



March 25, 2020

Dear Friend,

On behalf of the nearly three thousand employees and physicians at Missouri Baptist Medical Center, affectionately called MoBap, I would like to offer a heartfelt "Thank You!" for your willingness to step up and support our team as we continue to provide exceptional care for our community.

As the media has shared, healthcare organizations are experiencing a strain on our supply chain; especially as it relates to personal protective equipment (PPE) for healthcare workers. While we currently have sufficient supply to provide the necessary PPE for our team members involved in direct patient care, we would like to offer other team members the protective equipment they would like as they provide the critical support services across the hospital.

In particular, we would like to provide team members not involved in direct patient care the option to wear a mask crafted by our amazing community supporters....you! MoBap will be providing the necessary material and manufacturing instructions needed for you to create a suitable mask for our team. You are also welcome to use and donate material that you have in stock in your homes.

Please know that all masks received by the community will be laundered in the hospital prior to being available for use and will only be used by team members that are not directly involved in direct patient care.

Thank you again for your selfless sacrifice in helping support MoBap. The outpouring of support that we continue to receive is humbling and frankly provides the extra energy and encouragement that our team needs!

You can be confident that MoBap stands ready and prepared to care for you and your families should you need healthcare services.

Sincerely,

Michael S. Kelly
Vice President, Operations
Missouri Baptist Medical Center

Email Michael.Kelly@bjc.org



How to make a Face Mask

Material You Will Need

- 2 x 100% Cotton Fabric (tightly woven) 9" x 6"
- 2 x Flat Elastic (7" long)

Steps to Create (~15-20 minutes to complete)

1. Put cotton fabric together (pattern inside facing each other).
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn mask inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

Be sure any fabric design is placed horizontally.

Video Link: [Click Here](#)

(https://www.youtube.com/watch?v=9tBg0Os5FWQ&feature=emb_title)

Source: Deaconess Health