as they raise our quality of life and help us attract and retain the best in Town & Country. Bellerive has played host to the golfing world on multiple occasions,



generating world-class spectator events for our citizens and substantial economic activity for our city and region. The Missouri Athletic Club is a turn-of-the-century establishment in downtown St. Louis with a very vibrant family



and fitness-oriented facility in Town & Country. From activities around the squash, racquetball, tennis or basketball courts, to the pool and extensive work-out rooms, friends from across the entire metropolitan area gather together at this facility. The educational

institutions in Town & Country are similarly top-notch and bring both a level of learning and vibrancy to our community that is second to none. These are just a few examples of the many organizations and establishments that are woven into the fabric of Town & Country and serve to improve our standard of living and maintain our property values at the highest possible levels.

*Our local treasures have given us much to be thankful for this year, as well.*



Our city's beauty is heightened by its three parks--Preservation Park, Drace Park and Longview Farm Park. Each offers certain essential amenities including walking trails, pavilions, playgrounds and restroom facilities, in addition to showcasing its own unique features. For example, Preservation Park is ideal for the sports-minded resident, with its tennis courts, sand volleyball courts and athletic fields, while Drace Park's historic log cabins and native landscaping remind us of our city's origins. Our crown jewel, Longview Farm Park, not only provides horse stables, a fishing lake, and tennis courts, but the newly renovated and reopened Longview Farm House adds yet another exciting asset that will become the site of community gatherings for many years to come. In addition, although much has already been written about our new Town & Country Crossing development, as I visit other shopping centers, I am constantly reminded what a dynamic and unique concept we have here. Moreover, once the attached luxury villa housing component is developed, this lifestyle center and its positive impact on our community will be enhanced even further.



*On the less tangible side, I am so thankful for and proud of the elevated sense of community and communication we have developed in Town & Country in recent years.*

New community events, such as our annual Turkey Trot and even this newsletter, The Town & Country Times, have brought us closer



continued on page 4

continued from page 3



together as friends and neighbors. On November 28, in only its second year, the Turkey Trot attracted over 130 adult participants who enjoyed a beautiful morning to run in the 5k race, with proceeds going to benefit the Police Charity Fund. Scores of children joyfully ran in the kids' race, which took place shortly thereafter. Everyone was treated to refreshments in our wonderful, newly renovated Longview Farm House, where we could relax together and celebrate the day's events. While challenging to describe in words, we all know the value and sensation of a warm and deep connection to one's community. Whether you call it civic pride or hometown spirit, this sense of community is on the rise in Town & Country. It is an intangible, but valuable, element that emanates throughout our neighborhoods, parks, commercial centers and special events. It cannot be bought or built, it must be nurtured over time, and I am so thankful that our sense of community has grown stronger than ever.

*I am so proud and grateful for the legions of volunteers that serve this community through our many commissions.*

As I have reported previously, I am also grateful for the substantial effort that was made to evaluate and reform all of our commissions to ensure that the proper structure was in place to allow members to fulfill their obligations and discharge their duties to Town & Country while making sure the



experience was as rewarding for the volunteer as it was valuable for the city. With the establishment of the Green Team this year, we are likely to institute another commission (or a reformatted PHASE Commission) to

launch the initiatives outlined in our "GreenPrint for Action", and I look forward to the good work this commission will accomplish in the years ahead. I am sincerely indebted to the many talented and dedicated members of all of Town & Country's commissions for the

valuable contributions they continue to make to the effective operations of our city.

*During a year of challenging issues that have not readily been resolved due to their complex nature and longstanding presence, I have been grateful for the tremendous confidence and patience our citizens have demonstrated in our city and its elected officials in awaiting a viable solution to these significant matters.*

One such issue, the management of deer over-population in our community, has required the steadfast attention and commitment of the hardworking Aldermen who comprise the Deer Task Force. They have been charged with the arduous task of making a recommendation to the Board of Aldermen as to how Town & Country should move forward on this significant public safety issue (which spans much of west county), but not before they have deciphered extensive data from a host of sources such as our town hall meetings, resident surveys, the deer management experts forum, and detailed research previously compiled by numerous sources, including interested residents, professional organizations, and the Missouri Department of Conservation. In short, I have appreciated not only the tireless efforts of our elected officials and city staff on this important matter, but the incredible support our community has given them as we all try to arrive at the most humane and effective method for addressing this difficult dilemma.

Although this list is far from comprehensive, I hope it conveys my gratitude and pride not just as Mayor but as a resident of our city for the many aspects of life in Town & Country that make it such a special place. I hope you, too, will take time this holiday season to enjoy our city's gifts, and as the new year approaches, look forward to continuing our work together to make Town & Country an even better place to live, work and grow.

On behalf of my family and all of my fellow staff at City Hall, I wish you all the peace and blessings of this beautiful holiday season.

All the best,

Jonathan F. Dalton  
Mayor

## CANDIDATE FILING OPENS FOR APRIL 2009 MUNICIPAL ELECTION



The municipal election for a four year term to the office of Mayor and a two year term to the office of Alderman, Ward 1; Alderman, Ward 2; Alderman, Ward 3; and Alderman, Ward 4; will be held on **Tuesday, April 7, 2009**. Residents wishing to file for candidacy may do so in the office of the City Clerk beginning at **8:00 a.m. on Tuesday, December 16, 2008 through 5:00 p.m. on Tuesday, January 20, 2009**.

Qualifications for Mayor include being at least twenty-five years of age, a citizen of the United States and a resident of the City at the time of and at least one year preceding his/her election. Qualifications for alderman include being at least twenty-one years of age, a citizen of the United States, a resident of the City at the time of and at least for one year preceding the election and a resident of the ward from which he/she is elected.

For additional information, please visit the City's website at [www.town-and-country.org](http://www.town-and-country.org) or contact the City Clerk, Pamela Burdt at 432-6606, Ext. 110.



## Attention Gardening Enthusiasts

*Ann Barron, President  
Town & Country Garden Club*

The City of Town & Country in conjunction with the Town & Country Garden Club would like to announce plans for a garden tour. The City hopes that Town & Country residents will volunteer to display their gardens so it can select several for the tour. Plans are to have a variety of gardens, that could include a large garden, a moderate sized garden, a small garden of particular horticultural interest, and a garden that demonstrates the enjoyment and pleasure found in gardening. No garden is too large or too small! Deadline for Entries is April 1, 2009.

*Save the Date for June 13, 2009*

**Contact: Mary Olsen at 314-432-6606 or by e-mail at [olsenm@town-and-country.org](mailto:olsenm@town-and-country.org)**

Please be watching for further details in the spring issue of the Town & Country Times.

## Happy 25 Years!



*John Copeland*



*John Nienhaus*



*Dan Wagener*



*Joe Larrabee*

Twenty-five years ago the Town & Country Department of Public Safety became the Town & Country Police Department. On November 28, 1983 six new police officers entered the doorways of the old City Hall and began their crash course in an orientation to Town & Country. A few days later they hit the streets...complete

with a map book and a mobile radio. Of those six officers that began 25 years ago, three are still employed - **Chief John Copeland, Corporal Dan Wagener** and **Officer John Nienhaus**. It should also be noted that **Sergeant Joe Larrabee** began his career as a public safety officer in the Village in 1979 and is still serving the City.

## Can you find them in the photo taken on November 28, 1983?



## WINTER WEATHER AWARENESS

Living in the Midwest brings about one certainty in life - dealing with winter weather. Carefully following the tips and information we have provided for you may save your life.

### Be Prepared Before the Storm Strikes and Have the Following Items Readily Available

- Flashlight and extra batteries.
- Battery-powered NOAA Weather Radio and portable radio to receive emergency information. These may be your only links to the outside.
- Extra food and water. High energy food, such as dried fruit or candy, and food requiring no cooking or refrigeration is best.
- Extra medicine and baby items.
- First-aid supplies.
- Heating fuel. Fuel carriers may not reach you for days after a severe winter storm.
- Emergency heating source, such as a fireplace, wood stove, space heater, etc. Learn to use these items properly to prevent a fire. Have proper ventilation.
- Fire extinguisher and smoke detector. Test units regularly to ensure they are working properly.

- Carry a Winter Storm Survival Kit: Blankets/sleeping bags; flashlight with extra batteries; first-aid kit; knife; high-calorie, non-perishable food; extra clothing to keep dry; a large empty can and plastic cover with tissues and paper towels for sanitary purposes; a smaller can and water-proof matches to melt snow for drinking water; sack of sand (or cat litter); shovel; windshield scraper and brush; tool kit; tow rope; booster cables; water container; compass and road maps.
- Fully check and winterize your vehicle before the winter season begins. Keep your gas tank near full.
- Try not to travel alone.
- Let someone know your timetable and primary and alternate routes.
- For more information, visit [http://sema.dps.mo.gov/winter\\_awareness.htm](http://sema.dps.mo.gov/winter_awareness.htm)



Officer Nicholas arrives at an accident at T&T and 104.



BRING ON THE SNOW  
WE'RE READY

The Public Works Department is ready for the first snow of winter! For the 2008/2009 winter season, the City has contracted with Custom Tree and Lawn, Inc. and T. Hill Contracting to plow and salt the major roads and residential streets in Town and Country during snows this winter. Our Public Works staff will supervise the contracted operation very closely.

Snow removal is scheduled and prioritized to complete the major roads first and then the local residential streets. Steep hills and intersections are given high priority.

There are steps that residents can take in helping to insure that snow may be cleared from streets as thoroughly and as quickly as possible:

When bad weather is forecasted, please do not park your car on the street.

Trustees should see that horse barricades are removed from private

streets during winter months, and gates placed in the open position when it starts snowing.

Stay clear of the snow removal equipment. Give trucks ample room by remaining at least 100 feet back when following them.

Please report extra slick areas on streets, or heavy snow that may have drifted in your area to the Police Department at 314-432-1000.

Following are suggestions on what you can do to help yourself when the snow falls:

Keep a shovel, a bag of sand and a blanket in your car during the winter months.

Also, please allow more time to reach your destination while driving slower on icy roads.

## DO YOU KNOW . . . .



1. WHAT YEAR WAS THE PRESENT MUNICIPAL CENTER BUILDING COMPLETED?
2. WHEN WAS THE GROUNDBREAKING FOR THE NEW LONGVIEW FARM HOUSE RENOVATION?
3. HOW LONG HAS CHIEF OF POLICE JOHN COPELAND BEEN EMPLOYED BY THE CITY?

*Answers found on page 9*

## REMINDER:

### LOCK YOUR CARS

As reported in a recent edition of the Town and Country Times, thefts from parked vehicles continue to occur in our neighborhoods. Thieves walk up and down city streets and driveways looking for unlocked cars - a practice commonly known as "Car Hopping." When they do find an unlocked car they simply open the door and take whatever is of value. In most cases they are only in the vehicle for a few seconds. **THESE THEFTS ARE COMPLETELY PREVENTABLE.** In late October, "opportunists" targeted the same vehicle twice in one week. In the first theft a suit case was stolen. They came back a week later and took a laptop out of the same unlocked vehicle.

The Police Department offers the following crime prevention tips that can help reduce or eliminate these crimes and protect you and your personal property:

1. Remember to lock your car and home doors at ALL times.
2. Never leave your garage door open overnight or for an extended period of time when you are not around...yes, that's called GARAGE HOPPING!
3. Never leave wallets, money, purses, briefcases, cell phones, laptop computers or other valuables in your vehicle.
4. Report suspicious persons or vehicles to the Police Department as soon as possible by dialing **911** or **(314) 432-1000**

Officer Chris Hunt can perform a residential security survey of your home and identify any potential security deficiencies present. These surveys are free of charge and can provide the homeowner with a great deal of prevention information that will protect your family and your home.

If you are interested in a residential security survey, please contact Officer Hunt at 314-432-4696 or by email: [huntc@town-and-country.org](mailto:huntc@town-and-country.org).

## KNOCK-KNOCK WHO'S THERE? A PEDDLER OR SOLICITOR

One of the most frequent calls for service the police department receives is for complaints regarding solicitors or peddlers.

Any individual or group wishing to sell products or services in the City must first obtain a permit from City Hall. Once the permit is issued, solicitors must abide by certain regulations set forth by ordinance, including permitted solicitation times of 9:00 AM until sunset and the display of a valid solicitation permit issued by the City of Town and Country.

The City has limited ability to prohibit peddlers or solicitors from their commercial or charitable activities due to First Amendment protections. However, there are a few things that you can do to help yourself:

#### *Some Helpful Reminders When Dealing With Solicitors*

- Post a "No Soliciting" sign if you desire privacy. Door decals are available at City Hall.
- Contact City Hall (314-432-6606) and request that your address be placed on the "NO VISIT LIST". This list of addresses is distributed to all who receive a peddler/solicitor permit and are warned that it is a trespass to go on those properties.
- The issuance of a City Permit is NOT AN ENDORSEMENT
- Do not allow the solicitor inside of your residence
- Do not give personal information, date of birth, social security number, etc.,
- Be aware that one solicitor may try to distract you while another criminal commits a crime
- If you feel uncomfortable talking with a solicitor, ask them to leave
- Do not feel obligated to purchase any product or service
- Remember, if a deal sounds too good to be true, it probably is

If you come across an unregistered solicitor, solicitation after hours, or any suspicious people or activity, please contact the Town & Country Police Department at 314-432-1000 or 911 in an emergency. Please try to have specific information about the person and any vehicles that you observe.

#### Definitions (City Code 610):

**CANVASSER (NO PERMIT REQUIRED):** A person who attempts to make personal contact with a resident at his/her residence without prior specific invitation or appointment from the resident for the primary purpose of:

1. Attempting to enlist support for or against a particular religion, philosophy, ideology, political party, issue or candidate, even if incidental to such purpose the canvasser accepts the donation of money for or against such cause, or
2. Distributing a handbill or flyer advertising a non-commercial event or service.

**PEDDLER (PERMIT REQUIRED):** A person who attempts to make personal contact with a resident at his/her residence without prior specific invitation or appointment from the resident for the primary purpose of attempting to sell a good or service. A "peddler" does not include a person who distributes handbills or flyers for a commercial purpose, advertising an event, activity, good or service that is offered to the resident for purchase at a location away from the residence or at a time different from the time of visit. Such a person is a "solicitor".

**SOLICITOR (PERMIT REQUIRED):** A person who attempts to make contact with a resident at his/her residence in person or by distributing handbills or flyers without prior specific invitation or appointment from the resident for the primary purpose of:

1. Attempting to obtain a donation to a particular patriotic, philanthropic, social service, welfare, benevolent, educational, civic, fraternal, charitable, political or religious purpose, even if incidental to such purpose there is the sale of some good or service, or
2. Distributing a handbill or flyer advertising a commercial event or service. (Ord. No. 2763 §1, 10-29-02; Ord. No. 3239 §1, 5-31-07)



**FREE Community Health Lectures: Missouri Baptist Medical Center**

**Free Brunch and Learn Lectures:**

**Friday, Feb. 13 – Brunch and Learn**

Why do members of some families live longer than others? What influence does lifestyle verses genetics have on aging? Find out ways to stay physically and emotionally healthy, as well as independent as we grow older when Jain Poonam, MD, internal medicine, presents “Staying Healthy and Independent” from 10 to 11:30 a.m. Missouri Baptist Medical Center, 3015 N. Ballas Road, Nursing Institute, Room 100. To register, call 314-996-5433, toll-free 1-800-392-0936 or visit [www.missouribaptist.org](http://www.missouribaptist.org) and click on community programs/wellness events and classes.

**Tuesday, Mar. 17 – Brunch and Learn**

Have you heard yet another health claim about this or that vitamin or herbal supplement? Are you confused about which ones offer health benefits and which merely give false promises? Join Claudia Humphrey, RD, registered dietitian, in “Vitamins and Herbs: To Take or Not to Take from 10 to 11:30 a.m. Learn more about how vitamins and supplements, including vitamin D, can benefit you. Become a savvy supplement shopper and make choices that enhance your health. Missouri Baptist Medical Center’s auditorium, 3015 N. Ballas Road. To register, call 314-996-5433, toll-free 1-800-392-0936 or visit [www.missouribaptist.org](http://www.missouribaptist.org) and click on community programs/wellness events and classes.

**Free Cholesterol Screenings:**

Because we care about your heart health, Missouri Baptist and Dierbergs Pharmacy will provide cholesterol screenings at your neighborhood Dierbergs Markets. This screening is FREE and will measure your total cholesterol and HDL (good cholesterol). Fasting is not required - advance appointments are recommended. Call 314-996-LIFE (314-996-5433) to register:

**Thursday, Jan. 22, 10 a.m.-1:30 p.m.**

Dierbergs Telegraph

**Wednesday, Jan. 28, 3-6 p.m.**

Dierbergs Manchester

**Thursday, Feb. 12, 10 a.m.-1:30 p.m.**

Dierbergs Brentwood Pointe

**Wednesday, Feb. 18, 1:30-5 p.m.**

Dierbergs Fenton

**Thursday, Mar. 19, 1:30-5 p.m.**

Dierbergs 94 Crossing

**Wednesday, Mar. 25, 10 a.m.-1:30 p.m.**

Dierbergs West Oak

**Free Heart Health Event:**

**Saturday, Feb. 7 - Heart of the Family**

With heart disease claiming another victim every 26 seconds in the United States, Missouri Baptist Medical Center is making American Heart Month a family affair. On Saturday, Feb. 7, from 9 a.m. to 1 p.m., bring the entire family – from the youngest to the oldest member – to enjoy children’s entertainment with Babaloo; participate in FREE cholesterol (total cholesterol and HDL – no fasting required) and blood pressure screenings; Taste-a-Rama for adults and one for children; cooking demonstrations including a surprise celebrity appearance; hear physician tips concerning new treatments and ways to reduce your risk; see interactive educational exhibits in the St. Louis Children’s Hospital at Missouri Baptist unit; participate in guided tours of Missouri Baptist Heart Center’s cardiac catheterization lab, open-heart surgery suite and more. Parents are encouraged to bring children, teens, young adults and grandparents to this day of discovery, fun and entertainment because heart health affects the entire family. Register early by calling 314-996-LIFE or toll-free 1-800-392-0936. Register also the day of the event at the West and Building D entrances of Missouri Baptist Medical Center, 3015 N. Ballas Road. For more information visit [www.missouribaptist.org](http://www.missouribaptist.org).

**Free Community Health Lectures:**

**Wednesday, Feb. 25 - Doctor It Hurts! What Can We Do About It?**

Everyone experiences pain at some point in their life. Pain can be acute or chronic, mild or severe and usually indicates something is wrong. Join Anthony Margherita, MD, pain management, from 6:30 to 8 p.m. as he focuses on muscle, joint pain and pain associated with neuropathy and identifying the best treatment plan. Missouri Baptist Medical Center, 3015 N. Ballas Road, Central Nursing Institute, Room 100. To register, call 314-996-5433, toll-free 1-800-392-0936 or visit [www.missouribaptist.org](http://www.missouribaptist.org) and click on community programs/wellness events and classes.

**Wednesday, Mar. 18 - Understanding Irritable Bowel Syndrome**

Irritable bowel syndrome affects up to 15 percent of the population, making it one of the most common disorders diagnosed by physicians. Its symptoms can seriously impact your ability to work and enjoy leisure

activities. Join Dr. Walden, MD, gastroenterologist, from 6:30 to 8 p.m. as he explains the diagnosis and treatment of IBS. Plus, Claudia Humphrey, RD, registered dietitian, will be available to answer questions regarding how certain foods can impact IBS. Missouri Baptist Medical Center, 3015 N. Ballas Road, Nursing Institute, Room 100. To register, call 314-996-5433, toll-free 1-800-392-0936 or visit [www.missouribaptist.org](http://www.missouribaptist.org) and click on community programs/wellness events and classes.

**Thursday, Mar. 26 - Hearing Loss in Older Adults: A Quality of Life Concern**

Hearing loss affects individuals of all ages and is the third most common chronic, yet treatable health problem in older Americans. It can be frustrating and embarrassing and negatively impact our happiness and satisfaction in life. Join Dr. Benecke, MD, otolaryngologist, from 6:30 to 8 p.m. as he discusses the causes, diagnosis and treatment options to help make daily activities easier and more enjoyable. Missouri Baptist Medical Center, 3015 N. Ballas Road, Nursing Institute, Room 100. To register, call 314-996-5433, toll-free 1-800-392-0936 or visit [www.missouribaptist.org](http://www.missouribaptist.org) and click on community programs/wellness events and classes.

**PUBLIC WORKS AND STORMWATER COMMISSIONERS NEEDED**

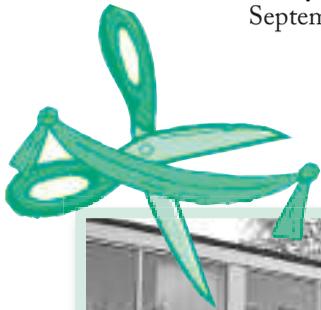
The Town & Country Public Works and Storm Water Commission currently has vacancies for interested residents from Ward 3 and Ward 4. We are looking for motivated individuals with knowledge of technical functions such as engineering to serve with this advisory group. If you would like consideration, please contact Pam Burdt (City Clerk) at 314-432-6606 to obtain the commission application form, or go to [www.town-and-country.org](http://www.town-and-country.org), “Forms and Applications”, and click on “Commission Application”.

# THE LONGVIEW FARM HOUSE

The long awaited addition to the Longview Farm House was ceremoniously unveiled on the beautiful fall morning of September 26. Mayor Dalton cut the ribbon while elected officials, the Longview Farm House subcommittee members, residents, architects, contractor, Mason Ridge Garden Club members, City staff and

park-walkers joined in. Everyone enjoyed the delicious pastries provided by Whole Foods Market while they explored the new addition, the original house and the exquisite gardens.

After years of anticipation, our City's premiere park now has a functional focal point to be enjoyed for generations. Procedures for use and rental of the house will soon be finalized. Our Park Director and staff will move into their new offices in the rear of the addition at the first of the year and all questions regarding the house should be directed to Park Director Anne Nixon at 314-432-6606, or [nixona@town-and-country.org](mailto:nixona@town-and-country.org). City meetings in the sizeable gathering space have already begun, and starting December 1st, the house has been open weekdays from 8:00 AM to 10:00 AM for park goers to drop in for a visit. Stop in and check out the gourmet hot drink vending machine while you enjoy the Longview Farm House from the inside looking out.



## ANSWERS TO DID YOU KNOW



**1. The ribbon cutting for the Municipal Center was on May 17, 1987.**

**2. August 24, 2007**

**3. Congratulations Chief Copeland on being with the City 25 years. He started on November 28, 1983.**

## New Businesses in Town & Country

**Abener Engineering  
& Construction**  
14522 South Outer 40 Road

**Café Napoli 2UE**  
1054 Town & Country Crossing

**Codi Jewelry, LLC**  
1066 Town & Country Crossing

**Crown Capitol**  
12935 N. 40 Drive, Suite 212

**EFT with Kristi**  
14377 Woodlake

**Hearth Room Café**  
265 Lamp & Lantern Village

**Mid America Therapy**  
14360 South Outer 40 Road

**MKS Designs**  
272 Lamp & Lantern Village

**Omega Partners**  
430 Maryville Centre Drive,  
Suite 340

**Orthotic & Prosthetic  
Design, Inc.**  
14384 South Outer 40 Road



# FALL FESTIVAL 2008

Our annual Fall Festival proved that you can mix new features into an annual event and come out a winner. Anyone who came to the Fall Festival in Longview Farm Park on September 20th will attest that the addition of Radio Disney Road Crew was an awesome choice. The Road Crew provided the children (and the parents too) with some “cool” dance moves, songs and games. There were contests for the craziest dances for parents and contests for the kids, as well. If you were under the pavilion while the Road Crew was on stage, you were moving your feet and having some fun!

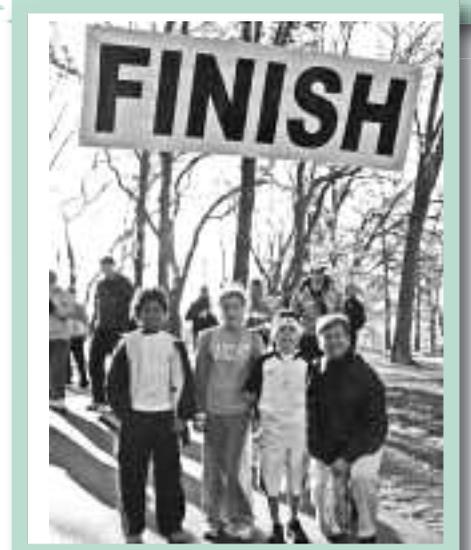


Also busy and sharing in the fun were the booths the children have come to enjoy at previous Fall Festivals. Thanks go to the Town & Country Police Department; West County EMS & Fire; Community Relations Commission for the pumpkin decorating booth; Conservation Commission for the geode smashing fun and information; Parks & Trail Commission for the great nature scavenger hunt; Marcia Ollinger, the captivating story teller; Town & Country/Frontenac Chamber of Commerce for passing out Whole Foods goody bags; and Equine Assisted Therapy for sharing their wonderful horses for the morning rides.





The 2nd annual Turkey Trot fun run/walk was a grand success! Perfect weather and a great crowd made for a fun time. Temperature in the 40's was ideal for getting the community out on the day after Thanksgiving to work off some of the turkey and fixings of the day before. The new addition to Longview Farm House was a warm and toasty spot for registration and fellowship before and after the event. Many thanks to all of those volunteers and runners who helped make Turkey Trot such a fantastic community event.



# PARKS AND RECREATION



## ST. LOUIS ADVENTURE CHALLENGE



The first St. Louis Adventure Challenge turned out to be challenging, fun and a great success. Teams of three or four members navigated their ways through the west county area, following clues, deciphering anagrams and challenging both their bodies and minds while, running, cycling, canoeing and playing a little disc golf. The event, held on October 4th, started and ended in Queeny Park, and was developed and presented jointly by the Parks Departments of Town & Country, Ballwin, Des Peres, Ellisville and St. Louis County. Forty-eight teams competed in what was billed as a mini-version of the Amazing Race. Co-ed teams of families and friends were tested mentally and physically as they searched for hidden check points and challenges that took them for a splash in the wave pool at the Lodge Des Peres, looking for specific trees in our Longview Farm Park or canoeing at Queeny Park. The St. Louis Adventure Challenge lived up to what it advertised, "the race you will never forget!"



## AT LAST

*Submitted by Mariann Hoffman  
Founding Director T&C Historical Society*

Longview Farm Park is always a pleasant place to visit. When it was conceived no one knew exactly how it would be used, nor could they have predicted. It is a different kind of special place for diverse people.

Andrew and Jean Zinsmeyer sold the property to The City of Town & Country in 2000 for use as a park. The original barn is approximately 120 years old, with hand-hewn timbers and wooden pegs holding the logs together. Look closely and you might spot some square headed nails. The house itself began as a log cabin in the 1870s. You can still see the logs in the basement of the house.

The beauty of the park makes it the ideal place to take photos for proms, weddings, family groups and just plain candid shots. The east lawn is just the soft-enough-right-place to learn to ride a bike. The private courtyard garden is a tranquil place to enjoy the beauty of the irises. The lake is the spot to see the joy on a child's face as he catches his first fish. The park horses graze in the meadow. Many a youngster has enjoyed either riding the horses or petting them in the stable. The children's playground with its bounce-back floor is rarely empty.

The park has come to be known as everyone's backyard, with personalized benches, dedicated trees, and a walking trail that guarantees a smile from a passerby. The Mason Ridge Garden Club, comprised totally of hard working get-in-the-earth-and-dig volunteers, has meticulously maintained the grounds around the house.



With this in mind, it is exciting to finally have had the official ribbon cutting ceremony opening the house to the public. The old garage and additions to the house have been replaced by a modern glass space, which will eventually be used for meetings and small events. Just as with the park, the house waits for its special uses.

The Historical Society is eager to begin storing and exhibiting its precious artifacts. The Conservation Commission has great plans for interactive exhibits. Claire Chosid, President of the Mason Ridge Garden Club, can't wait to celebrate her 55th birthday in 2010. Some are wondering how the front porch will be used.

The ribbon cutting was just the launching of what is going to be another new use for the property, originally acquired from the United States government in the 1820s by William Hibler. The property has a unique history and it continues to evolve with our wonderful Longview Farm House.



## Plaque Presented At Longview Farm

*Submitted by Mariann Hoffman  
Founding Director T&C Historical Society*

Mariann Hoffman, Towne Crier Director, left, presents the Village Gardener plaque to Claire Chosid, President of the Mason Ridge Garden Club, in honor of her tireless dedication to the beauty of the grounds surrounding the Longview Farm House. Present also are Diane Schwartz of the Conservation Commission, Mayor Jon Dalton and Towne Crier Director, Patty Wiggins. The garden club has logged over 3200 volunteer hours at Longview Farm. Their purpose is to please.



# PARKS AND RECREATION



## PRESERVATION / CADET PARK FIELD LOTTERY

Tuesday, January 27, 2009, 5 PM

Town & Country Municipal Center • 1011 Municipal Center Drive



Field Permit Applications are available at the Municipal Center or on the City's web site [www.town-and-country.org](http://www.town-and-country.org). Click on "Forms" on the left, then "Parks" drop-down menu.

### Field Permit Times

- The CBC practice schedule is set first. The times not used by CBC are available

for field permits.

- One field for one, 2-hour time slot can be reserved on a weekly basis.

### Fields

- Three lacrosse fields and one baseball field are available. The three lacrosse fields may be used for soccer, but there will be no goals. The baseball fields may only be used by teams who play 90' bases and a 60' 6" pitching mound.
- Teams may not share their allocated field with other teams. The heavy traffic on the fields is detrimental to the turf.

### Resident Status

- At least one player or coach of each team must be a resident of Town & Country or Creve Coeur. A recent utility bill verifying player or coach residency must be brought to the lottery and

accompany each application. One permit application per utility bill. The parent/coach team representative at the lottery does not need to be a resident. One team representative per permit application.

### Lottery Procedures

- Each team with a parent/coach representative present AND a resident utility bill of any team member may submit one application for Lottery "A." Sport organizations/clubs may submit a maximum of 5 permit applications in Lottery A.
- After Lottery "A" is complete, a Lottery "B" may be held if there are time slots available. Each team representative will be allowed to submit one additional permit application for Lottery "B."

### Fees

- \$150 maintenance fee per season for each field permit.
- Address maintenance fee checks to "CBC High School."
- Coaches must carry their permit and be able to present their valid permit upon request.
- Field Status Hotline: (314) 991-1435



## DOGGONE GOOD TIME AT LONGVIEW FARM PARK

Most weekday mornings around 7:30, you will likely see a group of dog lovers walking together with their favorite pets in Longview Farm Park. Alderman Lynn Wright, who is part of the group, said that this collection of people formed naturally when they encountered each other enjoying the beautiful park surroundings with their four legged friends. Also sharing in the exercise are a few walkers without dogs. Pictured below on a beautiful fall morning are:



Front row: Carey McCarthey with Riley and Ben; Lynn Wright with Taylor; Mary Vournas with Nan; and Rosemary Henkey with Phoeve and Zoe Middle Row: Pat McNamara; Louise Jenkins with Estees; and Kathleen Woodworth Back row: Cicely and Quint Drennan with Bubba

## Town & Country Canine Star



A talented local dog has been selected from thousands of entries as a finalist for "The Make a Milk-Bone Moment" contest sponsored by Milk-Bone in celebration of their 100th Anniversary.

**Libby Wild** is the beloved mixed-breed canine of Town & Country residents, **Dr. Alan and Mrs. Sue Wild** and their daughters, **Allison and Emily**. Libby has enjoyed quite a media blitz with local interviews coordinated by a New York PR firm at publications such as the St Louis Post-Dispatch as well as a live appearance on KSDK's Show Me St Louis. Voting was conducted on-line at [www.Milk-Bone.com](http://www.Milk-Bone.com) throughout the month of November. If selected as top SpokesDog later this year, Libby will enjoy a \$100,000 contract and appear in various ads. Wish her luck and stay tuned for the big news! Libby's video entry can be seen at: <http://milkbone.icmodus.com/?id=1688>



# NEIGHBORHOOD NEWS

If you have news to share, let us know. We will be featuring small articles about exciting activities involving our residents in the **NEIGHBORHOOD NEWS** column. Send your news and photos to Mary Olsen at [olsenm@town-and-country.org](mailto:olsenm@town-and-country.org), and we will print as space allows.

## PRINCIPIA'S WINNING TEAM

By J.J. Jenkins

Principia High School Junior

This year the Principia High School football team achieved one of its most successful seasons ever. With a record of 8-4, the Panthers swept through Clopton, Orchard Farm and Brentwood on their way to a District Championship. Their success was in part due to their tandem of running backs, **Dante Lewis** (Sr.) and **Larry Patterson** (Jr.). Both rushed for over 1,000 yards (which was the first time Principia running back rushed for that many yards) and more than 20 total touchdowns. On the defensive side, **Matt Jones** (Jr.) had seven interceptions and **Jeremy Gilman** (Sr.) led the team with 35 tackles including four for a loss. The team also finished second to MICDS in the ABC league because, in their final league game, they upset rival Priory 34-28. Principia's season was ended on November 10th by Maplewood Richmond Heights in their second Sectional game. The school extends their thanks to **Mayor Jon Dalton** and the **Board of Aldermen** for approving the school's request for lights in order to host two night games.



Larry Patterson in the Orchard Farm game



Halftime during the game against Maplewood

## MASON VALLEY SUBDIVISION ANNUAL LABOR DAY PICNIC AUGUST 31, 2008

Bike Parade ~ Games ~ Fire Truck ~ Tennis Tournament Picnic ~ Bonfire



FedEx Office Print and Ship Center, formerly known as FedEx Kinko's, celebrates the grand opening of its new location in Town & Country. Representatives from the Town & Country/Frontenac Chamber of

Commerce, City staff and others joined in the ribbon-cutting ceremony on November 18.



## MASON RIDGE CLASS OF 2007 GIFT DEDICATION



Students from the Mason Ridge Fifth Grade Class of 2007 gathered together on November 28th to dedicate a new sign at the rear entrance of Mason Ridge. Funds for the sign were raised by the students and their parents as a class gift to the school. Pictured from left to right are Claire Logan, Allyson Kang, Zach Parker, Lilly Mehdirad, Chandler Dalton, David McKnight, Connor Dakich, Spencer Wright, Jordan Block and Polly Barclay.

## Assistance League® Of St. Louis Awarded Check From Ronald McDonald House Charities

Recognizing that Assistance League of St. Louis is a bright light during these tough economic times, the Ronald McDonald House Charities of Metro St. Louis awarded the nonprofit organization \$10,000 to help benefit Assistance League's Operation School Bell® program, which provides uniform-type clothing to 2,500 local elementary school students each year. The grant presentation was held on October 16, 2008, at the McDonald's in Town & Country.

"Many families are suffering during the current economic crisis," said Glenda Scott, president of Assistance League of St. Louis. "They're worried about the basics such as putting food on the table. School uniforms become secondary. However, it's been shown that students who come to school dressed in uniforms benefit from greater academic success and increased self-esteem."

"The Assistance League has given so much back to the St. Louis community," said Colleen Schoendienst, member of the Ronald McDonald Charities grant committee and owner and operator of the Lamp & Lantern McDonald's Restaurant. "We wanted to make sure they could continue with their charitable legacy."

### About Assistance League

Assistance League of St. Louis, located at 14400 South Outer Forty in Town & Country, is a nonprofit volunteer service organization whose approximately 280 members identify, develop, implement and fund ongoing community projects to serve specific needs of children and adults in the St. Louis community. For more information, please visit [www.stlouis.assistanceleague.org](http://www.stlouis.assistanceleague.org).

## Mrs. Mueller Comes "Home" to Mason Ridge Elementary

By Clay & Layne Bierk  
Clay is in 4th grade and  
Layne is in 1st grade



We have a new principal at Mason Ridge this year, **Mrs. Barbara Mueller**. This is not Mrs. Mueller's first time at Mason Ridge. She was a counselor at Mason Ridge for fifteen years and an administrative intern at the school for two. Most recently, she was the Assistant Principal at Shenandoah Valley Elementary.

**Mrs. Mueller** was born in Portland, Oregon and moved around a lot. She went to elementary school at St. Ann's Academy in Pennsylvania, near the Pocono Mountains. She went to college at Fontbonne University, Maryville University and Mizzou. She has one daughter, three stepchildren, and eight grandchildren.

She doesn't play sports because she is "terribly clumsy," but she likes to kayak and fish. Once she caught more than twenty bluegill in an hour! She has a dog named Rosie, which she rescued, and her favorite color is green. The St. Louis Cardinals are her favorite sports team.

Her favorite thing about Mason Ridge is the children and the strong sense of spirit at the school. She wants the staff and students to have fun, and says that the parents and teachers have a "spirit and passion" that make Mason Ridge an exciting place to work. Her least favorite thing about her job is the paperwork and the thing she wants to improve is the parking.

**Mrs. Mueller** loves the school and describes Mason Ridge as a "family." Welcome home, Mrs. Mueller.

### About Ronald McDonald House Charities of Metro St. Louis

The first Ronald McDonald House opened in St. Louis in July of 1981 with seed money from local McDonald's owner/operators and donations from corporations, organizations, individuals and foundations. In April of 1996, a second House on Park Avenue was opened, and in 2003, eight apartments were made available for long-term stays. Since 1981, over 20,000 families from all over the U.S. and several foreign countries have benefited from the services and hospitality provided by volunteers and staff of the Houses.



On hand for the check presentation were: **Renee Kleffner**, Vice President of Philanthropic Programs; **Lynn Dolan**, Vice President of Fund Development and Town & Country resident; **Glenda Scott**, president of Assistance League of St. Louis; **Scott Bazoian**, Town & Country resident and Ronald McDonald House Charities Board member and grant committee member; and **Colleen Schoendienst**, owner of McDonald's in Town & Country.



## Town & Country Symphony Orchestra

### Promoting a Sense of Community ...One note at a time



The Town & Country Symphony Orchestra came to Town & Country in 1998 and has been working with the City to promote an even greater sense of community for our residents and businesses. And our concerts provide an avenue to do just that. For example, our concert season so far this year included our annual performance at the Fire and Ice event in late June. The Orchestra has performed in some capacity at each of these since the events first started in 1999. The Orchestra was privileged to be chosen to do a pops concert for the premiere performance of the new amphitheater at Logan University and we also added a festive note to the ribbon-cutting ceremonies at Target, Town & Country Crossing. Our first formal concert was graced by the alluring voice of Marlissa Hudson, a Lyric Coloratura Soprano, with her splendid performances of Rachmaninoff's Vocalise for Soprano and works by Puccini and Verdi. The recent Halloween concert featured Dr. Chiann-Yi Yawitz with her brilliant performance of the Liszt Totentanz. A Holiday concert presented musical arrangements from many eras and featured soprano Laura Medendorf. All of these concerts were open to the public with no admission charges and are a great way to meet and greet neighbors and make new friends. And that's what a sense of community is all about.

In February the Orchestra is offering two special concerts. "Keyboards Galore" will present a Handel Organ Concerto in Bb performed by Dr. Barbara Raedeke on **Sunday, February 8, 2:30 pm, at the Parkway United Church of Christ**, on Ballas Road, just north of Clayton Road. Dr. Raedeke teaches organ at Washington University and is past Dean of the St. Louis Chapter of the American Guild of

Organists. She is active as a recitalist and teacher, and has performed with the St. Louis Symphony Brass Quintet, the Bach Society of St. Louis, the St. Louis Philharmonic, and Washington University Opera. She holds the Bachelor of Music degree from Valparaiso University and the Master of Music and Doctor of Musical Arts degrees at the Eastman School of Music. A second concerto will feature Anna Klein who will perform the Mozart Piano Concerto #23. A native of St. Louis, Missouri, Anna began piano studies at the age of four and as a teenager, she was a semi-finalist in the Stravinsky International Piano Competition and the recipient of the Hesse Memorial Scholarship. Anna received a Bachelor of Music degree from the University of Illinois, Urbana-Champaign in piano performance. Anna was a finalist in the Kankakee Concerto Competition, the St. Louis Artist Presentation Society Awards, and was selected to compete in the World Piano Competition. She participated and performed at the Van Cliburn Summer Institute and the Aspen Music Festival. Anna graduated with a Master of Music degree in piano performance from Manhattan School of Music. We are most pleased to have both of these talented musicians join us for this special concert.

As part of our mission to promote and encourage exceptionally talented students, Nicole Schroeder will perform the Sibelius Violin Concerto on **Saturday, February 21, 8:00 pm, at Logan University** on Schoettler Road. (Please note that this concert has been rescheduled from 3/14/08.) Nicole has held leadership positions in the Missouri All-State Orchestra including the principal violinist in 2006, the assistant concert master in 2007, and the concert master in 2008. In

the St. Louis Symphony Youth Orchestra, she was one of their youngest players. This year will be her fifth season. Nicole has also served as the youngest concertmaster for the Young People's Symphonic Orchestra. In 2006, she won the American String Teachers Association, Missouri Chapter, solo competition in the junior division. She was a national finalist for the 2006 Music Teachers National Association (MTNA) Junior Strings Competition after winning first place in the state and west central division. That same year, Nicole also won a place in the National Symphony Orchestra's/Kennedy Center Summer Fellowship Program and served as the principal violinist. In 2007, Nicole was the only representative from Missouri to compete at the first biennial International Stradivarius Violin Competition in Salt Lake City, UT and proceeded to the semi-final round. This year, Nicole became one of seven national finalists at the 2008 MTNA Senior Strings Competition in Denver, CO. Nicole does indeed fulfill our requirements for "exceptionally talented" and this promises to be a concert not to be missed!

So mark your calendars now for these outstanding concerts with no admission charge to meet and greet neighbors and make new friends, one note at a time, turning buildings and real estate into a community – our community.

Visit our web site at [www.tcsomo.org](http://www.tcsomo.org) for more information. To add your name to our mailing list to receive concert notification by mail or email, please call 314-878-8783 or send an email to [PattyWiggins@tcsomo.org](mailto:PattyWiggins@tcsomo.org).

## Town & Country Symphony Orchestra

### Remaining Concerts in the 2008-2009 Concert Season

Schedule and soloists subject to modification. Please visit [www.tcsomo.org](http://www.tcsomo.org) or call 314-878-8783 for confirmation.

#### WHEN

Sunday, February 8, 2009, 2:30 pm

Saturday, February 21, 2009, 8:00 pm  
(NOTE changed date.)

Sunday, May 24, 2009, 2:30 pm

#### WHERE

Parkway United Church of Christ

Logan University, Purser Center

The Principia, Ridgway Auditorium

#### WHAT

Barbara Raedeke – Handel Organ Concerto in Bb  
Anna Klein – Mozart Piano Concerto #23

Nicole Schroeder, Sibelius Violin Concerto

Michelle & Monica Godbee, Violin & Cello  
Brahms Double Concerto

**MEETINGS & EVENTS**

*\*All meetings subject to change*

**DECEMBER 2008**

DATE	DAY	TIME	MEETING (LOCATION)
Dec 15	Mon	6:00 PM	Board of Adjustment (Municipal Center)
Dec 16	Tue	7:00PM	Police Commission (Municipal Center)
Dec 18	Thu	7:00PM	Court (Municipal Center)
Dec 22	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Dec 22	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Dec 25	Thu	HOLIDAY-CITY OFFICES CLOSED	

**JANUARY 2009**

DATE	DAY	TIME	MEETING (LOCATION)
Jan 01	Thu	HOLIDAY-CITY OFFICES CLOSED	
Jan 06	Tue	7:00PM	Conservation Commission (Municipal Center)
Jan 08	Thu	7:00PM	Court (Municipal Center)
Jan 08	Thu	7:00PM	Community Relations Commission Longview Farm House
Jan 12	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Jan 12	Mon	4:30PM	Architectural Review Board (Municipal Center)
Jan 12	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Jan 12	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Jan 19	Mon	7:00PM	Parks & Trails Commission (Municipal Center)
Jan 20	Tue	7:00PM	Police Commission (Municipal Center)
Jan 22	Thu	7:00PM	Court (Municipal Center)
Jan 26	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Jan 26	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Jan 28	Wed	7:00PM	Planning & Zoning Commission-Staff Review (Municipal Center)
Jan 28	Wed	7:30PM	Planning & Zoning Commission Regular Meeting (Municipal Center)

**FEBRUARY 2009**

DATE	DAY	TIME	MEETING (LOCATION)
Feb 03	Tue	7:00PM	Conservation Commission (Municipal Center)
Feb 05	Thu	7:00PM	Court (Municipal Center)
Feb 09	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Feb 09	Mon	4:30PM	Architectural Review Board (Municipal Center)
Feb 09	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Feb 09	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Feb 12	Thu	7:00PM	Community Relations Commission (Fire House)

Feb 16	Mon	HOLIDAY-CITY OFFICES CLOSED	
Feb 17	Tue	7:00PM	Police Commission (Municipal Center)
Feb 19	Thu	7:00PM	Court (Municipal Center)
Feb 23	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Feb 23	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)

**MARCH 2009**

DATE	DAY	TIME	MEETING (LOCATION)
Mar 03	Tue	7:00PM	Conservation Commission (Municipal Center)
Mar 05	Thu	7:00PM	Court (Municipal Center)
Mar 09	Mon	4:00PM	Architectural Review Board – Staff Review (Municipal Center)
Mar 09	Mon	4:30PM	Architectural Review Board (Municipal Center)
Mar 09	Mon	6:00PM	Board of Aldermen Work Session (Municipal Center)
Mar 09	Mon	7:00PM	Board of Aldermen Regular Meeting (Municipal Center)
Mar 12	Thu	7:00PM	Community Relations Commission (Fire House)
Mar 16	Mon	6:00PM	Board of Adjustment (Municipal Center)

**COMMUNITY EVENTS**

DATE	DAY	TIME	MEETING (LOCATION)
Jan 14	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)
Feb 11	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)
Mar 11	Wed	12:00PM	Town & Country/Frontenac Chamber of Commerce Lunch Meeting (Marriott West)

**Good Bye Richard Kilzer!**



After six years of setting up the board room for an endless number of meetings, cleaning up after city employees and events, buying the supplies for the Municipal Center, and dealing with many of the vendors who do business at city hall, our beloved custodian, Richard Kilzer, has decided to retire as of December 1. Rich has been the first friendly face around city hall that we see each morning, and often behind

the scenes making our daily environment a comfortable place to work and conduct city business. With his easy-going way, Rich was always glad to help out where needed and take on projects in addition to his daily tasks. Rich will be missed by all who had the pleasure of working with him.

We all wish Rich Kilzer good luck and a great and happy future!

## THE GREEN PAGES



*Green Team Town & Country is an environmental initiative formed as part of our “GreenPrint for Action” to raise eco-awareness, implement sustainable practices, and promote stewardship with the goal of reducing our carbon footprint.*

### GREEN TEAM TOWN & COUNTRY GETS GROWING

After attending the Greening the Heartland Conference in St. Louis in June, Mayor Dalton was inspired to build on current efforts throughout our community and bring the green building and sustainability practices presented and discussed there back to Town & Country. The conference highlighted the latest in green building techniques that achieve energy and operational efficiencies, apply responsible construction and demolition practices, and aim for carbon neutrality. Recognizing that much is already happening locally to protect our environment, more can and should be done.

Accordingly, Mayor Dalton formed Green Team Town & Country to advance this initiative. Still in its infancy, Green Team Town & Country is presently co-chaired by two residents, Patty Wiggins and Chris Andrews; and comprised of Mayor Dalton; Aldermen Jon Benigas and Steve Fons; West County EMS & Fire Chief Dave Frazier; Whole Foods Team Lead Matt Mell; and City staff. It has been tasked with the development of a “GreenPrint for Action” which will encompass a review of all manner of business undertaken by the City. The team will be transformed utilizing resident professionals working with Green Building practices as well as other residents interested in preserving our environment and reducing our

carbon footprint. Anyone interested in playing an active role in this process should contact Mary Olsen at [olsenm@town-and-country.org](mailto:olsenm@town-and-country.org), or at 314-432-6606. Green Team Town & Country has the opportunity for unlimited involvement, with all community residents and businesses encouraged to “do their part” in being stewards of our environment and committing to sustainable practices.



At an early meeting of Green Team Town & Country, Mayor Dalton invited Clayton Mayor Linda Goldstein to give a presentation on Green the Heartland – renew, reuse, recycle. While discussing the contents of the presentation, Mayor Goldstein reviewed the process that Clayton has gone through to achieve their status as one of the leading edge municipalities in the country with their Ecology & Environmental Awareness Committee, and their internal Green Team.

This edition of the Town & Country Times introduces the new “Green Pages”. Exciting recycling and environmentally friendly events and information will be shared in each upcoming issue.



#### Don't Throw Away Those Old TVs After The Digital TV Transition! Watch The Times For An Ecycling Event Next Spring!

**Did you know** Americans have discarded up to 154 million computers in the past 20 years? Where do they all go? Unfortunately, many have ended up in landfills. If you're looking for an alternative way to dispose of your old electronics, e-cycle St. Louis is your answer! This exciting new consumer electronics collection program has been developed by the St. Louis Regional Partnership for Electronics Recovery to encourage reuse and recycling of unwanted electronics in our region.

Electronics often contain useful materials such as precious metals, glass, and plastics that should be recovered rather than buried in a landfill. On the flip side, the heavy metals and other toxic materials found in many electronics can be harmful to the environment if the products are not properly managed. Examples of potentially harmful materials are lead, cadmium, mercury, arsenic and even PCBs (in some

TVs and computers made prior to the early 1980s). For more information and for a collection site for electronic recycling, go to [www.ecyclestlouis.org](http://www.ecyclestlouis.org).

**Did you know** that you can recycle your holiday wrapping paper, gift boxes and your Christmas tree? St. Louis County offers a handy guide for recycling during the holidays. Go to <http://www.stlouisco.com/doh/waste/RRRDuringHolidaysWebsite.pdf> for more information and for tree drop-off locations.

**Did you know** that less than 1% of plastic bags are recycled, and that it costs more to recycle a bag than to produce a new one? If we take our own bags for groceries, we can each save six bags a week. That's 24 bags a month. That's 288 bags a year. That's 22,176 bags in an average lifetime!

## THE GREEN PAGES

### WHAT IS A CARBON FOOTPRINT?

A carbon footprint is a "measure of the impact that human activities have on the environment in terms of the amount of greenhouse gases produced, measured in units of carbon dioxide". These gases are produced by the burning of fossil fuels for our everyday living - for example, heating and electricity. Its purpose is for individuals, nations and organizations to conceptualize their personal (or organizational) carbon dioxide contribution. A conceptual tool in response to carbon footprints are carbon offsets, or the mitigation of carbon emissions through the development of alternative projects such as solar or wind energy or reforestation. The concept and name of the carbon footprint originates from the ecological footprint discussion. The carbon footprint is a subset of the ecological footprint, which includes all human demands on the biosphere including the carbon, food and fibre footprint.

*To calculate your carbon footprint and get tips to reduce your footprint go to <http://www.carbonfootprint.com/>.*

### D.A.R.E.: MORE THAN A JOB FOR OFFICER CHRIS HUNT



When Officer Chris Hunt addresses his class of fifth grade students in our schools, he shares with them more than just the DARE curriculum that he is certified to teach. The ten-week program of Drug Abuse Resistance Education is designed to equip our children with the tools

they need to resist the pressure to engage in destructive habits such as drugs, alcohol and tobacco. But for Officer Hunt, DARE is much more than an assignment in the community policing unit of the police department.

During the first class session of DARE, Officer Hunt shares with his students a personal story about his own father's struggle with an addiction to cigarettes and nicotine. At 11 years of age, Chris tells his students, his father was walking home from school and took that first fateful drag from a cigarette. For the next 46 years Mr. Hunt's habit would grow to two to three packs per day...a habit that he could never kick despite numerous attempts.

In 1998 after the birth of Chris' first son, Mr. Hunt vowed that he would quit smoking and he made a valiant effort. Eventually his three-pack a day habit was reduced to just a ½ pack. The victory was short-lived and he eventually climbed back to his old three-pack per day "master". Officer Hunt then promises to finish his father's story in ten weeks...when they celebrate the students' graduation from the DARE program.

Over the course of the next nine weeks Chris will passionately instruct the young men and women in his class, most of whom are 11 years of age, about the dangers of drugs, alcohol and tobacco, as well as some helpful strategies to avoid those destructive behaviors. Those ten weeks go by quickly and the time comes for all of the

students, family members and school staff to gather to celebrate the students' achievements...and to hear the rest of the story about Mr. Hunt's struggle with cigarettes. Officer Hunt then concludes the graduation ceremony with perhaps the most important lesson of all as his students listen attentively.

After years of trying to kick the habit and years of failing to do so, at the young age of 57 Mr. Hunt left work early because he wasn't feeling well. On that cold November day he stopped at a local fast food restaurant but he never made it inside. He collapsed on the lot and died of a massive heart attack. Sadly, as Chris relates to his audience, he died alone on a cold parking lot. Mr. Hunt's wife was out of town, Chris was home sleeping due to working the night shift.

Officer Hunt tells his students that he is very grateful for the years that he had with his father. He and his dad shared many common interests and spent a lot of time together. Mr. Hunt was also very involved in the lives of his three young grandchildren. But due to his untimely death, he never saw that first hit, first goal, first touchdown. He has missed birthdays and holidays and will miss many other milestones still to come. All because Mr. Hunt, at the age of 11, made a choice that would change the course of his life and the lives of his loved ones.

So for all of you "Mr. (and Mrs.) Hunt's" out there, it's time to get serious about your destructive addictions...to illicit drugs, tobacco, or alcohol. Your friends and family are counting on you. If you need to get professional assistance, take the first step...we DARE you!



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# ARE YOU PAYING ATTENTION WHILE DRIVING?

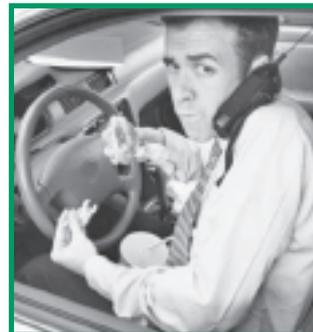
## DISTRACTIONS ARE EVERYWHERE

### TOP 10 THINGS WE DO BEHIND THE WHEEL

1. Adjust/change radio station or CD player: 82%
2. Drink beverage: 80%
3. Talk on cell phone: 73%
4. Eat snack: 68%
5. Eat meal: 41%
6. Daydream: 31%
7. Drive without shoes: 28%
8. Experience road rage: 23%
9. Listen to books on tape/CD: 21%
10. Smoke: 21%

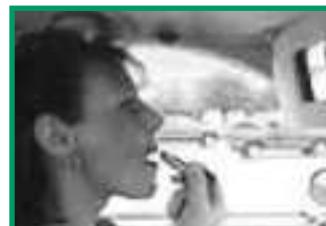
Source: Survey of 1,200 drivers for Nationwide Mutual Insurance.

Margin of error 4.5 percentage points



### Statistics (National Highway Traffic Safety Administration)

- NHTSA estimates 20-30% of crashes have driver distraction as a contributing cause.
- 8,400 - 12,600 fatalities
- 600,000 - 900,000 injuries
- 1.2 - 1.8 million crashes
- As much as \$40 billion in damage
- NOTE: In Town and Country 33% of traffic crashes reported since 2005 cite inattention as a probable contributing circumstance.



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